

# Parkland News

“Expand Your Horizons”

## MARK YOUR CALENDAR

Feb 2	Pro D, School Closed for Students
Feb 7	Winter Activity Day
Feb 14	PAC Meeting, 6:30 PM in the Library
Feb 16	Non Instructional Day, School Closed
Feb 19	BC Family Day Stat, School Closed
Feb 22	School Dance, 6-9 PM Chaperones Needed
Feb 28	Pink Shirt Day
Mar 1	Non Instructional Day, School Closed
Mar 18-29	Spring Break
Apr 1	Easter Monday, School Closed

# FEBRUARY 2024



## Friday Rotations

Feb 9  
Feb 23

Week 1 Thursday  
Week 2 Monday

## WINTER ACTIVITY DAY - WEDNESDAY FEBRUARY 7TH

Wednesday, February 7 is Winter Activity Day. Students had the choice of different outdoor activities such as skiing, sledding, and ice fishing. Indoor choices such as art, games, and Battle of the Bots were also offered. Winter Activity Day offers students an opportunity to interact with peers, staff, and the community in different ways.

## CHESS CLUB

The Parkland Chess Club meets on Wednesdays during lunchtime. A tournament will begin the week of February 20. Contact Mr. Kennedy for more details.



# INDIGENOUS EDUCATION

## IDEAS FOR FRIDAY, FEBRUARY 2ND PRO D FOR STUDENTS



**Natanik**  
at Key City Theatre  
*Day of Sunshine*

SUN'S OUT, FUN'S OUT AT KEY CITY THEATRE!  
DIVE INTO A DAY OF EXCITEMENT WITH GAMES, DJ WORKSHOPS, ARTS, AND ENDLESS ADVENTURE!  
FEBRUARY 2, 2024 AT THE KEY CITY THEATRE

- Free to Attend
- Games & Escape Room
- Videos
- Disc Jockey (DJ) Workshop With Registration
- Arts & Crafts
- Drone Demonstration
- Improv Workshop
- And many more!

7AQAM  
KEY CITY THEATRE  
CRANBROOK  
SCHOOL DISTRICT 1



NATANIK  
AT KEY CITY THEATRE

FEBRUARY 2  
10AM TO 3PM

REGISTRATION  
**\$60**

**TURN UP THE  
BEAT**

JOIN THE ELECTRIFYING DJ WORKSHOP  
AT KEY CITY THEATRE – WHERE MUSIC MEETS MAGIC!

BEST FOR AGES 12 TO 17 YEARS OLD  
REGISTRATION REQUIRED  
HURRY! LIMITED SLOTS AVAILABLE!

SCAN HERE TO REGISTER



## E-CIGARETTES / VAPE PRODUCTS WARNING

Most e-cigarettes/vape products contain nicotine. Nicotine is highly addictive and can harm adolescent brain development, which continues into the early to mid-20s. E-cigarettes can contain other harmful substances besides nicotine. Young people who use e-cigarettes may be more likely to smoke cigarettes in the future.



Parkland Middle School  
1115 – 2<sup>nd</sup> Avenue South, Cranbrook, BC, V1C 2B4  
Phone: 250-426-3327  
Ms. Brenda Tyson – Principal, ext. 21203  
Mrs. Pam Drydale – Vice Principal, ext. 21204  
Mr. Dan van der Walt – Counsellor, ext. 21209

Check out our Website: <https://www.sd5.bc.ca/school/pms/Pages/default.aspx#/=>



**Mental Health Talks**

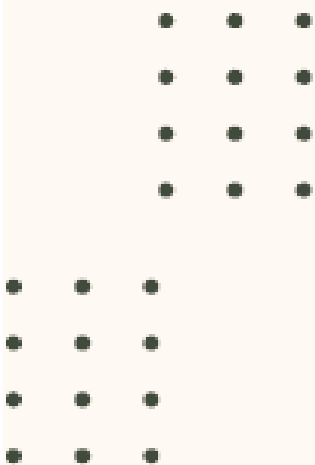
# Topic: Emotional Regulation



Thursday February 8




6:30 pm - 8:00 pm  
In the Laurie Library



Every month, parents, students, and community members are invited to join Lauren Gruggen (counsellor), Aaron Thorn (principal) and community experts in the Laurie Middle School Library for an evening of conversation and exploration about topics that are hard to talk about.

All SD5 families are welcome !



Snacks and  
Pizza provided

