

# Parkland News

“Expand Your Horizons”

# JANUARY 2024

# Happy New Year!

## MARK YOUR CALENDAR

Jan 8	First Day of Classes in 2024
Jan 17	Pac Meeting, 7 PM, Library
Jan 26	Non Instructional Day, School Closed
Jan 29	Band Concert, 7 PM, Key City Theatre Entry is by Donation at the Door
Jan 29	Semester 2 Begins
Feb 2	Pro D, School Closed for Students
Feb 7	Winter Activity Day

## Friday Rotations

Jan 12	Week 2 Tuesday
Jan 19	Week 2 Thursday
Feb 9	Week 1 Thursday



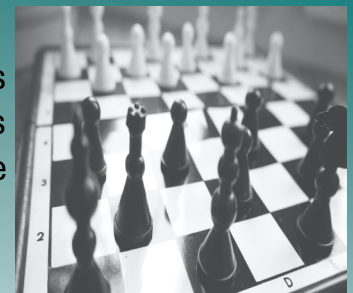
## Thank you to THE CHOICE

A BIG "Shout Out" again this year to our local business "The Choice" for donating brand new clothing and footwear to Parkland Middle School. Their fundraising efforts are greatly appreciated, and a wonderful example of the importance of supporting local.

If you have a child attending our school who is in need, please contact our Youth Care team (Robin Priore or Kelly Fentie) and we will be happy to help!

## CHESS CLUB

Beginning in the new year, Chess Club will be on Wednesdays during lunch time in the library. Experienced or not, all students are welcome and encouraged to join. See Mr. Kennedy for more information.



## **HOLIDAY FOOD DRIVE**

A massive thank you to everyone involved in our holiday food drive for the Cranbrook Foodbank. We donated over 600 lbs of food, and over \$1300 in cash! Amazing work, and thank you so much, Parkland families!

Our holiday turkey lunch was a raging success! Thank you so very much to PAC for the funding to make this all possible!

## **BC HEALTH MINISTRY RESOURCES**

### **[Anti-Vaping Resources](#)**

Resources designed to help youth learn about the adverse effects of vaping and make educated decisions about vaping are available from the Ministry of Health. Information can be found on [The A-Z of Vaping web page](#). Materials will also be available from the school counselor. For downloadable PDF versions, visit the [Tools for schools web page](#).

### **[New Suicide Prevention and Self-harm Videos and Resources Available](#)**

Building upon the success of the *Everyday Anxiety Strategies for Educators* (EASE) initiative, the Ministry of Children and Family Development has developed new evidence-informed, culturally relevant, suicide prevention and early intervention resources. These resources support the [Mental Health in Schools Strategy](#) and aim to reduce stigma, increase mental health literacy, and build capacity of educators, parents/guardians and caregivers, and others who are supporting youth experiencing suicidal and self-harm behaviours. Visit the [Suicide Prevention and Self Harm Video Series and Resources web page](#) on the HealthyMindsBC website to access these resources.

## Indigenous Education Parkland Middle School

The Indigenous Leadership Group and friends worked on supporting the community with making up bags with socks, gloves, snacks, handmade washcloths (made by students), comb, soap and hot chocolate mix.

Students enjoyed lunch and conversation with the Elders and look forward to the New Year. Next luncheon January 18<sup>th</sup>.

Johanna Kinsman,

Indigenous Support Worker



## **FRENCH IMMERSION WORKSHOP**

Grade 7 French Immersion classes attended an African Drumming workshop with Malicounda. Students learned about various traditional instruments from Mali, Ghana, Guinea, and Egypt. They played traditional drumming games and improvised rhythms with workshop animatrice Louise.



Parkland Middle School

1115 – 2<sup>nd</sup> Avenue South, Cranbrook, BC, V1C 2B4

Phone: 250-426-3327

Ms. Brenda Tyson – Principal, ext. 21203

Mrs. Pam Drydale – Vice Principal, ext. 21204

Mr. Dan van der Walt—Counsellor, ext. 21209

Check out our Website: <https://www.sd5.bc.ca/school/pms/Pages/default.aspx#/=>