

Mr. David Martin; Ms. Gizelle Gaudon

1200-5<sup>th</sup> Avenue South, Cranbrook, BC V1C 2H1

Tel: 250-426-8248 Website: <http://gtes.sd5.bc.ca>



# Gordon Terrace News

March and April 2026



## Thank You for Supporting Our Math-a-thon!

We're excited to share some fantastic news—thanks to your amazing support, our **Math-A-Thon raised \$9459.90 this year!**

Your generosity helps ensure our teachers can purchase valuable materials that strengthen students' reading, writing, and numeracy skills.

If you haven't had a chance to return your pledge forms yet, there's still time. Every contribution makes a meaningful difference, and we are truly grateful for your continued support.

Thank you for being such a vital part of our school community!

The **Kimberley Dynamiters** came to join Ms. Thomson's grade 4/5 class in their PE hockey unit! Kids had a blast snipping goals.



**Our Red Cedar Readers in grades 4–6 have been diving into this year's nominated books with impressive enthusiasm!** They're gearing up for the big vote at the end of April, where they'll be eligible to vote and help choose the top titles in both the Fiction and Non-Fiction categories.

Their dedication and excitement for reading truly shines. **Keep up the fantastic work, GT Red Cedar readers!**



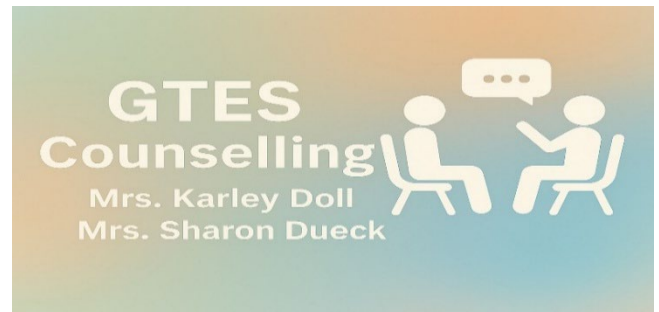
## Great Season for Grade 6 Boys and Girls Basketball Teams!

The Grade 6 Boys and Girls basketball teams had a strong season this year. Both groups showed steady commitment, teamwork, and growth throughout practices and games. A big thank-you to all the volunteers who helped keep score—your support is truly appreciated.

The boys' team also wrapped up their season by earning third place in their tournament—well done, boys!

We'd also like to acknowledge our coaches, **Mr. Boender** and **Mrs. Archibald**, for their time and guidance throughout the season.

**GO GRIZZLYS!**



As we head into Spring Break this month, we sometimes feel pressure to make things very exciting. Don't forget that what children often remember most is simple, meaningful connection. Time spent talking, laughing, playing a game, going for a walk, cooking together, or even just slowing down side-by-side helps strengthen a child's sense of safety and belonging.

Research consistently shows that strong relationships are one of the greatest protective factors for children and youth. Quality time does not have to be elaborate or expensive; it is about presence. A few minutes of undivided attention, genuine curiosity about your child's thoughts and feelings, and shared moments of joy can have a lasting impact on their emotional well-being.


Here are [50 ways to deepen your connection with your child](#).


Wishing your family a restful break filled with moments of connection, laughter, and togetherness.


To connect with our school counsellor, please feel free to email [Sharon.Dueck@sd5.bc.ca](mailto:Sharon.Dueck@sd5.bc.ca) or [Karley.Doll@sd5.bc.ca](mailto:Karley.Doll@sd5.bc.ca)


# Gordon Terrace PAC News!

## MARCH:


 **Executive Team Needed:** PAC is looking for interested parents to take on executive roles, which can be shared amongst multiple people. Our outgoing executives will be available to help train new members and ensure a smooth transition. Please consider reaching out to keep our PAC running!

 **Join the Discussion:** Over the next few meetings, PAC will be discussing and voting on where we would like to spend PAC funds for the remainder of the school year. We'd love to hear from you. Join us in the discussion at our April meeting; the official date is to be determined and will be posted on our PAC Facebook page.

 **Reach Out:** PAC executives can be reached at [gordonterracepac@gmail.com](mailto:gordonterracepac@gmail.com). We are always happy to answer your questions. You don't need to attend meetings to be an active member of PAC!


 **Meetings:** There will be **no PAC meeting in March**. We wish everyone a wonderful spring break and hope to see you at the next meeting in April.


## APRIL:

 **Executive Nominations:** Nominations are now open for our executive team! Please email your nomination to [gordonterracepac@gmail.com](mailto:gordonterracepac@gmail.com) and be sure to let us know which position(s) you are nominating yourself (or someone else) for. All nominees will be contacted before the Annual General Meeting in May to ensure they

accept the nomination before voting takes place.

All positions are available for nominations, including: Chairperson, Vice Chairperson, Treasurer, Secretary, and DPAC Representative. For more information about these positions, please send us an email!

 **Save On Foods:** Reminder to keep mentioning our school at checkout when shopping at Save On Foods. These donations help to get food into our school for all students to access.

 **Landmark Vouchers:** We still have a few Movie Bundles available for purchase. Send your e-transfers to PAC and pick up from Mrs. Heidemann in the office.

 **Next Meeting & AGM:** Our next meeting will take place in May and will be our Annual General Meeting, where we will first vote in our new executive team before continuing with our regularly scheduled meeting. Please consider coming out to vote for our new executives! Meeting date **TBD** and will be posted on our Facebook page.



The school enjoyed our fabulous snow day filled with sledding, snowmen, fort building, and snow angels



## Hello from the Gathering Place!

The Gathering Place is a **shared space** that supports all students at Gordon Terrace.

### Breakfast Club

Breakfast Club runs **every morning** from **8:20–8:35 a.m.** Students may enter through the **outside doors near the bike racks**. Breakfast leftovers remain available until **9:00 a.m.** for students who arrive after the bell.

Throughout the day, students may also access **sandwiches, granola bars, fruit cups, and fresh fruit**.

### Clothing Donations Needed

We are running low on extra pants to lend to students.

If you have **outgrown children's pants**—especially **stretchy pants in elementary sizes**—we would greatly appreciate your donations. Thank you for supporting our school community!

### District Hot Lunch – Every Wednesday

Please remember that District Hot Lunch is offered every Wednesday. Orders should be placed ahead of time, as leftovers are not always available for extra servings.

## Crochet Club with Ms. Reid

Our Youth Care Worker, **Ms. Reid**, continues to host the very popular **Crochet Club** leading up to Spring Break. Students have been enjoying learning new skills and creating handmade projects.

## Indigenous Education Activities

### Lunch and a Legend with Ms. Juanita

On **April 10 or 24** (final date still to be confirmed), students are invited to join Ms. Juanita for *Lunch and a Legend*. Students will enjoy their lunch while listening to traditional stories that highlight Indigenous teachings, culture, and knowledge.

### April 16 – Make Your Own Pizza Party!

Eight students from **K–6** will be randomly selected to participate in a special *Make Your Own Pizza* lunch activity. Names will be drawn beforehand—good luck to everyone!

More Indigenous Education activities will continue **after Spring Break**, so stay tuned for additional learning and cultural opportunities.



## SAVE THE DATE!

We're excited to share that we'll be launching a **Mother's Day Candle Fundraiser** this spring!

Our community loved the Homestead Candle Co. scents so much during the winter season that we're bringing them back—this time in beautiful **spring fragrances**, with delivery arriving **just in time for Mother's Day**.

This fundraiser will help support our Grade 6 trip to Blue Lake Camp, while also contributing to important school programs.

More details coming soon—stay tuned!

## HEALTH PROMOTING SCHOOLS

MARCH 2026

### HEALTHY EATING

---

#### March is Nutrition Month



This month, celebrate the power of healthy eating and the creativity that brings nutritious meals to life. To help families explore new ideas in the kitchen, we're excited to highlight the [2026 Member Cookbook](#) — a collection of favourite recipes contributed by dietitians from across Canada.

From quick weeknight meals to wholesome snacks, this cookbook showcases diverse flavours, practical ideas, and nutrition expertise from dietitians. It's a fun way to get kids involved in cooking, discover new favourites, and enjoy recipes that nourish and inspire.

Celebrate Nutrition Month by exploring delicious ways to fuel families! 🍴 ❤️

### MENTAL HEALTH

---

#### Self Harm: There Is Always Help, There is Always Hope - Webinar

Realizing that your child is self-harming can be scary and confusing. Learn from Ciara, a young person with lived experience, and Kim Leifso, a therapist, as they talk about why some kids harm themselves and some healthy coping strategies for your child and you. Discover helpful ways to respond to your child. Join Kelty Mental Health and other families for this video presentation and discussion that's facilitated by a FamilySmart Family Peer Support Worker.

There are multiple sessions available:

March 3, 2026 | 6:30pm-8:00pm Pacific Time (British Columbia)

March 5, 2026 | 6:30pm-8:00pm Pacific Time (British Columbia)



Click [here](#) for more information

#### Parenting When Anxiety Shows Up As Anger - Webinar

Anxiety in kids can show up as anger, and that can make parenting extra challenging. Learn from Karen Peters, Registered Clinical Counsellor, to discover some strategies that can help before, during, and after these hard moments. Join Kelty Mental Health and other families for this video presentation and discussion that's facilitated by a FamilySmart Family Peer Support Worker.

There are multiple sessions available:

March 11, 2026 | 12:30pm-1:00pm Pacific Time (British Columbia)








March 25, 2026 | 6:30pm-8:00pm Pacific Time (British Columbia)

March 31, 2026 | 6:30pm-8:00pm Pacific Time (British Columbia)

Click [here](#) for more information

---

# Mark Your Calendars

	<b>March</b>	<b>4</b>   Intermediate Ski Day
		<b>11</b>   Intermediate Ski Day / District Hot Lunch
		<b>13</b>   Learning Updates Sent Home
		<b>16-27</b>   <b>Spring Break</b>
		<b>30</b>   First Day Back After Spring Break
		
	<b>April</b>	<b>3</b>   School Break - No School
		<b>6</b>   Easter Monday - No School
		<b>7</b>   Dilly Bar Day
		<b>9</b>   Spring Picture Day
	<b>Apr 16</b>	<b>Homestead Candle Fundraiser Begins</b>
		
	<b>May</b>	<b>6</b>   Dilly Bar Day
		<b>8-9</b>   Homestead Candle Pickup
		<b>12-13</b>   Parent-Teacher Conferences (Early dismissal)
		<b>15</b>   School Break - No School
		<b>18</b>   Victoria Day - No School
		<b>27</b>   Ready, Set, Learn - Rotary Park
		<b>29</b>   Pro-D Day - No School
		