



Highlands Elementary

February - nupqu natanik

We acknowledge that we all live, study, work and play on the unceded territory of the Ktunaxa People.

Upcoming Events

Feb. 14	No School
Feb. 17	No School
Feb. 20	Talent Show - Key City Theatre 1pm- Doors open at 12:40
Feb. 26	Pink Shirt Day
Feb. 27	Heart to Heart Market
Feb. 27	Parenting an Anxious Child 6pm in the Library
Feb. 28	Pink the Rink
Feb. 28	No School Pro-D Day

KINDERGARTEN REGISTRATION

We will be accepting kindergarten registrations for children born in 2020 and turning 5 in 2025 starting February 3. More information can be found below and on the school district's webpage at www.sd5.bc.ca

Letters of Intent

If you live outside of the Highlands catchment and are not in the Amy Woodland catchment, then you should have received a letter of intent. If you did not receive a letter of intent, please contact the school. Confirmation letters of intent will be accepted at the School Board Office starting Feb. 3 and are due no later than Feb. 27.

Transfer Requests

If you are planning on transferring schools for the 2025-2026 school year, please make sure you have a transfer form into the Board Office by Feb. 27. Transfer forms can be picked up in the office or found on the SD5 webpage.



SCHOOL DISTRICT 5

S O U T H E A S T K O O T E N A Y

Come to School with Us
Viens à l'école avec nous
September 2025 Entry

KINDERGARTEN REGISTRATION

School District No. 5 (Southeast Kootenay) welcomes all children born between January 1, 2020, and December 31, 2020, and encourages parents to register their children at their catchment area school for September 2025 kindergarten entry. Registration and enrolment application forms shall only be accepted by the catchment area school commencing on Monday, February 3, 2025, at 8:30 a.m.

School District No. 5 (Southeast Kootenay) provides all students with a warm and caring learning environment. We offer our kindergarten students a developmentally appropriate program along with access to computer technology, a Fine Arts program and student services support. French Immersion kindergarten is available at T.M. Roberts Elementary School.

School District No. 5 (Southeast Kootenay) will continue to use the online registration option for kindergarten students. A MyEducation BC registration link will be posted on the District and elementary school websites.

Please do not complete an online application for children that have been enrolled in StrongStart programs in the province. If your child has been enrolled or is currently enrolled in a local StrongStart, they will be automatically enrolled in their catchment school. Please contact your catchment school directly to confirm registration. If you are unsure which school is your catchment area school, please visit the [school locator](#) on our district website.

All registrations are processed on a first-come, first-serve basis. A birth certificate or other legally acceptable document, along with proof of B.C. residency (i.e., mortgage statement, rental agreement, or utility bill) must be provided at the time of registration. Registrations will not be accepted until such documentation is made available.

Please register early to ensure your child can attend your catchment area school. Parents requesting for children to attend a school outside their catchment area are required to first register their child at their catchment area school. To request a transfer, pick up a "Family Request for Student Placement Form" from your catchment area school or [download](#) the form and email it to studenttransfers@sd5.bc.ca. If you do not have access to email, please bring it to the School Board Office. Board Office staff will only begin to accept these completed forms on Monday, February 3, 2025. Please refer to [Administrative Procedure 300](#) for more information.

FRENCH IMMERSION REGISTRATION

French Immersion is available in both Cranbrook and Fernie:

- Cranbrook - Kindergarten or grade one: please register at T.M. Roberts Elementary
- Fernie - Grade 4: please register at Isabella Dicken Elementary

For more information, please contact:

David Doll, Principal, T. M. Roberts Elementary School (250-489-4575)

Janet Kuijt, Principal, Isabella Dicken Elementary School (250-423-4651)

If you have any questions, please contact your neighbourhood school or the school board office at 250-426-4201 (extension 0) or toll-free 1-866-489-4201.

We look forward to your child joining us in School District No. 5 (Southeast Kootenay).

SNACKS

Since Winter Break we have seen a HUGE increase in the number of students asking for snacks in the kitchen or accessing their classroom snack bins. Currently we are averaging 30 kids each day! Luckily, we have had a grant for classroom snack bins but that is soon to run out.

Here is how you can help:

1. Please send an extra snack or 2 in your child's lunch every day. This also goes for Thursdays where there is Hot Lunch and snacks are often forgotten or not enough. Days where classes are swimming or skating there is an even bigger need for more food because of the extra physical activity.
2. Check in with your child to see if they are getting enough food. They are growing and their food needs might have changed.
3. If food security is something your family is struggling with please reach out to me.

Thanks everyone for your help and understanding!

Natasha Ewaskow
Youth Care Worker
Highlands Elementary School

School Messenger

If your child is going to be absent from school please use the School Messenger App or phone the school at (250)489-4391 and leave a message with your child's first and last name. If your child is late please get them to check into the office before heading to class. Thank you.

Did you know that 5% of your Save-On-Foods bill could be donated straight to our school? All you have to do is:

- Shop at Cranbrook Save-On Foods
- Tell the cashier you support Highlands School
- 5% of your bill is donated to the school by the store with no extra cost to you.



PARENTING AN ANXIOUS CHILD



Thursday February 27th, 6PM
Highlands Elementary



Join Registered Clinical Counsellor
Josh Lockhart and Counselling Intern
Chelsea Mitchell from Cosmos
Counselling Clinic to learn and
discuss what anxiety is, what it looks
like, and what we can do as parents
to support our anxious child.

Contact Chelsea to Register:
cosmoscounselling.chelsea@gmail.com

250-984-8932

PINK THE RINK SCHOOL CHALLENGE FRIDAY FEB 28



The Cranbrook Bucks invite our local schools to fill our arena and wear pink to support the anti bullying campaign Pink the Rink.

The school with the largest percentage of student participation will win an afternoon of floor hockey/autographs with the Cranbrook bucks



Group Pricing Available. Tickets must be purchased by February 21, 2025

Please contact Cherie at
info@cranbrookbucks.ca or call
250-426-8889

Sponsored by



Western
FINANCIAL GROUP



Students Supplies are \$45 per student. Supplies can be checked off on the Highlands Hot Lunch website and then paid via e-transfer, cheque, or cash to Highlands PAC. If you are unsure if this affects you please contact the school office. These fees do not apply to Amy Woodland Students who brought their own supplies.



Hot Lunch Dates

Feb. 20	Hot Dog Day
Feb. 27	McDonalds
Mar. 6	Boston Pizza
Mar. 13	Subway

Deadline to order for hot lunch is midnight on the Sunday night prior to the hot lunch day

All orders can be placed at highlands.hotlunches.net
Our school code is "HIGH"

If you would like to volunteer for Hot Lunch days, please come to the kitchen for 11:00 am.



HIGHLANDS ELEMENTARY
SCHOOL PAC

USED BOOKS FAIR

PAC is still collecting used books. Please place your book donation in the decorated boxes outside the main office or the library. For any questions please contact Connie at connie.swarbrick@gmail.com

Next PAC meeting is April 10 at 7pm in the Library. Please note the Mar. 6 meeting is cancelled.



PLEASE JOIN OUR HES PAC FOR THE

Family Valentine's Dance



**FEBRUARY 13
AT 6 TO 8PM**

**HIGHLANDS
ELEMENTARY GYM**

**ENTRY IS FREE FOR THE
WHOLE FAMILY**

CASH CONCESSION AVAILABLE

JUST MUSIC DJ WITH LIGHTS

SELFIE BOOTH



Community Events



Ktunaxa Kinbasket
Child & Family
Service Society



MENTAL
Wellness

Combatting Seasonal Affective Disorder

WITH WINTER UPON US, THE
MENTAL WELLNESS TEAM INVITES
YOU TO TRY OUT LIGHT THERAPY

Drop in to our locations to sit in front of the HappyLight Therapy
lamp for no more than 10 minutes/session to see if light therapy
may be a helpful option for you.

Available through opening hours until the end of winter.

**KKCFSS Lower Kootenay Office,
Chief Joseph Centre, Foundry East
Kootenay & ʔakisq̓nuk Health Centre**

Information & Contact

kkcfss-mentalhealth@ktunaxa.org

(250) 464-0365

wanuyitnamu :: Winter



FOLLOW US

@kkcfss
kkcfss.org





Ktunaxa Kinbasket
Child & Family
Service Society



Paqmi Nuáyuk
Aboriginal Early Years Services



VALENTINE'S DAY PARTY

Join us for a morning of love and creativity this Valentine's day! Let's make our own Valentine's art and enjoy yummy treats together.

Chief Joseph Centre

1007 Baker Street

February 14th, 2025

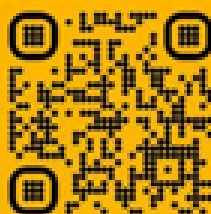
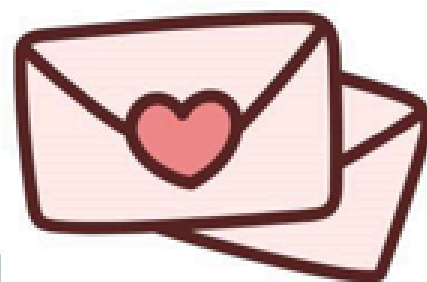
10:30am-12:30pm

Information & Contact

earlyyears@ktunaxa.org

(250) 489-4563

Lunch, snacks and fun provided



SHARING OUR STORY

LIFE ON A MÉTIS ROAD ALLOWANCE



With Koohkoom Marie

Join Elder Marie Schoenthal as she shares her inspiring journey of resilience and self-sufficiency. Growing up on a Métis Road Allowance, Marie's story reflects a life deeply connected to the land, and her Michif language and culture.

Fluent in Southern Michif, she offers unique insights into the challenges of transitioning to English and the cultural shifts of her upbringing. Marie's heartfelt narrative brings early 1900s Canadian history to life, honoring Métis heritage and inviting all ages to connect with this rich cultural legacy.



FEBRUARY 27TH 2025



6:30 PM - 8:30 PM



**108 VAN HORNE ST ST
RMMA COMMUNITY SPACE
FREE IN PERSON EVENT!**

RSVP: RMMACULTURE@GMAIL.COM



Minister's Advisory Council
on Indigenous Women