



École Isabella Dicken Elementary School

1302 2nd Avenue, Fernie BC

<http://www.sd5.bc.ca/school/ides/Pages/default.aspx>

T: 250-423-4651

Principal's Message

September has come and gone! We enjoyed a great first month of school. Our students are back into a routine and are working hard to achieve their best. We are pleased with how well the students have adjusted to the new ways of school.

In regards to calendar items, we have early dismissal October 19 – 22 at 2:05. Students will have early dismissal days from Monday, October 19th to Thursday, October 22nd. School will end an hour early in order for teachers to meet (virtually) with parents to discuss your child's progress.

Halloween will be celebrated at the school on Friday, October 30th. Students are welcome to wear their costumes. Please be sure that costumes do not consist of scary masks or weapons. I know that treats are always an important part of the Halloween party, and teachers will reach out with specifics for their individual classrooms, but just a reminder that baking is not allowed at this time. Individually packaged, peanut free treats will be the only accepted items in the school.

I would also like to encourage each of you to join our incredible PAC, and participate as much as your busy lives permit. The next PAC meeting will be held virtually on Tuesday, November 3rd at 7:00

As always, feel free to contact us at the school with any questions, comments or good news to share. We value your input, and always appreciate hearing from you. If parents wish an interview with a teacher, counsellor, or administrator please phone, and request that the school arrange a convenient time.

We want to thank all of our families for all that you do in supporting our students and teachers as we look forward to an outstanding term here at École Isabella Dicken Elementary School!

Laura-Lee Phillips

Principal

École Isabella Dicken Elementary School

IMPORTANT NOTES FROM OUR OFFICE

ABSENCES

If you know your child will be absent from school please inform the teacher and office in advance. Likewise if your child is going to be late or is sick and staying home, we need you to call the office at **250-423-4651** or email ides.mailing@sd5.bc.ca. Your help with this will save our secretaries a lot of time as they make a call home for every unreported absence to ensure the child is safe.

VISITORS

For safety reasons we ask that all visitors enter the school at our main entrance off 2nd Avenue. All visitors must sign in outside of the office door upon arrival and sign out as they leave the school.

COURTESY BUS RIDERS

Due to a bus overloading situation, we are no longer able to allow courtesy bus riders to be transported on school buses from ÉIDES. Safety for our students is our utmost concern and an accurate passenger list is essential. Only students registered with the bus department will be allowed to ride our busses. If you have any questions, you can call the bus department at: 250-423-5885 EXT 223.

VERIFICATION OF PERSONAL INFORMATION

Over the previous school years our secretarial staff sent home student verification forms for all students to ensure that our information on file is accurate. They Worked diligently to make sure our records were up to date. Moving forward we are asking families to **update any changes** to their contact information (emails, phone numbers, emergency contacts, address etc.) as soon as applicable. Please email any updates to ides.mailing@sd5.bc.ca.

ÉIDES IS A “PEANUT & NUT FREE” SCHOOL

PLEASE DO NOT send ANY product to school that contains peanuts or nuts. ÉIDES has several children and staff who have a severe life-threatening food allergy (anaphylaxis) to peanuts and nuts, which can cause a severe reaction to specific foods and can result in death within minutes.

MEDICAL ALERTS

If your child has a medical condition that requires special attention (i.e. life threatening allergy or carries an epi pen) PLEASE ensure that you inform us. We have a Medical Alert policy and planning forms for parents to sign in order to help us provide any necessary care.

TRAFFIC SAFETY

Morning drop off and after school pick up times are very busy and continue to create safety concerns. Please help us keep everybody safe by helping with the following:

- Remind your child to use the crosswalk properly and to look both ways before crossing.
- Please do not stop or block crosswalks with your car.
- We ask that you DO NOT bring your dog onto the playground.
- Bikes and scooters need to be walked through the playground, on sidewalks and crosswalks.
- Remind your child of bicycle safety rules especially for riding on the streets.
- The staff parking lot is for STAFF only; please do not use it as a drop off spot.
- Please do not linger in drop off/pick up zones during peak times.
- Please respect the no stopping and handicap parking zones.
- 13th Street is a bus zone DO NOT use it for drop off or pick up.

WEATHER

Now that the cooler and wetter fall weather is here, it's a good time to remind students to dress appropriately for the weather as we still embrace the outdoors for mornings, recess and lunch throughout the fall and winter. It is our policy to stay outdoors unless the temperature is -20° Celsius or colder. Rainy days also don't stop us from going outside, so please make sure your child has raingear and waterproof boots. Of course monsoon rains and the wind chill factor will be taken into consideration and keeping students indoors will be at the discretion of the Principal. When cold weather persists for several days, we do allow the children to stay in, but will send them out for 15-20 minutes only, just so they get a little fresh air and exercise. We find that students become very restless if they stay in too often.

DATES TO REMEMBER

SD5 Annual School Calendar:

<http://www.sd5.bc.ca/school/ides/About/calendar/Pages/default.aspx>

ÉIDES School Calendar on Website: <http://www.sd5.bc.ca/school/ides/Pages/default.aspx>

October

Wednesday, Oct 14	Grade 6 Girls Soccer (3:15 to 3:45) Grade 4 – 6 Running Club (Lunch)
Monday – Thursday, Oct 19 – 22	Early Dismissal (2:05)
Friday, Oct 23	No School (Professional Development Day)

November

Tuesday, Nov 3	Parent Advisory Committee (PAC) Meeting (Info To Follow)
Tuesday, Nov 10	Virtual Assembly TBA
Wednesday, Nov 11	No School (Remembrance Day Stat Holiday)
Friday, Nov 27	No School

École Isabella Dicken Elementary School

Daily Bell Schedule

During break times (mornings, recess, lunch, after school), students may want to socialize with peers in different learning groups. When interacting with peers outside of their learning group, students should minimize physical contact when outdoors.

8:20 – 8:50 Morning Supervision
8:45 Line Up Bell
8:50 Welcome Bell / Students Enter
8:55 – 10:30 Classes in Session
10:15 – 10:30 Recess for Kindergarten & Gr. 1
10:30 – 10:45 Recess Gr. 1/2 - 6

Recess	K-1's	10:15 – 10:30	Primary Playground
	Gr. 1/2 – 3/4	10:30 – 10:45	Primary Playground
	Gr. 4 – 6's	10:30 – 10:45	Int. Playground

10:45 – 12:15 Classes in Session
10:15 – 1:05 Lunch

Lunch	K – 1's	12:15 – 12:40	Outside
		12:40 – 1:05	Lunch
	Gr. 1/2 – 3/4	12:15 – 12:40	Lunch
		12:40 – 1:05	Outside
	Gr. 4 – 4/5	12:15 – 12:40	Lunch
		12:40 – 1:05	Outside
	Gr. 5/6 - 6	12:15- 12:40	Outside
		12:40 – 1:05	Lunch

1:00 pm Welcome Bell
1:05 – 3:05 Classes in Session
3:05 pm Dismissal

End of Day Dismissal times:
2:55 for families A – L
3:00 for families M – Z
3:05 for bus students

INTERIOR HEALTH NEWS

Interior Health is offering influenza vaccine clinics for children and families at local health centres.

The people at the greatest risk of influenza related complications are adults and children with underlying health conditions, residents of nursing homes and other chronic care facilities, people 65 years of age and older, children under 60 months of age, pregnant women, and Aboriginal peoples. For a list of those recommended to receive free flu shots, visit BCCDC's website for the [2020/21 Seasonal Influenza](#) recommendations. Flu shots are safe, easy to get, and free for those at risk and their household contacts. Call your local health unit at 250-423-8288 to book an appointment.

TO STAY HOME OR GO TO SCHOOL?

Does your child have a fever?

Yes → Keep your child home and have them assessed by calling 811, your physician or the local Covid-19 screening line at 250-425-3777.

No ↓

Does your child have two or more of the following?

- Chills
- Cough or worsening of chronic cough
- Shortness of breath
- Loss of sense of smell or taste
- Diarrhea
- Nausea and vomiting

Yes → Keep your child home and have them assessed by calling 811, your physician, or the local Covid-19 screening line at 250-425-3777.

No ↓

Does your child have one of the above mild symptoms?

Yes → Monitor your child at home for at least 24 hours. If symptoms have improved, they can return to school without further assessment.

No ↓

Does your child have other symptoms of illness?

Yes → If symptoms are mild, monitor your child at home for at least 24 hours and symptoms improve. If symptoms are severe, seek a health assessment by calling 811, your physician, or the local Covid-19 screening line at 250-425-3777 open 0830 -4pm daily.

This is the number to book appointments for swabbing and they will review what symptoms the clients have, give info on self-isolation and how to access results if they are swabbed.

The Swabbing Clinic is in Sparwood & currently runs Monday to Friday (excluding Wednesday) 130-330pm & Sundays 1230-230pm.

Parents can also use the online covid assessment tool at <https://bc.thrive.health/> when children are unwell to see if they meet the criteria for testing and/or isolation.

 **School District 5**

2020-2021 Annual School Calendar

July 2020						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2020						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2020						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2020						
Su	M	Tu	W	Th	F	S
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2020						
Su	M	Tu	W	Th	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2020						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2021						
Su	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						


February 2021						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						


March 2021						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			


April 2021						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	


May 2021						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					


June 2021						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

 School Breaks

 Professional Development Days

 Stat Holidays

 Administrative Day

 Second Semester

CANADIAN PARENTS FOR FRENCH

Canadian Parents for French Meeting will be October 20 at 7pm on the Zoom platform. CPF is a volunteer group with access to student and parent resources and opportunities. We champion French learning opportunities and help sponsor French performers and experiences in schools. Please attend meeting to learn more about our local Cranbrook/Fernie chapter.

Zoom

link: <https://uvic.zoom.us/j/82717483161?pwd=Y3NEYmFuR0FJbmhSbHJvTU8wWFZYUT09>

Shanda Fulcher is inviting you to a scheduled Zoom meeting.

Topic: CPF Meeting

Time: Oct 20, 2020 07:00 PM Mountain Time (US and Canada)

Join Zoom Meeting

<https://uvic.zoom.us/j/82717483161?pwd=Y3NEYmFuR0FJbmhSbHJvTU8wWFZYUT09>

Meeting ID: 827 1748 3161

Password: 664177

One tap mobile

+17789072071,,82717483161# Canada

+16475580588,,82717483161# Canada

Dial by your location

+1 778 907 2071 Canada

+1 647 558 0588 Canada

Meeting ID: 827 1748 3161

Find your local number: <https://uvic.zoom.us/u/ksmJ574pX>

EIDES Leadership Club

Here at EIDES Leadership Club is well underway. Grade 5 and 6 students striving to lead our school have joined forces to form the Leadership Club. With the help of Ms. Phillips, Mme. Kuijt and YCW Amanda Culver the students are helping to plan school wide events that support school spirit and our amazing community.

On the heels of an exciting school spirit week the Leadership Club is now working on Thankful Pumpkins and preparing for the annual Scare Hunger event.

Please help the Leadership Club Scare Hunger by donating non-perishable food items. Items can be sent to school with students until Friday October 30th and will then be donated to the local Food Bank.

Great job Leadership Club!

INFORMATION FROM THE CITY OF FERNIE

The City of Fernie is creating an Active transportation Master Plan (ATMP) that addresses the city-wide multi-modal transportation needs for the next generation. The ATMP will function as a **long-range strategic plan** that guides transportation and investment. The plan will define the role and function of the transportation system in Fernie, and guide the City in designing and implementing an improved multi-modal transportation network over the next 25 years. Ensuring a robust transportation network that safely and comfortably incorporates all modes will be important to the City's continued economic growth, livability, and success.

key benefits of the completed plan will include more desirable and varied transportation options for the public, a transportation system that is sustainable over time, and the provisioning of mobility options that will benefit both the health of citizens and the natural environment.

The ATMP will address immediate and long term multi-modal transportation needs, including project prioritization that is based on factors such as expected need, sustainability, cost estimates, and community input. It will incorporate emerging trends in transit, vehicle and goods movement, pedestrians, cyclists, emergency services, and parking.

The project is currently entering Phase 1 of engagement, where we will validate the vision, goals, and objectives from previous engagements with the community, and dive into understanding the current condition of transportation from the lens of its users - **that's you!** Please complete the survey below to have your say. **Let's Talk Fernie**

<https://letstalk.fernief.ca/active-transportation-master-plan>



HEALTH PROMOTING SCHOOLS MONTHLY NEWSLETTER OCTOBER 2020

Teaching and Learning

Healthy Schools Information Sharing

The following School Districts have a Healthy Schools tab on their websites. Take a look at all the great information available from: [SD 5](#), SD 6, SD 8, SD 22, SD 27, SD 53, SD 73, and SD 83.

Teaching Toolkits



Interior Health has recently updated the [Teaching Toolkits](#) with resources for teachers on a variety of health related topics.

Please take note that the [COVID-19 Information](#) Toolkit has been recently updated.

DASH RESOURCES

Teaching and Learning

DASH is pleased to announce our new Outdoor Classroom Resource page and infographic. Visit our [website](#) to find equipment checklists, tips on how to prepare for teaching outdoors, lesson plan activities, and links to partner resources. This resource is a one-stop shop to help educators embark on their outdoor classroom journey. We are delighted to have our resource endorsed by Megan Zeni from [Room to Play](#).



Registration for [DASH's Healthy School Communities Certification](#) opens October 13th, 2020. The 6-step certification process is designed to build and support the capacity of schools to address a priority health topic. New this year are suggested activities for online and blended learning environments, more BC-specific resources and tools, and streamlined reporting.

HALLOWEEN SAFETY

Relationships and Environment

Celebrate less socially and trick-or-treat locally this Halloween!

The BC Centre for Disease Control has some tips for staying safe on Halloween this year:



- Wash your hands before you go out, when you get home, and before eating treats
- Keep to your local neighbourhood
- Trick-or-treat in a small social group, stick to six people
- Be more outside, than inside
- Skip Halloween parties
- Use tongs, a baking sheet or make a candy slide to give more space when handing out candy
- Wear a non-medical mask that covers your nose and mouth when handing out treats
- If you're unable to sit outside to hand out treats, [clean and disinfect](#) doorbells and knobs, handrails, and any other high touch surface often during the evening
- Turn off your porch light and stay at home if you are sick or self-isolating

For more details see: [BCCDC Halloween](#)

MENTAL WELLNESS

Teaching and Learning

Impact of School Closures During the COVID-19 Pandemic

The BC Centre for Disease Control recently released a report on the Impact of School Closures on Learning, Child and Family Well-Being During the COVID-19 Pandemic. Some of the findings include:

- BC families reported impaired learning, increased child stress, and decreased connection during COVID-19 school closures, while global data show increased loneliness and declining mental health, including anxiety and depression.
- The impact of school closures is likely to be experienced disproportionately by families subject to social inequities, and those with children with health conditions or special learning needs.
- Interrupted access to school-based resources, connections, and support compounds the broader societal impact of the pandemic. In particular, there are likely to be greater effects on single parent families, families in poverty, working mothers, and those with unstable employment and housing.
- This evidence review similarly finds that return to school, while posing some risk of COVID-19, offers greater societal and individual benefits than continuing to keep schools closed.
- Public health and schools will need to continue to work together to promptly and appropriately respond to cases, clusters, and outbreaks of COVID-19 to ensure schools remain at low risk for COVID-19 transmission.

To read the full report see: [Impact of School Closures on Learning, Child and Family Well-Being During the COVID-19 Pandemic](#).

NUTRITION

Our School Policies

Meal Programs and Food Based Learning - Updated Guidance

The Provincial [Covid-19 Public Health Guidance for K-12 Settings](#) has been updated to include more information about school food service. Please refer to pages 14 and 24 to find guidance about food based learning, food service and food distribution. Schools can continue to include food preparation as part of learning and provide food services such as meal programs and salad bars.

TOBACCO AND VAPOR PRODUCTS

Teaching and Learning

Monthly Newsletter Inserts

The IH Public Website has [Newsletter Inserts](#) that can be included monthly in parent newsletters.

See Topic: Tobacco

This month's highlight is:

How to Spot a Vape

Electronic cigarettes (vapes) are devices that can look like USB computer flash drives.

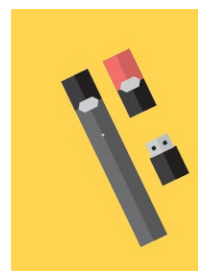
These devices can be easily hidden by children at home or at school.

These devices are unsafe for young people to use.

A popular device called the JUUL is easy to hide in the palm of your hand or shirt sleeve.

Some tips to talk with your kids:

- ✓ Talk to your kids about the risks of vaping among young people
- ✓ Learn to recognize the different sizes and types of devices
- ✓ Talk about how kids are using these inside and outside on school property
- ✓ Don't share the same vaping device with your friends
- ✓ Set a positive example by being tobacco and vapour free
- ✓ Encourage open supportive conversations



To read more see:

What e-cigarettes can look like.

and

[View video](#)

New Vaping Prevention Self-Paced Course for Students

Stanford Medicine has updated their vaping prevention toolkit to include more options for different methods of learning. It now includes a [self-paced module](#) for middle/high school students.

UBCO Study highlights link between advertising and uptick in youth vaping

A [new study](#) examining the powerful influence advertisements have on tapping into youth's reasons for vaping, most prominently a focus on relational aspects of vaping and product-related benefits.

Community Partnerships

Tobacco and Vapour Prevention and Control:

Do you need to reach Interior Health Tobacco and Vapour Prevention and Control?
Contact us at tobacco@interiorhealth.ca or 1-855-744-6328 prompt #5

For previous newsletters: [Health Promoting Schools Newsletters](#)

Or contact: valerie.pitman@interiorhealth.ca