



Gordon Terrace News

June 2026



Go By Bike Week

GT is excited to participate in the Go By Wheels event and encourages all students to join in! Scooters are included, so feel free to ride them.

Important Reminders:

- Ensure that students wear proper safety gear.
- Students should **bring locks** to school for their scooters.
- Those who ride the bus are encouraged to travel to their bus stop on their bikes or scooters. Parents can send a note verifying their child's participation to receive a daily ballot.

Let's have fun and stay safe!



District Track & Field

Due to the inclement weather, the District Elementary Track & Field event has been postponed. The event has been rescheduled for **Tuesday, June 9**, when

qualifying intermediate students from Gordon Terrace will attend and participate in various events throughout the day at the College of the Rockies.

Important Reminders for Parents:

- Please refer to the information previously sent home by your child's teacher regarding event details.
- Parents are responsible for transporting their children to the College of the Rockies **one hour before** their scheduled event and for picking them up at **2:50 p.m.**

Go Grizzlies!!



**Grade 6
Middle
School Visit**



This is a reminder that your child's middle school will be hosting an orientation day on **Friday, June 5th**. Please ensure you **drop your student off at 8:30 a.m. at their middle school**. For more details, refer to the email our office forwarded to you from your child's Middle School.

A Note From PAC

PAC is excited to share our new executive team for the 2026-2027 School Year!

Chair - Mary Hunter

Vice-Chair - Angela Kemperman

Secretary - Lauren Anstey

Treasurer - Jolene Davis

The District PAC representative position is vacant.

We are also looking for a hot lunch coordinator for next school year! This is PACs largest fundraiser and needs parent support to continue!

*** If you are interested in DPAC, or Hot Lunch Coordinator, please email gordonterracepac@gmail.com**

Thank you to the outgoing executive for all their support and time over the years - thanks, Milana, Karen and Christy!

Our last meeting of the year will be on June 10th at 6:00 pm in the school library!

Track Meet Volunteers: GT PAC is hosting the concession at the district track meet - now scheduled for June 9th at COTR. We need parent volunteers to support the concession and student volunteers, hourly time slots are available. Please email gordonterracepac@gmail.com to sign up!

PAC will be hosting a Year End BBQ on June 24th for Soggy Grizzly Day! Please email if you would like to be involved, it is a fun day for the kids and parent volunteers. Time slots available for set up, BBQ and clean up!

Don't forget to **mention Gordon Terrace** when checking out at **Save on Foods** - a portion of total sales is donated back to the school in Save On Gift Cards!

Please join our Facebook Group - Gordon Terrace PAC

Have a great summer!

**RED CEDAR
BOOK AWARD**
helping kids, families, and educators discover,
connect to, and be inspired by Canadian kidlit



brought to you by The Young Readers' Choice Awards Society of British Columbia

A big thank you to all of the intermediate students who chose to participate in this year's Red Cedar Reading Group! We started the year with 28 students and in the end, twelve enthusiastic readers cast their votes for their favourite books in the Fiction and Information categories, helping to choose the student-award winners. We are especially proud of two students who went above and beyond by reading every book in both categories—an outstanding achievement! Congratulations to all of our readers for their dedication, thoughtful participation, and best efforts throughout this student-choice book club. We also extend our sincere thanks to our PAC and intermediate teachers for their support of this program—we couldn't have done it without you. Stay tuned for our year end wrap-up next week where we reveal the authors and books that received this years Red Cedar award and celebrate with a party in the library with Ms. Molnar. Great job, GT, for another successful year of reading!

**SCHOOL'S OUT
FOR SUMMER!**



LAST DAY OF SCHOOL
JUNE 5, 2026
9-11 AM

Our last day of school is fast approaching! Students will begin the day at **9:00 a.m.**, with dismissal at **11:00 a.m.** School buses will begin picking up students shortly after dismissal, just after **11:00 a.m.**



As we wrap up another school year, we want to take a moment to celebrate the growth, resilience, and connection we have seen across our school community. This year, we were lucky to have more counselling support at Gordon Terrace; this allowed us to offer school counselling services in every classroom throughout the year, supporting student wellness, safety, and friendship skill building, while continuing to offer individual support for students who benefit from connection and a more specific counselling focus.

It has been a privilege to partner with students, staff, and families in supporting the social-emotional learning, mental health, belonging, and overall well-being of our students. We are continually reminded that every child benefits from caring relationships and opportunities to build the skills needed to navigate life's ups and downs.

As summer approaches, we hope families find time for rest, connection, play, and moments of joy together. Looking ahead to the fall, we encourage families to reach out if they are wondering whether school counselling may be a helpful fit for their child. Counselling support can look different for every student, and we are always happy to collaborate with families to determine what level of support may be most beneficial. If you are in search of counselling supports for your child, yourself, or your family over the summer break, please feel free to reach out to us and we can provide you with some of the many options our community has to offer.

Thank you for your partnership, trust, and care throughout the year. Wishing all our students and families a safe, restful, and well-deserved summer break!

Mrs. Sharon Dueck (sharon.dueck@sd5.bc.ca)
Mrs. Karley Doll (karley.doll@sd5.bc.ca)

Free community mental health resources

Summer can be the perfect time to begin taking care of your mental health! Community services often have a bit more space over the summer as clients can be away or simply decrease the frequency of their visits. If you are in need of mental health support for your child, or if you are on a waitlist for one of the below resources, be sure to reach out to them and see if the summer could free up some availability with their clinicians. Here are just a few of the free resources available in our community:

- **Child and Youth Mental Health**
 - Free counselling for children and youth
 - Location: Suite 201, 1212 2nd St. N, Cranbrook, BC
 - Phone: 250-426-1514
- **Ktunaxa Kinbasket Child and Family Services Society**
 - Free counselling for Indigenous children and youth
 - Location: 1007 Baker St., Cranbrook, BC
 - Phone: 250-489-4563
- **Foundry East Kootenay**
 - Mental health, substance use, primary care, peer support, and social services for **ages 12–24**
 - Location: 100–12th Ave., Cranbrook, BC
 - Phone: 778-517-8658
 - **Kids Help Phone**
 - 24/7 confidential, multilingual support for youth and adults
 - Phone: 1-800-668-6868
 - Text: 686868 (youth) or 741741 (adults)
 - Online chat support available through Kids Help Phone.

SAVE THE DATE

GRADE 6 BAND PERFORMANCE & CELEBRATION

JUNE 18

Invitation to follow

Mark your calendars!!!

June	1-5	Go By Bike Week!
	3	District Hot Lunch
	5	Grade 6 Transition Days to Middle Schools
	9	<ul style="list-style-type: none"> District Track Meet at COTR Kindergarten Orientation (AM)
	10	<ul style="list-style-type: none"> District Hot Lunch PAC Meeting- 6 PM Library
	12	Administrative Day – No School
	17	District Hot Lunch
	18	Grade 6 Band Concert – invitation to follow
	23	Kindergarten Graduation
	24	<ul style="list-style-type: none"> Soggy Grizzly Day (Water Day) PAC Student BBQ
	25	<ul style="list-style-type: none"> Learning Updates home Last day of school – 9-11AM

KNOW THE RULES BEFORE YOU RIDE

Not all small or electric vehicles are treated the same under the Motor Vehicle Act.

	WHERE CAN I RIDE?	HOW OLD DO I NEED TO BE?	HOW FAST CAN I GO?	LICENSE AND INSURANCE?	WHAT ELSE SHOULD I KNOW?
E-BIKE	Anywhere where bicycles can ride!	14+ for light e-bikes; 16+ for standard e-bikes	Light e-bikes: 25 km/h Standard e-bikes: 32 km/h	No Drivers License or Insurance required	Must have fully operable pedals
E-SCOOTER	Only in communities participating in the pilot project	16+	25 km/h	No Drivers License or Insurance required	Illegal outside of pilot communities
MOPED/LSM	On public roadways only	16+	70 km/h	Drivers License and Insurance required	CMVSS compliance label required
E-DIRT BIKE	Not on roads, sidewalks or bike lanes	Not legal at any age on public roads	Not permitted on public roads	Cannot be registered or insured	Not legal e-bikes or LSMs
MINI-MOTORCYCLE	Not on roads, sidewalks or bike lanes	Not legal at any age on public roads	Not permitted on public roads	Cannot be registered or insured	Do not meet safety standards

RIDE SMART. RIDE SAFE. RIDE LEGAL. **CRANBROOK RCMP**

Know your vehicle type | Follow the rules | Wear a helmet | Stay safe Cranbrook!

Child care in British Columbia has come a long way

– lower costs, more licensed spaces, and a bigger workforce. And we are continuing to build on this progress.

As B.C. plans for the future of ChildCareBC, your voice matters!

Take this survey today.

Scan the QR code or visit the website below.
gov.bc.ca/ChildCareSurvey

Survey is open from May 28 – July 9.

Content for Parent Newsletters

HEALTH PROMOTING SCHOOLS

JUNE 2026

COMMUNICABLE DISEASE

Molluscum contagiosum

Molluscum contagiosum is a viral skin infection that causes small skin coloured bumps. This infection is most common in children. But teens and adults can also get it, often from taking part in sports like wrestling and gymnastics or from sexual contact. And it can occur in people with a weak immune system. The virus can spread from one part of a person's body to another part. Or it can spread to other people, such as among children at daycare or school. It can be spread through skin-to-skin contact, touching objects that have the virus on them, or through sexual contact. The virus is easily spread but **is not harmful**. The infection is contagious until the bumps are gone.

How can you prevent it?

To prevent molluscum contagiosum from spreading:

- Wash your hands.
- Try not to touch, scratch, or pick at the bumps.
- Cover the bumps with a bandage, medical tape, or clothing when around other people.
- Don't share towels or face cloths.
- If the bumps are on your face, don't shave.
- If the bumps are in your genital area, avoid sexual contact

For more information, visit [HealthLinkBC File #08i Molluscum contagiosum](#), or visit [BC Centre for Disease Control: Molluscum Contagiosum](#)

INJURY PREVENTION

Safe Kids Week – Parachute



[Parachute Safe Kids Week](#) is an annual awareness campaign designed to bring attention to predictable and preventable injuries in children. Safe Kids Week is from June 1 to June 7, 2026, with the theme of #SafeSpeedsForKids. Did you know that transport incidents, such as motor vehicle collisions, are the **leading cause** of injury-related death and **third-leading cause** of injury hospitalizations and emergency department visits in children from birth to age 14? June has the highest number of child bicyclist

injuries and deaths. Generally, these injuries happen in spring and summer when children are riding most often.

As a parent/caregiver:

- **Plan and use safe routes, where possible.** When walking or wheeling, you and your kids are safest away from motor vehicle traffic. Use sidewalks, paths and bicycle lanes when these are available.
- **Travel with your younger children.** Young children can navigate simple street structure. The skills to navigate more complex environments develop around the ages of nine to 11. While your children are developing skills, walk with your children and talk to them about pedestrian safety.

- **Teach your child where and how to cross streets safely.** Practise with them looking and listening for oncoming traffic, crossing once cars have come to a full stop, and crossing at corners or marked crossings. [Learn more about pedestrian safety.](#)
- **Check your ride.** Ensure your child's bike is adjusted correctly for their height. Have them do a bike check before riding to ensure tires are inflated and brakes are working properly.
- **Consider your child's skills before riding on the road.** Help your child build the physical and thinking skills they need to ride safely on the road. [Learn more about cycling safety](#)
- **Choose the right car seat or booster seat for your child and make sure it's used properly for every single ride.** When travelling by car, children are less likely to be severely injured when the right car seat, booster seat or seat belt is used on every ride. [Learn more about child passenger safety](#)

Everyone has a role to play in keeping kids safe on our roads. Creating safer roads for kids means slowing down, staying alert, and being especially cautious in places where children live, learn and play.

MENTAL HEALTH

Summer Resources

Summer is around the corner and parents might have children with ongoing mental health concerns. Below are Interior Health resources to help support:

- Call [**310-MHSU \(6478\)**](tel:310-MHSU(6478)) to reach your [local Mental Health and Substance Use Centre](#)
- Connect with [Access MHSU Services](#) for more information and links to services to help people in your care
- [Mental Health Services for Children & Youth](#) webpage contains a list of children & youth services to help young people with their mental health concerns
- [Child and Youth Mental Health & Substance Use Service Directory](#) contains a list of key service providers in the interior region. This resource will help you easily find services in your area.
- [Mental Health Services Overview for Children & Youth](#) is a one-page summary of services offered to young people in Interior Health.
- [Mental Health Services for Children & Youth Snap Shot](#) (linear diagram) contains clickable links. Click a link to see the service description and a list of MHSU Centres offering the service.

Online Event: Explosive Behaviour in Teens: Strategies to Empower Families (June 4 or 11)

When teens show up in explosive ways, parents sometimes blame themselves, or not know how to respond during those hard moments. Finding help can feel challenging. Kirk Shields-Priddy (MSW/RSW, Group and Family Therapist with Fraser Health START Program) explains some causes of explosive behaviour in teens, and strategies for parents and teens. For more information and registration- [Explosive Behaviour in Teens: Strategies to Empower Families | Kelty Mental Health](#)