

HIGHLANDS NEWS



KI?SUK KYUKYIT!

UPCOMING EVENTS

- June 1 - K-5 Year End Music Concert at 1:00pm in the school gym.
Hot Lunch (Hot Dog Day)
- June 2 - Professional Development Day (No School)
- June 8 - Hot Lunch (Dominos)
- June 16 - School Break (No School)
- June 27 - Band Concert/Grade 6 Send Off at 7:00pm at the Key City Theater.
Rehearsal after school at 3:15pm at the Theater.

GO-BY-BIKE (OR SCOOTER) SCHOOL CHALLENGE!

May 29th to June 1st is the Go-By-Bike Week School Challenge in Cranbrook!

Please encourage your child to ride their bike or scooter to school as many days they can next week.

Be sure that they have a helmet, a bike lock, and their bike is working well.

Let's see how many students we can get to ride their bike or scooter to school!





Roots of Empathy
Racines de l'empathie

The Roots of Empathy instructor at Highlands is looking for a family interested in participating in the program for 2023-2024.

The Roots of Empathy program is delivered to elementary school children who are coached to recognize and connect with the vulnerability and humanity of a baby who visits their classroom throughout the school year with their parent(s). The experiential learning with the neighbourhood parent and infant is biologically embedded in the student's brains as they observe this secure attachment relationship.

Through activities during the Family Visit the students are given opportunities to discuss their feelings and listen to the feelings of others. The pre and post Family Visits facilitated by the Instructor deepen the development of emotional literacy (affective empathy) and perspective taking skills (cognitive empathy) in children, helping them to understand how their behaviour or words can hurt others. This enables children to build connections and healthy relationships which leads to inclusion and integration.

If you, or someone you know, is expecting a baby in July or August and would like to learn more about the program, please contact Dana at dana.mclean@sd5.bc.ca



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K-6

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