

Parkland News

“Expand Your Horizons”

MARK YOUR CALENDAR

- Dec 8 Pro D, School Closed to Students
Dec 14 Winter Dance, 6-9 PM

Dec 18 School Wide Holiday Dinner
(for students and staff)

Dec 20 Family Night 6-8PM

Dec 25-Jan 5 Winter Break

DECEMBER 2023



Friday Rotations

- Dec 1 Week 1 Wednesday
Dec 15 Week 2 Monday
Jan 12 Week 2 Tuesday

WINTER FAMILY NIGHT

December 20th we will be hosting a family night at Parkland School from 6:00—8:00 PM. Everyone is welcome. Our band will be performing and there will be various other things for you to participate in, including games, projects, hot chocolate making and course specific activities. Various community liaisons will be here, including RCMP, Child & Youth Mental Health as well as Interior Health. Everyone is welcome!

SCHOOL WIDE HOLIDAY DINNER

Parkland will be offering a holiday lunch for all students and staff on Monday, December 18th. This free luncheon will include turkey, gravy, stuffing, carrots, corn and a bun. A huge thank you to PAC for funding this lunch and to the Home Ec. department for preparing it!



POINSETTIA PICK UP



Our Parkland Band fundraiser was very successful. Thank you for your support. Poinsettias will be ready for pick up on December 6th from 3:30—6:00 PM at the school.

REMEMBER DON'T LEAVE POINSETTIAS OUT IN THE COLD

Hosted by Parkland Counselling On Wednesday, December 20th in the Library during our Winter Family Night



Do you have questions about teen mental health, substance use, or other important issues within our community. Several important community services will be here offering an informal Q&A. Stop by the Library to say hello during our Winter Family Night.

Community Services:

- RCMP School Liaison
- Child and Youth Mental Health (CYMH)
- Interior Health (Youth Substance Use Connections)

YOUTH CARE UPDATE

All students are invited to partake in school food programs, in a non-stigmatizing, safe environment. Programs include Breakfast Club, nutritional snacks and lunches.

A big thank you to PC Charity, Power Full Kids Eat Program. With the financial assistance from this program we have expanded our Breakfast Club, supported families, and incorporated hot meals into lunch activities. It brings us so much joy to be able to create connections with food, while students learn about healthy eating, smart choices and expand their nutritional intelligence.



Drop by our hot chocolate stand at the Open House on December 20th and say hello to our Youth Care team, Ms. Robin & Ms, Kelly. Wet your whistle with a hot chocolate. You will be able to make your own masterpiece with whipping cream, sprinkles and marshmallows.



Everything is Online – What should parents know/do?

“Social Media Awareness” Family Session on December 5th at 7:30 pm MST. This is a 60 minute Zoom session offered by Safer Schools in partnership with The Ministry of Education (www.saferchoolstogether.com). The session is free. Use the link below to register and receive instructions to attend.

[Family Session: Establishing Safe, Caring, & Respectful Digital Communities Tickets, Tue, Dec 5, 2023 at 7:30 PM MST | Eventbrite](#)

Indigenous Education Parkland Middle School

November was a great month with many activities and cultural events.

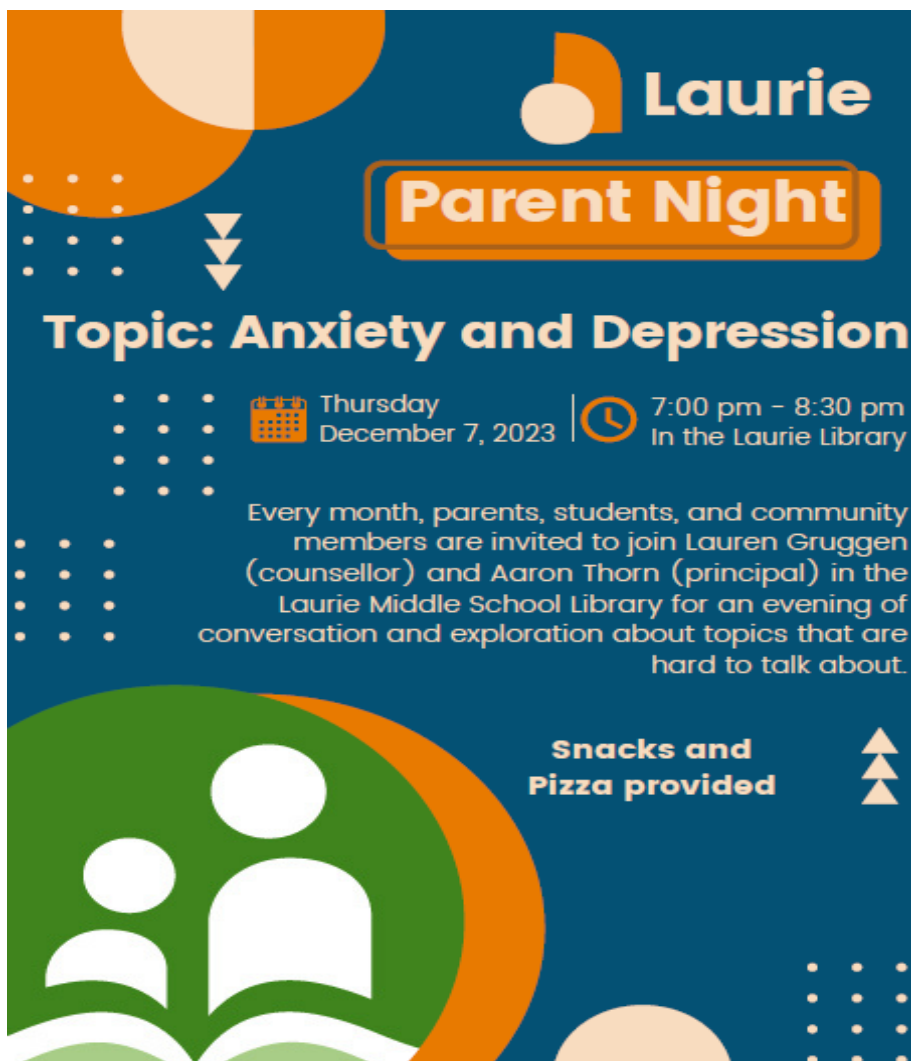
The Foundry came and made a presentation; Kat Jimmy invited students to come down to the Foundry building. Please refer to the 2 posters included in this newsletter. There is an optional for students. Foundry is planning on opening at the end of February 2024.

In December students will have the opportunity to visit with the Elders during lunch hour Dec. 14th.

The Indigenous Leadership activity for the month of December will be to support people in our community. Students will be knitting or crocheting cloths and we will put together zip lock bags with personal care items.

Please let me know if you have any questions, ideas or need to contact me. I am available at the school or call 250 417 7323.

Johanna Kinsman IESW



Laurie
Parent Night

Topic: Anxiety and Depression

Thursday
December 7, 2023 | 7:00 pm - 8:30 pm
In the Laurie Library

Every month, parents, students, and community members are invited to join Lauren Gruggen (counsellor) and Aaron Thorn (principal) in the Laurie Middle School Library for an evening of conversation and exploration about topics that are hard to talk about.

Snacks and Pizza provided



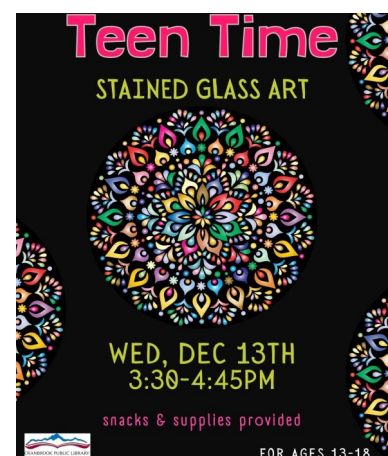
JOIN ROCKY MOUNTAIN
MÉTIS ASSOCIATION
FOR A
kids christmas party

DECEMBER 19, TUESDAY
4:30 PM TO 7:30 PM

EAGLES HALL
711 KOOTENAY STREET
CRANBROOK BC

Light dinner, drinks, crafts and fiddle music!!

Please RSVP and register your children for a gift at
rmmanavigator@gmail.com



Teen Time
STAINED GLASS ART

WED, DEC 13TH
3:30-4:45PM

snacks & supplies provided

FOR AGES 13-18

3rd Annual Holiday Food Drive

Parkland's annual food drive for the Cranbrook Food Bank will run from December 5th -13th. Please send your child with cash / coin donations as well as any non-perishable items that you wish to share with the Food Bank. This is a worthy cause and any donation, no matter how small, can make a big difference.

Homerooms will score 1 point for every item and for every \$0.50 donated. The winning homeroom will earn chocolate and be the first to eat at our holiday dinner!



BASKETBALL SEASON IS UNDERWAY

Our Junior Girls and Junior Boys basketball teams will be participating in their first tournament of the season. The girls are playing at Parkland and the boys will be at Laurie. Stop by and check out some of the action. A reminder that basketball fees are due, Kidsport is available to students requiring financial assistance. It is easy to apply and only takes a minute. Click the link below for more information.



https://kidsport.smartsimple.ca/s_Login.jsp



Parkland Middle School

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Phone: 250-426-3327

Ms. Brenda Tyson – Principal, ext. 21203

Mrs. Pam Drydale – Vice Principal, ext. 21204

Mr. Dan van der Walt – Counsellor, ext. 21209

Check Out Our Web Site pms.sd5.bc.ca