



ELKFORD SECONDARY SCHOOL

October 2019 NEWSLETTER

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Michael Kelly, Principal

Ian Jarrell, Vice Principal

Principal's Message

It is the time of the year for some routine maintenance. I have been busy raking leaves, getting winter tires on my car, doing oil changes on equipment, changing seals on bicycle forks and greasing pivots, plus packing even more maintenance into my evenings and weekends. At school I have been noticing students becoming stressed with the demands of academics, sports, and other priorities in their lives. I want to say that some stress is good, high school is a great time to learn how to manage stress, prioritize time, and learn how to goal set. What does maintenance have to do with this? Well, what about routine maintenance on the body, this often seems forgotten. If we want to perform our best and have a clear mind, we need to do some maintenance. Please consider the following, and discuss with your child. Seems to make sense to spend some time providing maintenance to the most valuable thing we have - ourselves!



Upcoming Important Dates at ESS

OCTOBER		
24	Vball - Sr G - League Games - ESS at FSS	
25	NI Day - Green	
27 & 28	Vball - Bantam Boys - Eks - Creston	
27 & 28	Vball - Bantam Girls - Eks - Kimberley	
28 – Nov 1	Spirit Week	
NOVEMBER		
1	Block Rotation - Wed #2	
1 & 2	Vball - Jr Boys - Eks - Jaffray	
1 & 2	Vball - Sr Girls - Kimberley	
4	Aboriginal Remembrance Day Presentation, SS10 & SS11	
7	Remembrance Day Ceremony, 10am, ESS Dr Hugh Twa Gymnasium	
7	Quarter #1 Ends	
8	NI Day - Yellow	
11	NI Day - Stat	
12	Quarter #2 Begins	
13	PAC Meeting, 6 pm	
15	School Photos - Retakes	
15	Block Rotation - Mon #1	
15 & 16	Vball - Sr Girls - Kootenays - South Slocan	
22	NI Day - Yellow	
25 & 26	Parent / Teacher Interviews, 2-4pm	
29	Block Rotation - Mon #2	
DECEMBER		
4	Elk Valley Elementary Volleyball Tournament, ESS Dr Hugh Twa Gymnasium	
6	NI Day - Green	
11	Christmas Band Concert, 7pm, ESS Dr Hugh Twa Gymnasium	
13	Block Rotation - Mon #1	
20	Block Rotation - Tue #1	
23-31	Winter Break	



Mark Your Calendar.....
Retake Day, Friday, Nov 15



Reminders from the Office....

For attendance purposes, please notify the office at 250-865-4674 or email at ess.mailing@sd5.bc.ca if your child will be away from school for any reason. It is also important to contact teachers for homework. To contact a staff member in our school please email by using: firstname.lastname@sd5.bc.ca.

If there are any changes to your personal contact information (phone numbers, addresses, email, etc.) please let the office know by emailing: ess.mailing@sd5.bc.ca.

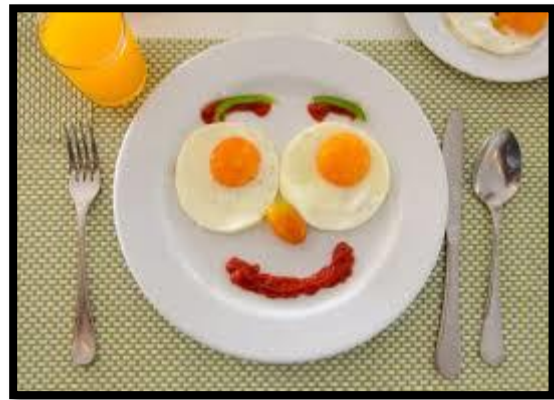
Elkford Secondary PAC

Every parent and guardian that has a student at ESS is automatically a member of our Parent Advisory Committee (PAC). Each year the ESS PAC distributes funds for extracurricular materials and activities for our students. This ranges from presentations at our school and help with field trips to maintaining equipment that has previously been purchased by PAC. We also provide new equipment to our sports teams and support for any other club in the school as well as any extracurricular supplies needed. Without volunteers this support would not be possible.

Please consider attending monthly PAC meetings which are always held at the ESS Library at 6pm. The next meeting is Wed, Nov 13.

Breakfast Program

Breakfast makes our school better! The Breakfast Program has received a generous donation from the United Steelworkers. Thank you very much Local 7884!



Music/Band

- Band 8/9 students fundraising with Purdy's chocolate till November 6th.
- Christmas Concert on Wednesday, December 11 @ 7 PM in the Dr. Hugh Twa Memorial Gym.

Junior Shop

This term the grade 9 shop students of Elkford Secondary are learning the basics of Jr. Woodworking. They have demonstrated proper safety and hands on technical skills and are building a small wood box. Each project is a stepping stone for future projects and assignments.



Mrs. Wenda's Art 12 Class

Developing their sculpture and sketchbook assignments.



Environmental Science 11

This past month we have been studying ecosystems around the globe in Environmental Science 11. Students chose an ecosystem to study and researched plants, animals and their interactions in their chosen ecosystem. To make the project more “real” we used a virtual reality headset which allowed students to visit their chosen ecosystem, walk around and learn more about what it is like there.



Science 10: Investigating Chemical Reactions

Over the past 2 months, students in Mr. Inskip’s science 10 class have been learning about 6 types of chemical reactions and how the law of conservation of mass helps to balance and predict the products of the chemical equations. Students also learned how concentration, temperature, surface area, and catalysts all affect the rate of reaction.



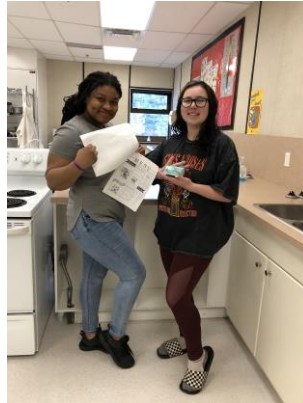
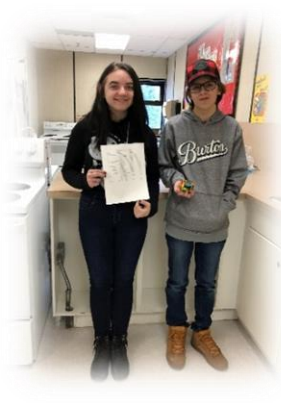
Socials 9

Socials 9 busy playing “Industrial Revolution”, the game they created to complete their unit.



Senior Foods

We have recently completed a project designing a food truck, we started by interviewing students at ESS, asking them what kind of food they would most likely buy from a food truck and the maximum amount of money they might spend for a meal. We then selected a theme and menu for our truck. After our research, we made our menus and prepared two items to share with our tasters. We much appreciated their feedback. It was a great project and an awesome way to show our cooking skills



Career 10

Careers 10 students have been working hard to complete their Leadership Coat of Arms project. Each coat of arms included symbols to represent their personality, interests, emotions, learning style, knowledge, and values.



Life Science 11/12 Trip to Calgary

Submitted by Taylor King

Oct 3 & 4 my Biology class embarked on a journey to Calgary to visit the Calgary Zoo and The Telus Spark Center. While at the zoo we participated in a program about evolution that displayed the journey human beings have taken to get where we are now. The program was very educational and hands on, making the experience very interesting. After the program, we were given the opportunity to walk around the zoo and experience the animals by ourselves. After spending a very fun night at a hotel, we



departed the next morning to The Telus Spark Center. At the science center we partook in a program that centered on mental health and the human brain. During the program we learned about the human brain and how our mental health can affect other areas of our lives. At lunch we were allowed to walk around the science center and experience the different kinds of exhibits they had. My favorite part of the trip was the presentation that followed the brain program where a scientist completed a series of experiments that physically showed us how our brains work inside our bodies. This trip was very enjoyable, as well as educational. I hope that future classes will be able to enjoy this experience as much as I did.



Science 9 – In Action!



Science 9 students are busy learning about their local watershed. Mrs. Buchan's Science classes went on a field trip with Janelle from the "Know Your Watershed" Program. The day started with a guided tour of the District of Elkford's water system, our tour guide Aaron Simpkin, provided us with a lot of valuable information and insight explaining our water system, from mountain to tap and tap back to the river. Students had many questions along

the way.

The afternoon was spent at Boivin Creek. Students conducted experiments such as measuring the PH level, and measuring the water temperature and salinity with Janelle. They also worked in the creek gathering samples of different bugs. With the guidance of Beth from the Elk River Alliance, students learned to identify water bugs from caddis to mayflies.



It was an awesome day with excellent learning! A big Thank You to the District of Elkford and Wildsight from Elkford Secondary's Science 9 classes!



For Take Me Outside Day on October 23
Ms.Scheller's Career 10 students spent time cleaning up garbage around the school grounds.

Student Vote 2019

The Social 10 class put in an amazing amount of work in organizing the Elkford Secondary School's 2019 Student Vote.

Students all across Canada participated in their very own Student Vote, voting on the Federal Candidates of their electoral riding.



The Social 10 class organized the ESS Students Vote, and directed the entire Student Vote process.

They researched the parties and candidates, informing all ESS classes on Student Vote and their voting options.

Students also created all information resources, facilitated the two days of voting, and officially tallied all of the results at ESS.

Great job Social 10!

Elkford Secondary School recently participated in the 2019 Federal Student Vote. Student Vote included results from 8,005 schools, covering 338 federal ridings, consisting of 1,189,614 votes.

Results at ESS are as follows:

Rob Morrison / Conservative	56 votes
Wayne Stetski / NDP	38 votes
Rick Stewart / PPC	14 votes
Trev Miller / Animal Protection Party	12 votes
Abra Brynne / Green Party	12 votes
Robin Goldsbury / Liberal	8 votes
Spoiled Ballots	28 votes
*all students were to participate, but could opt to 'spoil' their ballot	



Further results from across Canada can be found at www.studentvote.ca/results

Us vs Them: Genocide 12 students share their solutions with English 11

How do you reconcile relations between divided groups? A difficult question, but not one above the Genocide Studies 12 students. After extensive research, creative brainstorming and intensive planning, they pitched their solutions to our English 11 class for feedback. Topics ranged from Native American reconciliation in the USA, new immigrants to Canada, high school cliques and a look into the past at the Nazis and those they persecuted. The English 11 students were an excellent audience and had some challenging questions for the 12s. They followed up the presentation with suggestions for each presentation, both on presentation skills and how well developed the solutions were. We'd like to thank the 12s for some important perspectives and recognize the effort you put into your solutions. Your projects led to some great discussions and we hope our feedback helps.

English 7 & 8: Genius Hour

As the inevitable cold weather approaches, the students are preparing to fight their own battle: with their inner genius. The grade 7 and 8 English classes will be completing a year-long project that involves something they are passionate about. It does not have to be something to do directly with English, but any area of their lives they find interest in. Students will have approximately 2-3 hours per month of in-class time to work on their amazing ideas. Their

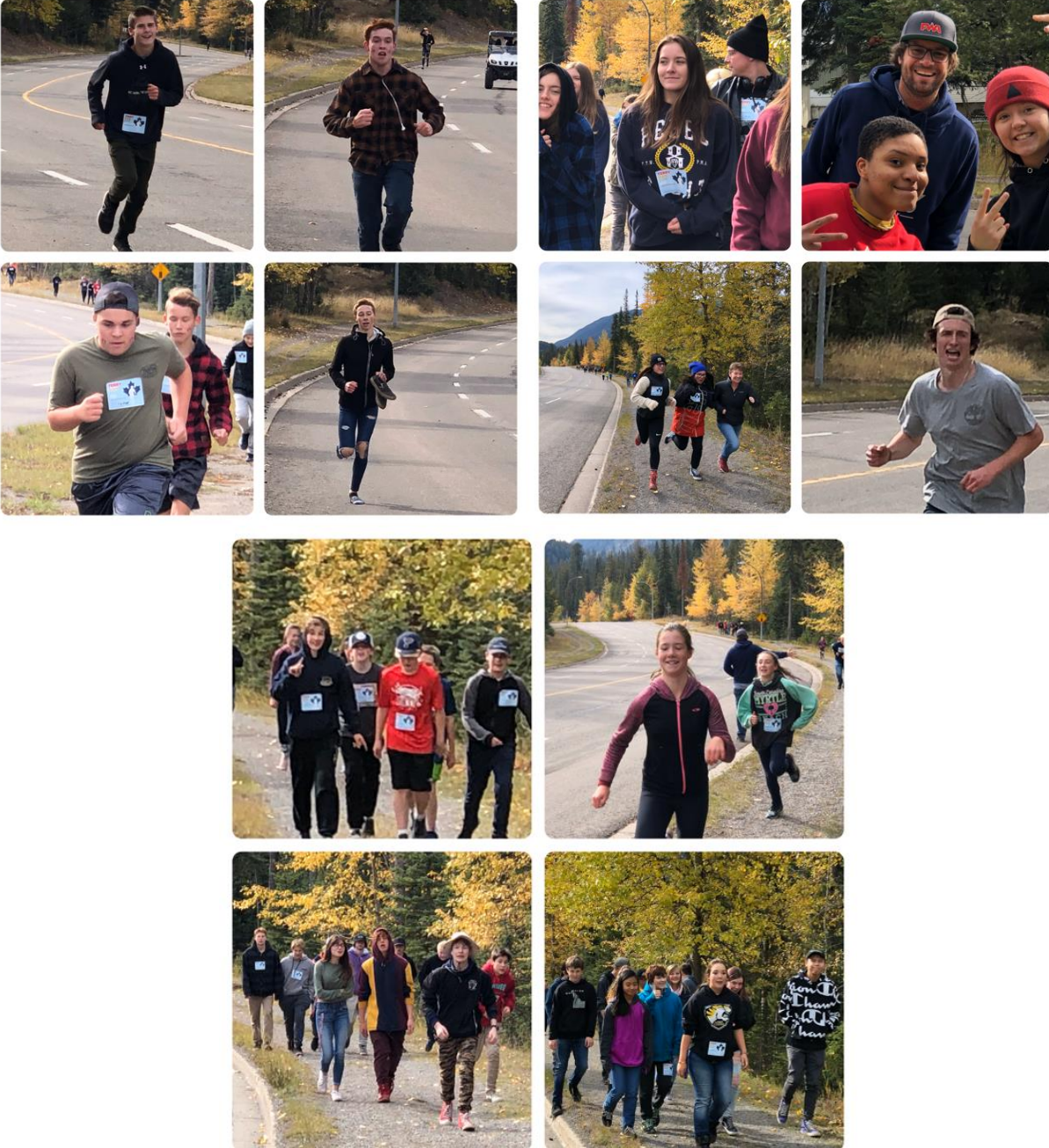


project will include setting goals to complete an end project, while tracking their progress in a media of their choosing, in order to meet many curricular competencies. At the end of the school year fellow students, teachers, parents/guardians, and community members will be invited to see the outcome of each students' progress during a Genius Hour Fair. However, it is not the end project that is important, it is their progress (and tracking that progress) and learning along the way!

Students have been completing a project pitch this week and seem very excited to far! We have students doing a little bit of everything: learning Russian, scripting and filming a movie, creating a fundraiser, writing a book, and more! It is so amazing to see how creative the students are and how excited they can get when offered the opportunity to explore their own passions. This is an event you won't want to miss! More information will be available near the end of the year if you are interested in joining us for the Genius Hour Fair. We look forward to seeing you!

Terry Fox

On October 2nd our school participated in the Terry Fox run. We fundraised for a week prior to the event and after the event to come to our total of \$507 dollars. We fundraised by having donation jars in the office as well as raffling off a table donated by Mr. Percy. We would like to thank him for this generous contribution. We hope to raise even more money next year for this cause in new inventive and creative ways.



Elkford Celtic Volleyball

As we move towards the end of the volleyball season, we would like to extend a congratulations to the student athletes that have put forth their commitment to their teams and teammates. We would also like to look ahead and wish our teams luck as they move one step closer to East Kootenay and Zone Championships. The following teams will be representing ESS at their prospective championships:

Bantam Boys – East Kootenay Championship – October 25 & 26 – Creston

- Brendan Arthur
- Declan Cook
- Nathan Newlove
- Nicholas Gagnon
- Chase Culver
- Ayden Wells
- Brayden Smith
- Jarred Dagenais
- Chase Wright
- Eddie Chamberlain
- Thorsten Haviland

Bantam Girls – East Kootenay Championship – October 25 & 26 – Kimberley

- Shaelynn Bryan
- Taitum Brownwell
- Chloe Stadnyk
- Larkin Dunn
- Angelina Ford
- Abigail Talbot
- Macy Murray
- Summer Frolic
- Zionne Witawit
- Riley Paton
- Emily Joy

Junior Boys – East Kootenay Championship – Nov. 1 & 2 – Jaffray

- Riley Murray
- Eddie Chamberlain
- Ayden Wells
- Kemper Kenny
- Thorsten Haviland
- Mathieu Dube
- Nathan Newlove

Senior Girls –Kootenay Championship – Nov. 15 - 16 – South Slokan

- Cora McCrimmon
- Makayla Tracey
- Chloe Reed
- Hayley Zielinski
- Payton Bauer
- McKayla McRann
- Jaida Clarkson
- Tianna Mosiondz
- Haylee Reed
- Phillisa Tracey
- Vanessa Smithies



**ELKFORD SECONDARY
SCHOOL**

SPIRIT WEEK

• ————— •
Oct 28 – Nov 1
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Monday, Oct 28 – Tacky Tourist
Tuesday, Oct 29 – Jersey Day
Wednesday, Oct 30 – Decade Day
Thursday – Oct 31 – Costumes
Friday - Nov 1 – PJ Day

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ESS Student Council**