



École Isabella Dicken Elementary School

1301 2nd Avenue, Fernie BC

<http://www.sd5.bc.ca/school/ides/Pages/default.aspx>

T: 250-423-4651

Principal's Message

We have a busy April, and May! Please continue to check your child's agenda, and the newsletter for important, upcoming dates.



Thank you, our wonderful parent community, for our Staff Appreciation Luncheon. Thank you, PAC, for organizing! There was a lavish display of food and desserts which were enjoyed by all our staff. Thank you for the environmentally friendly lunchable pocket gift from www.radishandpatch.com

We appreciated the thoughtful gesture.

World Down Syndrome Day (WDSD) is a global awareness day which has been officially observed by the United Nations since 2012. It is celebrated on March 21st but at Ecole Isabella Dicken Elementary School, we will be celebrating together on Thursday, April 21st by wearing lots of colourful socks! #lotsofsocks. Join in with us to advocate for the rights, inclusion and well-being of people with Down Syndrome. <https://lotsofsocks.worlddownsyndromeday.org/pages/about-us>



On April 26, 27, 28, 29 EIDES will be holding Parent/Teacher interviews. This means that on these four days all classes/students will have an early dismissal at 2:05 PM. Buses will bring the children home at this time, except for the Elko bus students. If you have any questions or concerns about your child's progress at any time during the year, please contact your child's teacher to discuss concerns.

As always, thank you for all you do for both our school and our community.

Sincerely,

Laura-Lee Phillips & Janet Kuijt
Admin Team





IMPORTANT NOTES FROM OUR OFFICE

ABSENCES

The SchoolMessenger app is up and running. If you know your child will be absent or late from school, please use the app. You may also call the office at 250-423-4651 or email ides.mailing@sd5.bc.ca **before 9:00 am.** Your help with this will save our secretaries a lot of time as they make a call home for every unreported absence to ensure the child is safe. **If you haven't downloaded the app please read the information provided in this newsletter.** Thank you.

VISITORS

For safety reasons, we ask that all visitors check in and sign in at the main entrance off 2nd Avenue.

COURTESY BUS RIDERS

Due to a bus overloading situation, **we are no longer able to allow courtesy bus riders** to be transported on school buses from ÉIDES. Safety for our students is our utmost concern and an accurate passenger list is essential. Only students registered with the bus department will be allowed to ride our buses. If you have any questions, you can call the bus department at:
250-423-5885 EXT 1.

VERIFICATION OF PERSONAL INFORMATION

We are asking families to **update any changes** to their contact information (emails, phone numbers, emergency contacts, address, etc.) as soon as applicable. Please email any updates to ides.mailing@sd5.bc.ca

ÉIDES IS A "PEANUT & NUT FREE" SCHOOL

PLEASE DO NOT send ANY product to school that contains peanuts or nuts. ÉIDES has several children and staff who have a severe life-threatening food allergy (anaphylaxis) to peanuts and nuts, which can cause a severe reaction to specific foods and can result in death within minutes.

MEDICAL ALERTS

If your child has a medical condition that requires special attention (i.e. life-threatening allergy or carries an epi-pen) PLEASE ensure that you inform us. We have a Medical Alert policy and planning forms for parents to sign to help us provide any necessary care.



TRAFFIC SAFETY

Morning drop off and after school pick up times are very busy and continue to create safety concerns. Please help us keep everybody safe by helping with the following:

- Remind your child to use the crosswalk properly and to look both ways before crossing.
- **Please do not stop or block crosswalks with your car.**
- **Please do not block driveways with your car.**
- We ask that you **DO NOT** bring your dog onto the playground.
- Bikes and scooters need to be walked through the playground, on sidewalks, and crosswalks.
- Remind your child of bicycle safety rules especially for riding on the streets.
- **The staff parking lot is for STAFF only; please do not use it as a drop off spot.**
- **Please DO NOT park in the STAFF PARKING lot.**
- Please do not linger in drop off/pick up zones during peak times.
- Please respect the no stopping and handicap parking zones.
- 13th Street is a bus zone **DO NOT** use it for drop off or pick up.
- Please **NO U-Turns** in School Zones
- Please **DO NOT IDLE** cars while parked in front of the portables

The four seasons



Change of Seasons

Spring will soon be upon us.

Students must come to school dressed for all weather and prepared to be outside.

Students will be kept indoors during the winter months when the temperature is -20° Celsius or colder. The wind chill factor will be taken into consideration. Keeping the students in will be at the discretion of the lunch hour supervisor, Vice-Principal or Principal. When cold weather persists for several days, we keep the students mostly indoors but will send them out for 15-20 minutes over the lunch break to get a little fresh air and exercise. We find that students become very restless if they stay in too often. So please come prepared.

School District 5

2021-2022 Amended Annual School Calendar

April 2022						
Su	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2022						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2022						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

School Breaks

Professional Development Days

Stat Holidays

Administrative Day

Second Semester Starts



DATES TO REMEMBER

SD5 Annual School Calendar:

<http://www.sd5.bc.ca/school/ides/About/calendar/Pages/default.aspx>

ÉIDES School Calendar on Website:

<http://www.sd5.bc.ca/school/ides/Pages/default.aspx>

April

Monday, April 11	Reading Log Pickup
Tuesday, April 12	Drama Practice, 3:15 – 4:30 in the gym
Friday, April 15	No School – Stat Holiday
Monday, April 18	No School – Stat Holiday
Tuesday, April 19	Drama Practice, 3:15 – 4:30 in the gym
Thursday, April 21	World Down Syndrome Day at EIDES #lotsofsocks
Monday, April 25	No School, Pro-D
Tuesday, April 26	Reading Log Pickup
Tuesday, April 26	Drama Practice, 3:15 – 4:30 in the gym
Tuesday – Friday, April 26 – 29	Early Dismissal 2:05

May

Monday, May 2	Jump Rope 4 Heart
Tuesday, May 3	Drama Practice, 3:15 – 4:30 in the gym
Thursday, May 5	Ready Set Learn 1:30 – 2:30
Tuesday, May 10	Drama Practice, 3:15 – 4:30 in the gym
Friday, May 13	Kikomun Cross Country Race
Tuesday, May 17	Drama Practice, 3:15 – 4:30 in the gym
Tuesday, May 17	Afternoon Noon Science Fair
Friday, May 20	No School
Monday, May 23	No School – Stat Holiday
Tuesday, May 24	Drama Practice, 3:15 – 4:30 in the gym
Thursday, May 26	Bike 'Roadeo' K – 2 9:00 – 12:00
Friday, May 27	EIDES School Track Meet
Tuesday, May 31	Drama Practice, 3:15 – 4:30 in the gym



Noon hour supervisors needed

Supervisors needed at Isabella Dicken Elementary School for 1 hr/day

Contact the principal or create a profile at

SD5.bc.ca
(career opportunities)



School District #5
(Southeast Kootenay)



Custodian Needed



We are looking for evening* custodial coverage for the Kootenay Learning Campus

**Reverts to dayshift during spring break, summer and Christmas breaks*



School District #5
(Southeast Kootenay)

Create a profile and apply today!
SD5.bc.ca (career opportunities)



BECOME A

HOST FAMILY

NEW STUDENTS ARRIVING SEPTEMBER 2022

As of September 1, 2022, host families in Fernie will receive \$1300 per student per month.

FOR MORE INFORMATION, PLEASE CONTACT SOPHIA YANG:
SOPHIA.YANG@SD6.BC.CA
(250) 423-1760



APPLY TODAY!

www.rminternational.ca/homestay2



École Isabella Dicken Elementary School
Daily Bell Schedule

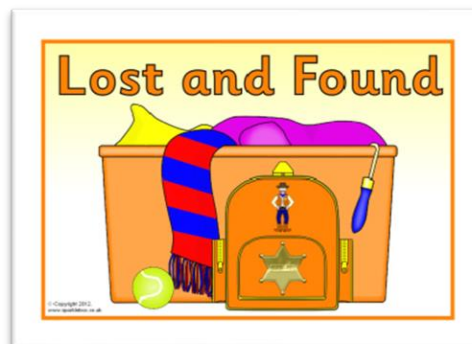
Please come as close to the bell as possible. Thank you.

8:20 - 8:50 Morning Supervision #1
 8:30 - 8:50 Morning Supervision #2
 8:50 Welcome Bell / Students Enter
 8:55 Classes in Session

Recess	
10:15-10:30	Kindergarten & Gr. 1 on the primary playground Grade 5 – 6 on the intermediate playground
10:30-10:45	Grade 1/2 – 2 on the primary playground Grade 3 – primary or intermediate Grade 3/4 -4/5 on the intermediate playground

12:15-1:05	Lunch		
Lunch	K-1 & 1/2	12:15-12:40 12:40-1:05	Outside primary playground Lunch
	2-3	12:15-12:40 12:40-1:05	Lunch Outside primary playground <i>3s allowed on intermediate</i>
	3/4-4/5	12:15-12:40 12:40-1:05	Lunch Outside intermediate playground
	Gr 5 – 6	12:15-12:40 12:40-1:05	Outside Lunch

1:00 pm Welcome Bell
 1:05-3:05 Classes in Session



Parents, if your child is missing something the lost and found is on the wall by the gym doors. Please have them check when going into the gym.
 Thank you.

Student Learning Survey 2021/2022

The Provincial Student Learning Survey is unique in its scope, size and usefulness to schools. It gathers information from parents/guardians/caregivers, teachers, and students on topics related to school environment, safety, and achievement. The information is used for planning in individual schools and provides a district and provincial perspective.

Early in 2022 the Student Learning Survey will be administered to students in grades four, and their parents/guardians/caregivers, and all school staff. We encourage parents/guardians/caregivers to participate in this survey, as the results are important in identifying and celebrating current strengths, as well as determining where the school needs to focus improvement. The surveys contain standard questions for the Province – in addition, questions from the school and/or district that focus on local conditions or issues may be included.

The survey can be completed electronically and can be accessed on the Internet at http://www.bced.gov.bc.ca/sat_survey. Any computer with an Internet connection can be used, and access to the e-survey is simple and secure. The survey can be accessed through the link with or without an anonymous logon code by selecting the school district and school name where your child attends school. Provincial, District and School Reports for previous years can be viewed at the same site under the Results section.

The e-survey site will be open until April 29th.

If you have any questions, please contact the school at 250-423-4651.

Youth Care Workers and the ABED Support Worker are expanding Build it Club!

Build it buddies has become quite a popular playgroup amongst our panthers here at EIDES and we would like to provide this program to more builders within our school. Recently, our Aboriginal Support Worker has provided our older build-it friends with some more advanced building projects which have been amazing, but Lego is still one of their favourites!

To expand the program, we will need more Lego which can be quite expensive to acquire. So, we are reaching out to parents who might have extra Lego supplies! Please contact the school if you would like to donate your Lego, I know our builders would really appreciate the help!



RUNNING CLUB

We'd would like to send a big thank you out to PAC for their generous contribution to the running club program. All 320 members are so thankful!

A reminder that Kikomun race is coming up on May 13. All interested runners must have a marathon (42kms) by then and must commit to running with us regularly. More information will be sent home closer to the date. We hope that all running club members keep coming out to run, even if they are not going to the Kikomun race.

Keep up all the hard work Panthers!

The Running Club Team



Environment Club

The École Isabella Dicken Elementary Environment Club is an active group of students who are engaged in finding ways to help our environment locally and beyond. We have been hard at work since last winter with many projects from reducing waste in school lunches, challenging students and staff to Go By Bike, and planting trees in our schoolyard (which unbelievably made it through the summer thanks to dedicated waterers!). This fall our club members worked hard to create awareness around plastic bag use and the detrimental effects of single-use plastics in our community and in the wider world. We recently created a video showcasing our concerns that were then presented to City Council. Hopefully, with this, we can make a difference!

Our next project is one that will help protect biodiversity in our community. With generous donations and volunteer time, we will be creating nesting boxes to help bird species like Tree Swallows, Violet-Green Swallows, Red-Breasted Nuthatches, and numerous types of Chickadees. This will give these birds a safe place to incubate their eggs during nesting season, increase the populations of these birds, provide us with viewing opportunities, and maybe even reduce annoying insects during the spring!

If you are interested in joining the École Isabella Dicken Elementary Environment Club, meetings are Tuesdays at lunch, usually in the library. Come join us anytime!





SCHOOL DISTRICT 5
SOUTHEAST KOOTENAY

École Isabella Dicken Elementary is excited to announce plans for our 2022 Ready Set Learn! We are sending out our Ready Set Learn bus to pick up our future kindergartens and their parents!



The Ready Set Learn Bus will be coming to a stop near you!

Thursday, May 5th
1:30 pm ~ 2:30 pm

Jump on the bus and come to school!

Please call 250-423-4651 to register your child for Ready Set Learn.

A kindergarten readiness program for children entering Kindergarten in September 2022 or 2023. All children 3 & 4 with their parents are welcome.



Parents/caregivers with children can meet the bus at the predetermined stops (see below) to ride the school bus to École Isabella Dicken Elementary School. We will do our best to stay on schedule BUT please remember that bus arrival times are estimates!

There will be 2 school buses and you will be picked up at the following locations and times:

- 1:05 Max Turyk School OR Ridgemont Park**
- 1:10 Fernie Heritage Library OR Aquatic Centre**
- 1:15 Arena OR Annex Playground Park (12th St. & 10th Ave)**

Children will participate in activities in and around the school while parents are introduced to school readiness strategies and staff in École Isabella Dicken Elementary School Gym. At 2:30 the bus departs the school.

For more info: ides.mailing@sd5.bc.ca
250-423-4651



**What's NEW in the Panther's Pantry -
Easter Brunch and
Morning Breakfast Wagon Volunteers Needed**



Every morning we run a rolling breakfast wagon full of nutritional items for any student needing more food to start their day. With volunteers allowed back in our school – we are looking for parents who have time to walk the breakfast wagon around from 8:30-9am each morning. We have 2 wagons – one for primary and one for intermediate – and are happy to train and welcome in volunteers to this popular school service! Whether you have one day a week or more.... We'd LOVE to have you join our team!

Also – Easter is next week so on **Thursday April 14th from 11-12pm we are hosting an Easter Brunch** for a small group of students and staff. If you have time to help prep, serve or clean up for this special social event – please contact the school:

ides.mailing@sd5.bc.ca

ÉIDES CODING CLUB – Back for 2022!

We are starting Coding Club on April 27. We are very grateful to Mr. David and Ms. Nguyen who will be jointly leading this extra-curricular club. (ps - extra volunteers are welcome!)

It will be in the library for grades 3 - grades 6 on Wednesdays after school 3:05-4:15pm.

Coding Club will use the same robots that PAC helped fund in 2020 – Dash and Dots. Teachers will have registration forms mid-April for interested students.

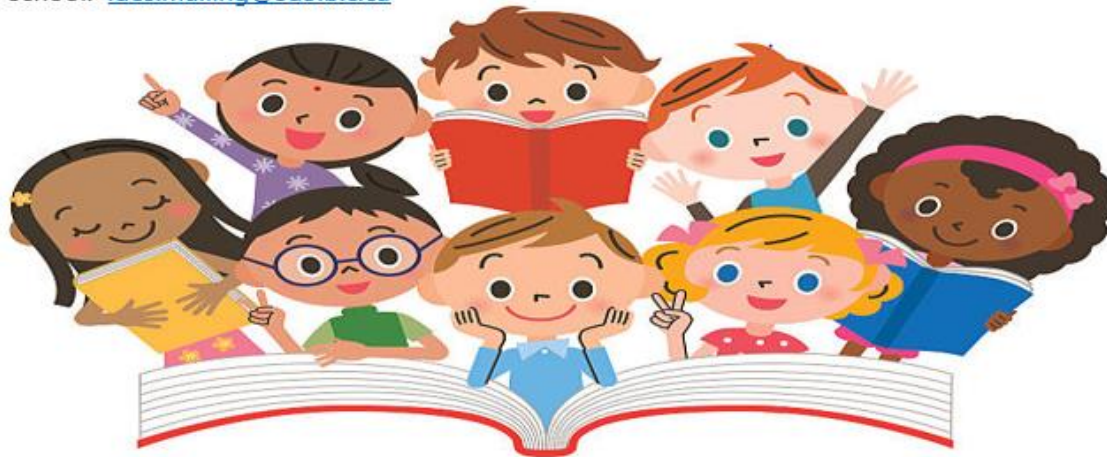
Registration Deadline is: Wednesday April 20th.

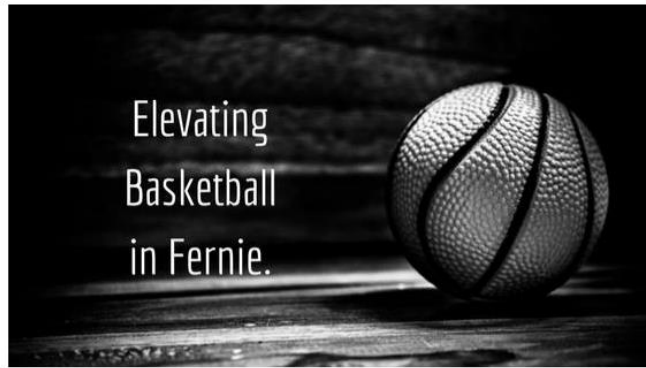


One to One Reading Volunteers Needed

We are so grateful to our current team of One to One Reading program volunteers and thankful for some recent training from Chrisy Hill at CBAL! We are excited to re-start this wonderful reading support program mid-April.

If you are interested in helping our students improve their reading skills – please contact the school: ides.mailing@sd5.b.c.ca





GRADES 3-6 CO-ED

REGISTRATION NOW AVAILABLE AT ferniebasketball.com under the PLAY tab

Practices on Thursdays at IDES 3:15-4:30

10 weeks

COST IS \$200 Please contact Jen at ferniecelevatebball@gmail.com if your athlete requires funding or if you have any further questions.

Fee includes an NBA jersey, a ball, a poster, Basketball BC insurance and membership.



March 10, 2022 Basketball Tournament

Boys results:

- 1st place – Jaffray
- 2nd place – Fernie
- 3rd place – Sparwood
- 4th place – Elkford

Girls results:

- 1st place – Fernie (+36 point spread)
- 2nd place – Jaffray (+11 point spread)
- 3rd place – Sparwood (-9 point spread)
- 4th place – Elkford

Thank you to Copper Tip for Grade 5 Basketball swag!





April 2022 at the Fernie Heritage Library

Pre-school Programming

Storytime (Ages 3-5 years)

Tuesdays 11:30am

Stories, singing and activities for preschoolers and their caregivers.

Toddler Time (Ages 0-2 years)

Wednesdays 11:30am

Stories, singing and activities for babies and their caregivers.

Storytime (Ages 0-5 years)

Fridays 11:30am

Stories, singing and activities for preschoolers and their caregivers.

School Aged Programming

Curbside Craft (Ages 5-7)

Wednesdays on Facebook and Instagram

Pick up your craft kit curbside at the Fernie Heritage Library from 10:00am each Wednesday (while supplies last). Watch a short craft tutorial on Facebook or Instagram.

Inventors Club (Ages 8-10)

Tuesdays 3:45pm-4:45pm (Starts April 12th)

(Registration required, maximum of 6 participants/per weekly session)

A fun, hands-on exploration of the 5 elements of STEAM, Science, Technology, Engineering, Arts and Math.

Teen Programming

Teen Book Club (Ages 11-14)

Tuesday April 26th, 6:30pm

Talk books with teens across the Kootenays and meet the authors in this online book club.

The first half we will have a discussion about the book, *Broken Strings* and in the second half we will talk to the author *Kathy Kacer*.

To get a copy of the book and the zoom link, contact Fernie Heritage Library.

information@fernieheritagelibrary.com

Adult Programming

Read Local book club

Thursday April 21st, 7:30pm

An online book club featuring authors from the Kootenay region. This month read *Tangle of Time* by *Maureen Thorpe*. There will be a meeting held on Zoom to discuss the book as well as meet the author.

To register and borrow your copy of the book, please contact Fernie Heritage Library.

information@fernieheritagelibrary.com

Tea and Talk

Friday April 29th, 1:30pm

For good conversation over a cup of tea, look no further!

Copies of the book are available from the library.

Community Programming

Pick up for a plant

Saturday April 23rd, 11:00am-4:00pm

Celebrate Earth Day with Fernie Heritage library in partnership with Wildsight.

Take part in a Fernie clean, we supply the bag and gloves, you pick up the rubbish. Once you are done, return your bag of rubbish to the library garden and collect your well earned snack and a plant to take home.

Come Do Math and Money with Me

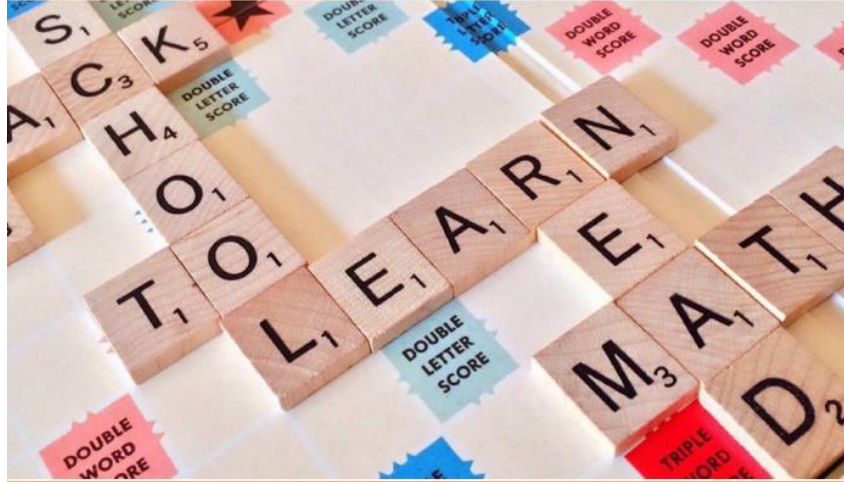
Tues, April 26th
7:00-8:30 pm

Take the stress out of math at home! Join us over Zoom to learn some skills to support your child's math and money skills.

This is a free workshop and each family receives a package of materials!

Email Alison Facey at afacey@cbal.org or call 250-420-7596 to register and receive the Zoom link.

Learning
TOGETHER



TO LEARN MORE, CONTACT:

Alison Facey, Community Literacy Outreach Coordinator



afacey@cbal.org



250-420-7596



www.cbal.org



PROUDLY SUPPORTED BY
Columbia Basin **trust**

Come Do Math and Money with Me!



Date: Tuesday, April 26, 2022

Time: 7:00 - 8:30pm



What will you learn? Parents and caregivers of Grade 1 students will learn how to incorporate math and money into their children's daily lives.

What will your child get? Your child will receive a kit with math puzzles and other math activities. The kit will be delivered to your child's school on or before April 26.

***PLEASE NOTE:** this program requires registration. After you have returned the slip below to your child's school, you will be emailed a link to register. Once you have registered, your child will receive a kit delivered to their school. You will receive a Zoom link on or before April 26.



Please return this part to the school by Wednesday, April 20, 2022. Thank you!

Parent's name	
Child's name	
Teacher's name	
School's name	
Parent's email	







SCHOOL DISTRICT 5
S O U T H E A S T K O O T E N A Y

School District 5 Introduces SchoolMessenger

Continuing to foster and enhance ethical communication between the School District and all learners, students, staff, parents and community in a timely and inclusive manner.

School District 5(Southeast Kootenay) is launching SchoolMessenger for communication with parents. SchoolMessenger is a communication platform that allows our schools and district to send out mass communications to parents/guardians using multiple methods simultaneously. The SafeArrival system provides parents with a faster and easier way of reporting absences.

The benefits of SchoolMessenger include:

-  Parents can choose how to be notified (email, phone call, text message)
-  Absences are easier to report at **1-(833) 566-1225**, on the app or website)
-  More timely notification in an emergency
-  Schools can respond faster when a student is unexpectedly absent and may be missing

SchoolMessenger Communicate



SchoolMessenger Communicate is an automated notification system used to send out general announcements.



As a parent/guardian, you can decide how you want to receive announcements (email, phone call, and/or text message).

There is nothing you need to do to receive announcements from the school. You can customize how you receive what kind (General, Emergency, or Attendance) announcements. For example, you may only want to receive general announcements (upcoming events, newsletters, etc.) via email, but you might want attendance info to come as a text message so that you see it right away.

You can set up your Smartphone or Android phone app or website account right away to make sure you are ready when we launch SchoolMessenger Communicate and SafeArrival:

-  Using your mobile device, download and install the [School Messenger app](#) from the [Apple App Store](#) or the [Google Play Store](#). The first time you use the app, select Sign Up to create your account. Select Attendance then Report an Absence.
-  Use the [Safe Arrival website](#). The first time you use the website, select [Sign Up](#) to create your account. Select Attendance then Report an Absence.



Please get in touch with your child's school if your contact information (email or phone number) has recently changed so SchoolMessenger has the most current information on file.

SchoolMessenger SafeArrival





One of our greatest priorities is ensuring that all our students arrive safely to school every day. To enhance our existing absence-checking procedure School District 5 (Southeast Kootenay) is introducing a new, more efficient student absence

reporting system called **SafeArrival**. This new system will reduce the time it takes to verify student attendance, making it easy for you to report your child's absence and easy for staff to respond to unreported student absences.

It is also used to contact parents and guardians when a child is absent (if the absence was not reported in advance). The automated notification system will attempt to contact parents/guardians at multiple contact points until a reason is submitted for the absence. If our system is unable to reach the designated contacts, office staff will follow up.

If you report your child's absence in advance using the SafeArrival [toll-free number](#), [website](#) or [mobile app](#), you will NOT receive these notifications.

With SafeArrival, you are asked to report your child's absence in advance using any of these **3 convenient methods**:

-  Using your mobile device, download and install the [SchoolMessenger app](#) from the [Apple App Store](#) or the [Google Play Store](#). The first time you use the app, select Sign Up to create your account. Select Attendance then Report an Absence.
-  Use the [SafeArrival website](#). The first time you use the website, select [Sign Up](#) to create your account. Select Attendance then Report an Absence.
-  Call the toll-free number **1-(833) 566-1225** to report an absence using the automated phone system.
-  Contact your child's school directly to report an absence.

The SafeArrival options are available 24 hours/day, 7 days a week. Future absences can be reported at any time up to a maximum of 10 consecutive days. It is important to note that when setting up your account, **you must register using the email address and phone number associated with your child's MyEducation BC account.**

SchoolMessenger SMS

Opt In





**if your number is Canada-based.*

You will receive a text message requesting you to opt into your school or School District 5 text message alert service. This number was provided through your contact information in MyEducation BC.

If you would like to continue receiving messages from your school or district you must reply affirmatively with one of the opt-in key words. Simply reply to the original message (or send a text message to 978338 in Canada) with either the words "opt in" or "subscribe".

If you do not receive a text message, you still can participate in SchoolMessenger SMS (Short Message Service), known as "text messages" from your cell phone by texting "Y" or "Yes" to 978338. Standard message and data rates may apply.


-  For help information, text HELP, INFO, AIDE to 978338.
-  To opt out at any time, text STOP, END, CANCEL, QUIT, UNSUBSCRIBE, ARRET to 978338.

Participating carriers: Rogers Wireless, MTS, Bell, Sasktel Mobility, Telus Mobility

Yours truly,

School District 5 (Southeast Kootenay)

Jennifer Roberts
District Principal

 DAILY HEALTH CHECK	
KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.
Chills	
Cough	
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	If yes to 2 or more of these symptoms: Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.
Body aches	
Extreme fatigue or tiredness	
Nausea or vomiting	
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	If yes: Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the fully vaccinated traveller exemption . Students, staff and other adults who are not fully vaccinated and have travelled outside of Canada CANNOT attend school for 14 days after arrival , as part of federal requirements .
CLOSE CONTACT	WHAT TO DO
Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?	If yes: Follow the instructions provided by Public Health.

You can also check your symptoms with the [K-12 Health Check](#) or the [BC Self-Assessment Tool](#).

Call 8-1-1 with any questions about symptoms of illness. If you have severe symptoms, like difficulty breathing (struggling to breathe or you can only speak single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

Visit the [BC Centre for Disease Control website](#) for more information on COVID-19.

Please check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.

Updated September 22, 2021

