

MARK YOUR CALENDAR

May 2	Hot Lunch Thursday, See article in newsletter
May 3	Non Instructional Day, School Closed
May 8	Tacos at lunch in the Concession
May 9	Hot Lunch Thursday
May 15	PAC Meetings, 6:30 PM in the Library
May 16	Moosehide Campaign Day
May 16	Hot Lunch Thursday
May 17	Non Instructional Day, School Closed
May 20	Statutory Holiday, School Closed
May 23	Grade 8 Band trip to Silverwood
May 23	Hot Lunch Thursday
May 30	Hot Lunch Thursday
June 4	Spring Activity Day
June 6	Grade 6 Visitation Day
June 7	Pro D, School Closed
June 14	Non Instructional Day, School Closed
June 17	Band Concert
June 24	Last Day of Classes for Students



Friday Rotations

May 10
May 24
May 31

Week 2 Thursday
Week 1 Monday
Week 2 Wednesday

Check out our Website: [CLICK HERE](#)

SPRING ACTIVITY DAY

Our Spring Activity Day is scheduled for TUESDAY June 4. We are in the planning stages and there will be **LOTS** of great activities being offered. Some will have minimal costs involved (bowling, horseback riding, swimming) but many will not. Sign up and permission forms will be sent home the week before.

HOT LUNCH THURSDAYS

Cranbrook Community Meals is working with School District 5 to bring nourishing change to the way students eat. We dream of schools where every student can access nourishing food. Our mission is to make sure every school in our area gets the food support they need, so all students have regular access to tasty meals.

Over the past three years, our chef and staff have been cooking up a storm! Every week we create 450 wholesome meals from scratch, distributing them both to the community and our partners. This May, we are excited to extend our community meals program to Parkland Middle School, introducing a weekly hot lunch option. These meals are available to all students, with ordering details and menus provided by the school.

If you have any questions about the meals we make, you can connect with us by calling (778) 517 5447, or emailing kitchenmanager@ccssebc.com.

Meredith Funston

Food Programs Coordinator

Community Connections Society of Southeast BC

(778) 517 5447

Starting this Thursday, we are very excited to bring this opportunity to Parkland students. Students can bring cash or cheque pre-purchase stamp cards in the office or may buy while in line to order. Stamp cards will be kept in the office so they do not get lost.

Cost is \$6.50 per meal.

1 - \$6.50

2 - \$13.00

3 - \$19.50

4 - \$26.00

5 - \$32.50

4 WEEK ROTATION

WEEK 1 CHICKEN MAC AND CHEESE, SALAD W/ BALSAMIC DRESSING

WEEK 2 COTTAGE PIE, CEASAR SALAD

WEEK 3 TERIYAKI CHICKEN, BROCCOLI & RICE, SALAD BALSAMIC DRESSING

WEEK 4 PENNE BOLOGNAISE, CEASAR SALAD

MAY 8 IS TACO TIME AT PARKLAND CANTEEN



There will be a limited number of soft beef tacos and crispy mexi-fries available to purchase at the Parkland Canteen on Wednesday May 8 during the lunch break. Items are \$3.50 each and will be first come, first served.

EDUCATE YOURSELF AND YOUR KIDS..... IT COULD MAKE ALL THE DIFFERENCE

For online videos and information on sexual exploitation for grades 3-12 check out thepreventionproject.ca

For online videos and information on gangs in BC check out endganqlife.ca

Erin Stevenson

Gang Violence and Exploitation Prevention Coordinator

School District #5

Erin.Stevenson@sd5.bc.ca



Parkland Middle School

1115 – 2nd Avenue South, Cranbrook, BC, V1C 2B4

Phone: 250-426-3327

Ms. Brenda Tyson – Principal, ext. 21203

Mrs. Pam Drydale – Vice Principal, ext. 21204

Mr. Dan van der Walt—Counsellor, ext. 21209

SAVE ON FOODS SUPPORTS OUR SCHOOL

5%

Save on Foods will donate 5% of your purchase back to Parkland School. Just tell the cashier you would like to support Parkland School and they will write your purchase in a book located at all registers. This donation goes directly toward supporting families with food security. Tell your friends and family to do the same. Thank you Cranbrook Save On Foods.

save on foods

Indigenous Education

Metis Dot Art – Pheb Goulet has been welcomed into the school to provide the teachings of Dot Art to the Grade 9 classes.

Dot art painting is meant to mimic traditional Metis floral beadwork. The designs symbolize both traditional and contemporary patterns.

Upcoming events:

Grade 9 Lethbridge College, University of Lethbridge and University of Calgary Tours May 23 & 24th, 2024

Johanna Kinsman has connected with grade 9 students and will be attending this event with the students and students from Parkland and KES.

Students will have the opportunity to see educational opportunities and tour the sites.

SOLAR POWER FEASIBILITY STUDY

The French Immersion Science 9 class has completed a feasibility study to determine the economic viability of converting Parkland Middle School to solar power. The students worked closely with Ebon Smylie from OTG Power Solutions. They will be presenting their findings to the superintendent on April 30th. Here is a picture of the class at a residential solar installation as they learn more about solar panel technology.



LAURIE'S MENTAL HEALTH TALKS

Topic:
**Sleep and Self Care
to Support Mental Health**

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**Thursday May 9
6:30-8pm**

**All SD5 Families
welcome**

**In the Laurie
library**

Free Pizza!

**Join Lauren Gruggen
(counsellor), and the Laurie
Admin Team (Aaron Thorn
and David Doll) in an
evening of conversation and
information**

