



NEWSLETTER

ʔakinmi yakiʔ ʔituq' #iʔqakɣamnamki

MBSS



WARRIORS TRIP

Warriors go on the road!

This years Warriors trip was to Head-Smashed-In Buffalo Jump and to the Gondola in Banff.



WARRIOR MEETING

NEW Warriors meeting called!

A new warriors meeting has been called on FRIDAY May 23rd and we will have Joe Pierre joining us.



DRUM MAKING

Drum and Drumstick Workshop

Students and knowledge holders gathered to work on drumsticks and drum. Huge thank you to all involved!



On the horizon

InEd Council Meeting
May 20th

Warriors Meetings
May 13th, NEW May 23rd &
May 27th

University Tour Trip
May 29th & 30th

Ktunaxa Flag
Acknowledgment
June 12 @ 11am



alison.farkvam@sd5.bc.ca



Alexis.hekker@sd5.bc.ca





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Grad Bios are DUE!

Graduation for class 2025 is sneaking up quickly! Your grad bios are due. If you need any assistance with this, please let Alison or Alexis know.

Grad List is posted!

You can find the grad list posted in the Office and outside the Counselling room. If your name is not on this list, please speak with Alison, Alexis or Counselling ASAP!



Indigenous Ed Council

The MBSS Indigenous Education Council meets every 3rd Tuesday of the month

Time: 11:25am-12:25pm

Place: MBSS Library

For more info, contact
Alison:

250-426-5241 ext. 748

Parent Engagement Forms are out!

Parent engagement forms are DUE no later than **September 26th, 2025**. This is a **mandatory** form that allows us to provide support services to Indigenous students.

This form takes about 2 minutes to fill out and can be done online by clicking this link: [Parent Engagement Form 2025/2026](#)

Or by filling out the form attached and returning to Alexis or Alison in the Gathering Place or by emailing

Alison.farkvam@sd5.bc.ca or Alexis.hekker@sd5.bc.ca





ʔakinmi ya·kiʔ ʔituq̓it̓qakz̓amnamki Mount Baker Secondary School

1410 Baker Street Cranbrook BC V1C 1B2
Phone: 250-426-5241 Fax: 250-426-6673 mbss.sd5.bc.ca

May 1, 2025

Dear Parents and Guardians,

We are looking forward to the 2025/2026 school year! The Indigenous Education Support Workers currently working at Mount Baker Secondary School are:

Alison Farkvam & Alexis Hekker

In preparation for the upcoming school years, we have enclosed a few documents for your review:

- Indigenous Education and Parent Engagement Permission Form **(Needs to be signed and returned)**
- MBSS Indigenous Education and Support Services Information Sheet
- MBSS Indigenous Education Support Workers Contact Information

We look forward to discussing our Indigenous Support Services with your student. We will now be accepting your permission to support your student for the years they will be attending MBSS. Please feel free to drop in and meet with us to learn more about available opportunities. If you do not wish your student to receive support services through Indigenous Education, please let us know. Some examples of services we provide are:

- MBSS Elders in Residence available for guidance and support
- Indigenous Language and Cultural Programs
- Indigenous Support Services
- Advocacy for strategies and structures to be culturally safe and/or appropriate for Indigenous Students
- Drinks are available in the Gathering Place Room 101 for .50 cents
- Free Store for school supplies in Locker 76
- Warriors Student Leadership Program

There are always opportunities and support for Indigenous Students at MBSS.

With thanks and respect,

Alison Farkvam
alison.farkvam@sd5.bc.ca
(250) 426-5241 Ext: 25101

Alexis Hekker
alexishekker@sd5.bc.ca
(250) 426-5241 Ext: 25052



ʔakinmi ya·kiʔ ʔituqʔiʔqakʔamnamki Mount Baker Secondary School

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Indigenous Education Parent Engagement Permission Form

MBSS Indigenous Education program and services are intended to support the success of Indigenous students. MBSS Indigenous Education programs and services include Indigenous Language and Culture programs, Indigenous Support Services and facilitation of the Indigenous World Views and Perspectives into education at MBSS. MBSS Indigenous Education advocates that strategies and structures used be culturally safe and/or appropriate for Indigenous students. (Please refer to the enclosed reference of services provided.)

I give permission for the Indigenous Education Program in School District No. 5 (Southeast Kootenay) at MBSS to be included in communications and decision-making made by MBSS Staff regarding my child, _____, a student of Indigenous ancestry at MBSS

To assist us in providing supports for your child, please tell us what works for your child, what he/she needs, and/or what has worked for him/her in the past:

I believe/know that my child has Indigenous Ancestry:

- | | |
|--|--|
| <input type="checkbox"/> Inuit | <input type="checkbox"/> Metis |
| <input type="checkbox"/> Status | <input type="checkbox"/> Non-status |
| <input type="checkbox"/> Living on Reserve | <input type="checkbox"/> Indigenous Ancestry |

What is the best way for us to contact you?

Email:	Text:
Telephone:	In person:

Parent Signature:	
Parent Name:	
Date:	

MBSS Indigenous Education Support Services

Emotional – Social Support

- Parent/Guardian Contact
- Referrals
- Community Connections
- Personal Support
- Mentorship
- Group Work

Mental-Educational Services

- Subject Support
- Homework
- Tutoring
- Review: Report
- Review/Monitor: Attendance
- Meeting: Student Services
- School Based Team
- Discipline

Physical

- Food and Drinks
- Transportation
- School Materials
- Cultural Material
- Supplies

Spiritual – Culture Language

- Elders/Elder Support
- Presentations
- Providing/Locating Resources
- Welcoming Spaces



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MBSS



Ktunaxa Kinbasket
Child & Family
Service Society



ʔu·kinmakut – to be one year First Anniversary Celebration

We are getting set to celebrate tikxawiɣikimik (Foundry East Kootenay's) first anniversary! Join us for a fun afternoon of food, entertainment and an open house to celebrate this vital community amenity.

Save The Date:

Friday, May 23rd
12:00pm–4:00pm

100 12th Ave S
Cranbrook, BC

What's Happening?

- **12:00 pm:** Opening (Eagle Bear Spirit drummers) – lunch served
- **1:00 pm:** Welcome and speeches
- **1:30 pm:** Open house, tours, make a mini drum with Pete and Dolly
- **3:00 pm:** Youth activities/Open House until 5:00 pm

tikxawiɣikimik Facts:

- tikxawiɣikimik (Foundry East Kootenay) opened its doors on May 23, 2024.
- Staff have accommodated 3,000 visits from youth between ages 12–24 since opening.
- Our services include primary care, mental health support, Indigenous Cultural support, substance use support, social services and peer support.

Contact:

Smokii Sumac, Cultural Lead,
tikxawiɣikimik (Foundry East Kootenay)
Office: 778-517-8658 (ext. 126)
Email: s.sumac@ktunaxa.org



The Howling Coyote

May 2025

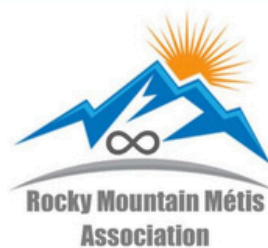
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OFFICE IS OPEN

HOURS: MONDAY-FRIDAY,
9:00AM-4:00PM



RMMA OFFICE:
108 VAN HORNE STREET S,
CRANBROOK



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MBSS

Ya·kiʔ ʔawumuʔtiʔamnamki

Regional Health Centre

Call us at
250 420 2700

Ktunaxa Nation
Regional Health Centre
Ya·kiʔ ʔawumuʔtiʔamnamki

32 9th Ave. S.
ʔakisqakʔiʔit (Cranbrook),
B.C., Canada
FAX: 250 420 2782

Want to become a client?

Drop by during centre hours
to fill in a basic *New Recipient
of Care Intake Form*.



NOTE: New clients meet
the health centre mandate.
Health Centre services are inclusive
of **Ktunaxa** members, their families,
and other **Indigenous peoples** who
are living in ʔamakʔis Ktunaxa.

Centre Hours

Monday to Friday
9:30 AM ~ 4:00 PM

Closed on stat holidays

Weekly Schedule

*(For health centre clients: Please register
as a client if you intend to drop in. Thank you.)*

Drop-In Appointments

Mondays 1:00 PM

Thursdays 1:00 PM

*Drop in to see a nurse
practitioner or counsellor.*

*We welcome drop-in appointments and will
prioritize individuals based on the urgency of
their needs, with care and sensitivity to each
person's unique situation.*

OAT Afternoons

Wednesdays 1:00 PM

Opioid Agonist Treatment

Visit us at
www.ktunaxa.org



KTUNAXA
NATION



kʔawʔa
SOCIAL
INVESTMENT



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**KTUNAXA
NATION**

**Ya·kiʔ ʔawumuʔtiʔamnamki
Regional Health Centre**

**KTUNAXA
NATION**

**kʔawʔa
SOCIAL
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Where We Are

Call Us
250 420 2700

**Ktunaxa Nation
Regional Health Centre**
Ya·kiʔ ʔawumuʔtiʔamnamki
ʔakisqakʔiʔit (Cranbrook)
32 9th Ave. S.
Cranbrook, B.C. Canada

Hours
Monday ~ Friday
9:30 AM ~ 4:00 PM
Closed on stat holidays
FAX: 250 420 2782

Who We Serve

All services are inclusive of **Ktunaxa** members, their families, and other **Indigenous peoples** who are living in ʔamakʔis Ktunaxa.

Please **contact us** to learn more or to book an appointment, 250 420 2700.

What We Offer Services Overview

Nurse Practitioner	Assessment, prescriptions, diagnostics, referrals
Nurse: Public Health	Immunizations, TB testing, STI testing, PAPs, prenatal/postnatal support, contraception
Nurse: Primary Care	Wound care, injections, blood draws, care navigation
Nurse: LPN Community Outreach	In-community care, complex client support, mobile health services
Mental Wellness Clinician	Counselling, mental health support, crisis response, trauma & addiction support
Social Work Support	Medical travel, income assistance support, crisis support, senior services, community resource navigation & referrals
Internal Medicine	Monthly specialist appointments (by referral)
Psychiatry	Monthly specialist appointments (by referral)
Physiotherapy	Bi-weekly physio services (referral needed)
Substance Use Treatment Support	Referrals, treatment navigation, OAT medication, counselling,
Safer Use Education	Naloxone training, using safely, supplies (e.g., naloxone, pipes, needles)
Ktunaxa Health Outreach Van	Wound care, immunizations, STI testing, harm reduction, basic needs
Foot Care	Monthly foot assessments and treatments

Health & Wellness

Appointment Booking	Support from Medical Office Assistants (MOAs)
Free Snacks & Drinks	In partnership with local food programs, available to all
Medical Supplies	Breast pumps, Plan B, lice kits, wound care, blood pressure monitors, naloxone, condoms etc.



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PEER *Tutoring*

Join Evelyn Lonergan, and
Ava Zantiotis at Foundry
East Kootenay for general
homework support.

All subjects welcome
All youth welcome 12-18
Years old
All subjects covered
Wednesdays and Thursdays
4:00-6:00 PM

• F •
EAST KOOTENAY





The Howling Coyote

May 2025

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MBSS

• FOUNDRY •

EAST KOOTENAY

Resume and Job search Drop-in

Stop by Foundry East Kootenay.

Every Monday from 2:00pm-5:00pm

Needing help
designing a resume?

Do you need support in looking
for a job?

We can help you achieve
your goals!





The Howling Coyote

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Our wellness counsellors
are available for walk-in:

Wednesday - 2:00pm-6:00pm

Thursday - 2:00pm-6:00pm



Check out our wellness
counsellor's bookable hours
VIA our Foundry app, or call our
front desk;
(778) 517-8658





The Howling Coyote

May 2025

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MBSS

KTUNAXA FLAG RAISING

Thursday June 12th

11am

Mount Baker Senior
Secondary School

Everyone is welcome
Meet at the flagpole

For more information, please contact

✉ Alison.farkvam@sd5.bc.ca

✉ Alexis.hekker@sd5.bc.ca





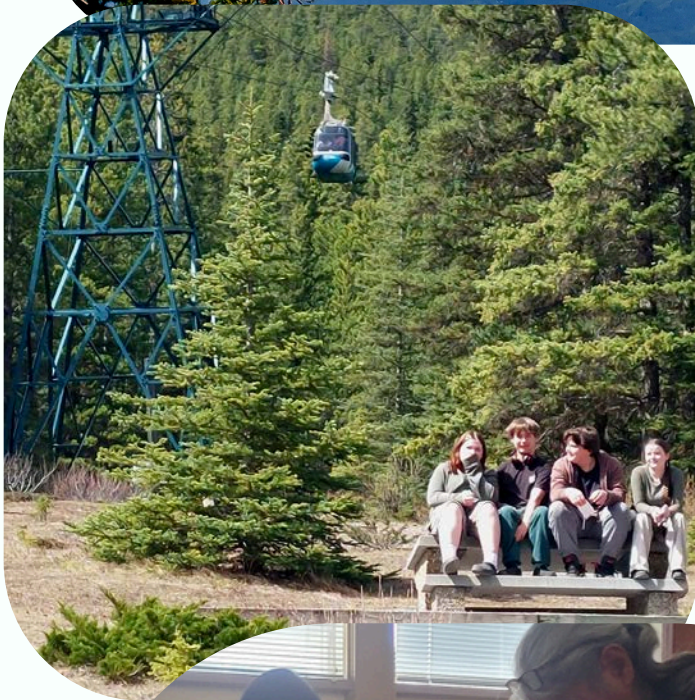
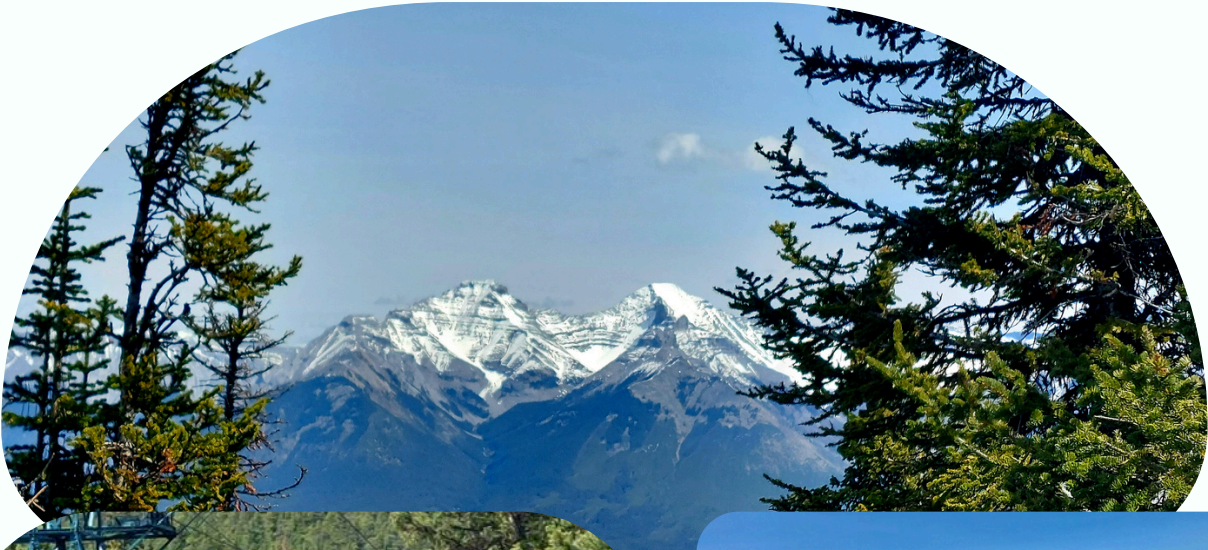
The Howling Coyote

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