

Howling Coyote Newsletter

December 2020

ki?suk kyukyit! Taanishi! Halu! Hello!

From Marie, Alison and Sheena
Aboriginal Education Team at MBSS/KES

ʔakinmi yakiʔ ʔituq ʔiʔqakʔamnamki



ki?suk kyukyit hu sukiʔqukni kin wamiʔkiʔ Ktunaxa ʔamakʔis

**Acknowledging we are in the
Home lands of the Ktunaxa People.**



Aboriginal Education Support Workers

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Marie Dawson
MBSS (250) 426-5241 ext. 755
marie.dawson@sd5.bc.ca

Sheena Rivers
KES (250) 426-6677
sheena.rivers@sd5.bc.ca

Mount Baker Secondary School Website

Mount Baker-

[https://www.sd5.bc.ca/school/mbss/Pages/default.aspx#/=](https://www.sd5.bc.ca/school/mbss/Pages/default.aspx#/)

School District #5 -

[http://www.sd5.bc.ca/Pages/default.aspx#/=](http://www.sd5.bc.ca/Pages/default.aspx#/)

Graduation Photos - Online Booking

All Grads, you can now book your graduation photos online at www.lifetouch.ca/southernalberta.


Once on the website, click on LETHBRIDGE, under CHOOSE YOUR LOCATION choose High School Session, under PROVINCE type BC and under CITY type Cranbrook, your school will then pop up to click on and book!

Any questions can be directed to Lisa Kennedy with Lifetouch Photos at lisakennedy@lifetouch.ca or 403.327.2658

Grad Check

Video: <https://www.youtube.com/watch?v=IXhbIDoAHxg&feature=youtu.be>

Watch this video to understand your Diploma Verification Report and make sure you have what you need to graduate!



**For life's challenges
large and small,
Foundry offers
connection, tools
and support.**

At foundrybc.ca you can:


- Explore what's going on for you with self-checks
- Hear from other young people about their experiences
- Learn about health and wellness strategies
- Discover apps and online tools
- Connect to services online and in your community
- Find a Foundry centre location
- Learn ways to support others

Co-created with and for young people.

·FOUNDRY·
WHERE WELLNESS TAKES SHAPE

Foundry offers free and confidential resources, services and supports for young people ages 12-24 in BC.

foundrybc.ca



Foundry is a province-wide network of integrated health and social service centres for young people ages 12-24. Foundry centres provide a one-stop-shop for young people to access mental health care, substance use services, primary care, social services and youth and family peer supports.

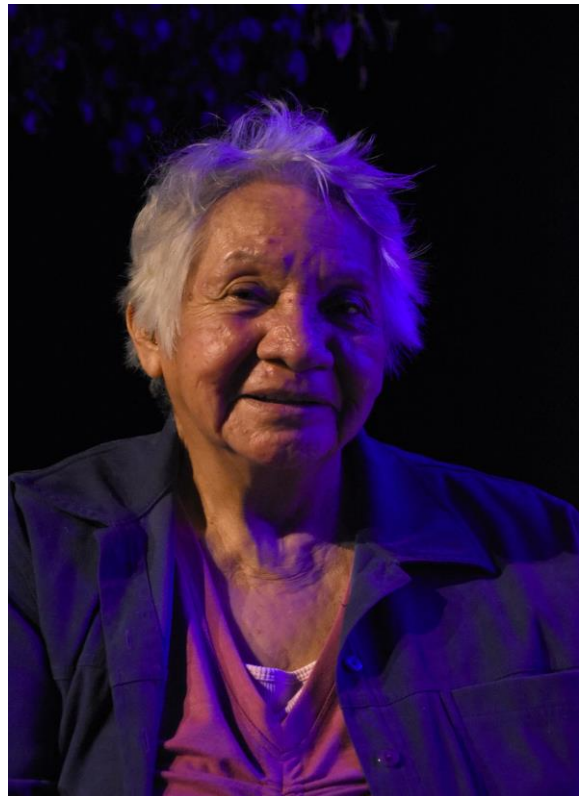
Ask AN ELDER

Do you have a question for an Elder? Please send your questions to Alison Farkvam
alison.farkvam@sd5.bc.ca

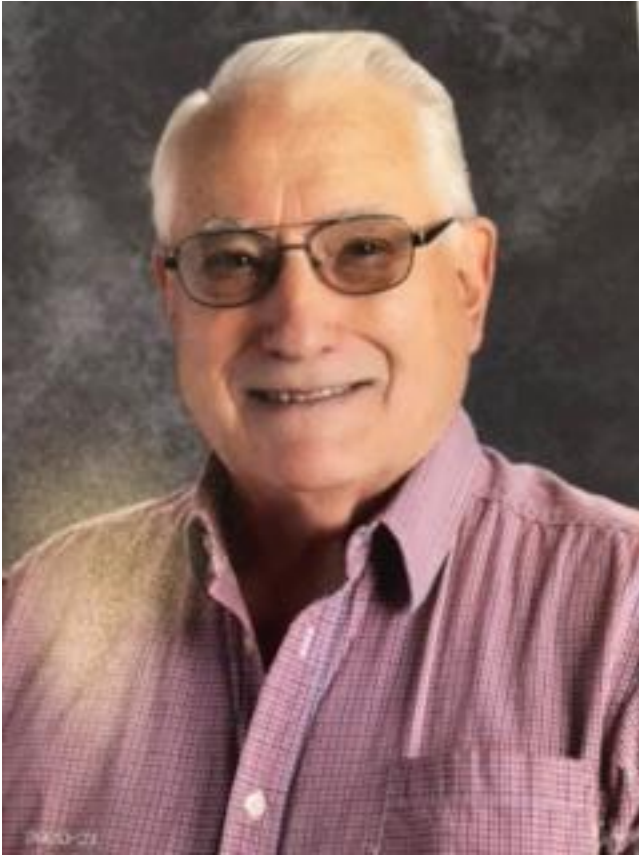
Joan O'Neil



Marguerite Cooper



Mel Ratch



Dorothy Ratch



Winnie Vitaliano



Pheb Goulet





A Merry Métis Christmas Virtual Baking Event

Join the MNBC's Ministry of Youth and facilitators Lorelei Lyons and Ken Robillard for **A Merry Métis Christmas Virtual Baking Event**.

If you are Métis between the ages of 15 - 30, join us with your family for our interactive virtual baking event live from **6:30 - 8:00pm PST on December 10, 2020**. Spots are available for Métis youth to join the delightful Lorelei and Ken as they guide you through how to make baked bannock. There will also be many chances to win great prizes on holiday trivia questions! This free event is for our Métis youth to meet and network with other Métis youth from across the province and have an opportunity to participate in fun holiday activities. All Métis youth and family are welcomed and encouraged to attend.

Registration is through Eventbrite. If you are unable to attend or participate, please let us know as soon as possible so that we may open up a seat to another youth.

The Zoom code and required ingredients list will be emailed to registered participants four days prior to the event. If space is unavailable, join the waiting list by emailing Brittney at bbertrand@mNBC.ca Seats will be held on a first come, first serve basis.

Eventbrite Registration Link: <https://www.eventbrite.ca/e/a-merry-metis-christmas-virtual-baking-event-tickets-128185854341>

NOVEMBER 2020

Language Challenge



Ka?kin ?aqatxu?niy?
(How are you feeling?)



Hu sukixuni?ni
(I am feeling good.)

OR



Hu qa ?ukçitxuni?ni
(I am not feeling good.)

Listen

1) Focus your phone on the QR codes above to **LISTEN** to audio clips.

Practice

2) **PRACTICE** in private and when meeting (both in person and virtually).

Record

3) **RECORD** your team via MS Teams, Zoom, Webex, etc.) and **SEND** it to Leanna at LMGravelle@ktunaxa.org.

DEADLINE: NOVEMBER 27, 2020

Share

4) We will prepare a video to **SHARE WITH OUR ELDERS.**

You can send your video thru MS Teams to the TKL Challenge Page!



**KTUNAXA
NATION**

Contest Corner!

November Contest Corner Winner
Cianne Astaforoff

Can you answer this question?

How do you say “This is delicious (good)” in Ktunaxa?

Find your answer here: First Voices <https://www.firstvoices.com/home>

Contest closes December 31st 2020.

Winners will be announced in the January Newsletter.

Email answers to Marie Dawson: Marie.Dawson@sd5.bc.ca

The first **3 MBSS/KES students** to email the answer, will each win a jar of Saunders Family Farm Strawberry Jam.

