

# The Howling Coyote Newsletter

September/ October  
2021

kiʔsuk kyukyit **Taanishi Halu Hello**

ʔakinmi yakiʔ ʔituq' #iʔqakʕamnamki



kiʔsuk kyukyit hu sukiʔqukni kin wamiʔkiʔ Ktunaxa ʔamakʔis

**Acknowledging we are in the  
homelands of the Ktunaxa People.**



## Ask an **ELDER**

Do you have a question for an Elder?  
Please send your questions to Alison Farkvam  
[alison.farkvam@sd5.bc.ca](mailto:alison.farkvam@sd5.bc.ca)



# School Calendar Links

[Student Handbook - 2021/2022.pdf](#)

[Student/Parent Calendar - 2021/2022.pdf](#)

[Fridge Magnet - 2021/2022](#)

## Bell Schedule & Block Rotation



### BELL SCHEDULE

Opening warning bell	8:25 am
Class One	8:30 to 9:55 am
Class change	5 minutes
Class Two	10:00 to 11:25 am
Lunch Break	11:25 to 12:25 pm
Warning bell	12:20 pm
Class Three	12:25 to 1:48 pm
Class change	5 minutes
Class Four	1:53 to 3:16 pm

### Block Rotation

Monday	1 2 Lunch 3 4
Tuesday	2 1 Lunch 4 3
Wednesday	4 3 Lunch 2 1
Thursday	3 4 Lunch 1 2
Friday	Block Rotation varies – check in the office or on the website.

## Mount Baker Secondary School Website

<https://www.sd5.bc.ca/school/mbss/Pages/default.aspx#/=>

## School District #5 -

<http://www.sd5.bc.ca/Pages/default.aspx#/=>

**PICTURE DAY!**  
**Monday, September 20<sup>th</sup>**



Dear Parents and Guardians,

We are looking forward to the school year! The Aboriginal Education Support Workers currently working at Mount Baker Secondary School are:

**Alison Farkvam & Marie Dawson**

In preparation for the upcoming school year, we have enclosed a few documents for your review:

- Aboriginal Education and Parent Engagement Permission Form  
**(Needs to be signed and returned)**
- MBSS Aboriginal Education and Support Services Information Sheet
- MBSS Aboriginal Education Support Workers Contact Information

**You do not have to have a first nations status card or a Metis citizenship card. You only need to self-identify as an aboriginal person to receive services.**

We look forward to discussing our Aboriginal Support Services with your student for the September 2021/2022 school year. Please feel free to drop in and meet with us to learn more about available opportunities. If you do not wish your student to receive support services through Aboriginal Education, please let us know. Some examples of services we provide are:

- MBSS Aboriginal Elders in Residence available for guidance and support
- Aboriginal Language and Cultural Programs
- Aboriginal Support Services
- Advocacy for strategies and structures to be culturally safe and/or appropriate for Aboriginal Students
- Juice and water are available in the Gathering Place Room 101 for 50 cents
- Free Store for school supplies in Locker 76
- Warriors Student Leadership Program

There are always opportunities and support for Aboriginal Students at MBSS.

With thanks and respect,

Alison Farkvam  
[alison.farkvam@sd5.bc.ca](mailto:alison.farkvam@sd5.bc.ca)  
(250) 426-5241 Ext: 25101

Marie Dawson  
[marie.dawson@sd5.bc.ca](mailto:marie.dawson@sd5.bc.ca)  
(250) 426-5241 Ext: 25052

**DUE: September 29th**

**Aboriginal Education Parent Engagement Permission Form**

MBSS Aboriginal Education program and services are intended to support the success of Aboriginal students. MBSS Aboriginal Education programs and services include Aboriginal Language and Culture programs, Aboriginal Support Services and facilitation of the Aboriginal World Views and Perspectives into education at MBSS. MBSS Aboriginal Education advocates that strategies and structures used be culturally safe and/or appropriate for Aboriginal students. (Please refer to the enclosed reference of services provided.)

**I give permission for the Aboriginal Education Program in School District No. 5 (Southeast Kootenay) at MBSS to be included in communications and decision-making made by MBSS Staff regarding my child, \_\_\_\_\_, a student of Aboriginal ancestry at MBSS.**

To assist us in providing supports for your child, please tell us what works for your child, what he/she needs, and/or what has worked for him/her in the past:

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I believe/know that my child has Aboriginal Ancestry:

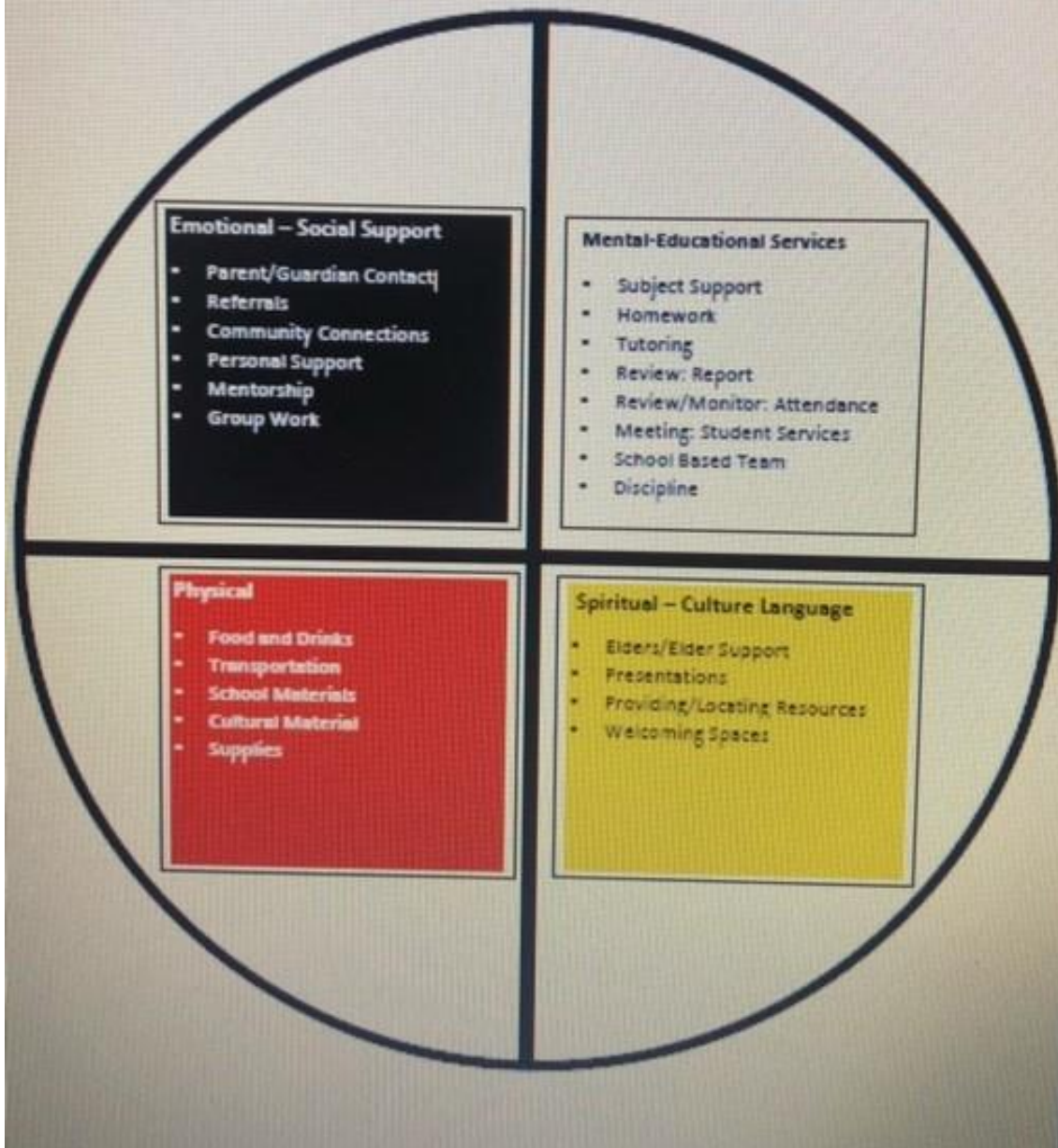
- Inuit
- Non-Status
- Status
- Metis
- Living on Reserve
- Aboriginal Ancestry

<b>What is the best way for us to contact you?</b>			
Email:		Text:	
Telephone:		In person:	

Parent Signature:	
Parent Name:	
Date:	

**Please sign form and return to the Gathering Place, Room 101 at MBSS.**

## MBSS Aboriginal Education Support Services



# **ABED Council**

**We are looking for two parents who are interested in joining the ABED Council. The ABED Council meets on Tuesdays at lunch 11:25 am – 12:25 pm. We meet eight times per year to discuss issues and events related to Aboriginal Education.**

**Please contact Marie Dawson for location or if you would like more information at (250) 426-5241 ext. 25052**

## **2021/ 2022 Meeting Dates:**

<b>Sept 21<sup>st</sup></b>	<b>Feb 15<sup>th</sup></b>
<b>Oct 19<sup>th</sup></b>	<b>April 19<sup>th</sup></b>
<b>Nov 30<sup>th</sup></b>	<b>May 17<sup>th</sup></b>
<b>Jan 18<sup>th</sup></b>	<b>June 14<sup>th</sup></b>

September 23-24, 2021

# INDIGENOUS FORESTRY CAREER FAIR

**Register now!\***  
\*and get a **FREE GIFT!**



Here is a virtual meeting for those students who may be interested in a Forestry job. The BC First Nations Forestry Council also has 25 amazing scholarships available that cover tuition and living expenses, as well as a paid summer work placement and mentorship.

[https://www.forestrycouncil.ca/cpages/ifsp#:~:text=Indigenous%20Forestry%20Scholarship%20Program%20\(I FSP,a%20designated%20post%2Dsecondary%20institution.](https://www.forestrycouncil.ca/cpages/ifsp#:~:text=Indigenous%20Forestry%20Scholarship%20Program%20(I%20FSP,a%20designated%20post%2Dsecondary%20institution.)



**B.C. FIRST NATIONS  
FORESTRY COUNCIL**

## [Indigenous Forestry Scholarship Program \(IFSP\)](#)

The BC First Nations Forestry Council's Indigenous Forestry Scholarship Program is designed to provide support for First Nations, Inuit, or Métis Descent students interested in attending full-time studies in a designated post-secondary institution. The program is delivered in partnership with BC Timber Sales (BCTS), BC Wildfire Service (BCWS), Mosaic Forest Management, Tolko Industries Ltd ...

[www.forestrycouncil.ca](http://www.forestrycouncil.ca)



# ORANGE SHIRT DAY

Wednesday, September 29<sup>th</sup>

EVERY CHILD MATTERS

#kamniṅtik ḡapi haḡamxuni·qaḡni



**Meaning:**

#kamniṅtik· the niṅtik - refers to a group of certain people or animals

#kamu - is the child/children

ḡapi - means every or all

haḡamxuni·qaḡni·haḡamxuni·qa - means to have purpose or meaning, to matter, to be serious, to be important, to be useful

ni - is the statement marker

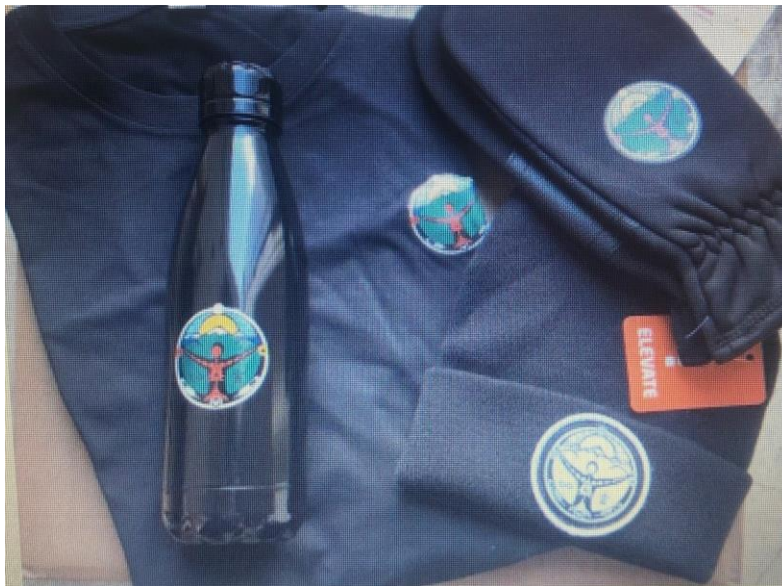
To read Phyllis's story and the origins of Orange Shirt Day: <https://www.orangeshirtday.org/phyllis-story.html>

# Contest Corner!

## What year did Orange Shirt Day begin?

Contest Closes: **October 29<sup>th</sup> 2021**

All **MBSS/KES students** to email an answer will receive ABED Logo merch of their choosing.



Winners will be announced in the November/ December Newsletter.

Email answers to Marie Dawson: [Marie.Dawson@sd5.bc.ca](mailto:Marie.Dawson@sd5.bc.ca)

# Wild Huckleberry Jam



COOK TIME 10 mins

TOTAL TIME 20 mins

SERVINGS 20 tablespoons

CALORIES 43 kcal

## INGREDIENTS

- 1 cup wild huckleberries, stems removed, washed and drained
- 1 cup cane sugar
- 2 teaspoons Fresh lemon juice
- 2 teaspoon classic powdered pectin (if using, see instructions)

## INSTRUCTIONS

Place the washed and rinsed huckleberries in a pot with the sugar and about 2 tablespoons of water. Bring it to a boil, reduce the heat and simmer until the berries are softened. Mash the berries.

At this point you can go two different routes for thickening the jam: Use pectin or slow simmer the jam after adding about 1 teaspoon of fresh lemon juice per cup of huckleberries.

For the pectin route: Stir about 2 teaspoons of powdered pectin into the boiling jam and boil for another minute. Remove from heat and let cool until set.

For the non-pectin route: Stir in about 1 teaspoon of fresh lemon juice for every cup of huckleberries and simmer the jam over low heat for about an hour or until an instant read thermometer shows 220 degrees F. For canning follow the same instructions as with the pectin route. Makes a little over a cup.

Serving: 1tablespoon | Calories: 43kcal | Carbohydrates: 11g | Sodium: 1mg | Sugar: 9g | Vitamin A: 10IU | Vitamin C: 0.5mg | Calcium: 2mg



# PAQ'AM COMMUNITY WOOD DAY

*October 8, 2021*

Come join us at Stubby and Juanita's property for our Annual Wood Day!

Time: **9:00am to 3:30pm**

- Snacks, Lunch and Beverages will be provided.
- Prizes.

## **THIS IS FOR YOUR COMMUNITY!** **There can never be enough volunteers!**

Please contact Debbie or Kristen to have your name included for wood distribution that day.

### **ELDERS WILL BE FIRST PRIORITY**

All households requiring a delivery please ensure someone is on site volunteering for their family. (Elders exempt).



DEBBIE: 250-426-5717 Ext. 3528  
KRISTEN: 250-426-5717 Ext. 3593

Deadline: October 5, 2021