



ELKFORD SECONDARY SCHOOL

November 2019 NEWSLETTER

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Michael Kelly, Principal

Ian Jarrell, Vice Principal

Principal's Message

Principal says: ***"Why did you do that?"*** Student responds: ***"I don't know"***. This question and response cycle is a large part of life as a principal. My hope at ESS is to hear less of "I don't know why I did that". Middle and Senior High is a great time for students to start learning how to act with intention. Senior high in particular is a time when students start on a path leading themselves towards the destination of their future career and life goals (scary to think of). Starting in grade seven students need to start thinking about: what they're putting into their bodies, how the way they are spending their time helps them reach their larger purposes, who they're spending time with, and what they're doing to contribute to their families, schools, and communities.

Students should prepare goals in the following areas:

1. Academics
2. Social life
3. Sports and exercise
4. Healthy eating
5. Family and community
6. Hobbies and interests
7. Screen time
8. Long-term plans

Students need help to set realistic short-term goals on the way to their long-term goal. Setting short term goals helps provide anchors for students in the tough world of being a teenager. Student need to learn how to separate the above areas, document progress, and create priorities. Remember, at this time in life lots of help needs to be provided to kids so they can learn how to meet goals. A sure way not to succeed is to try and make progress in too many areas at the same time, prioritizing is key. Three at a time should be the most. Documentation, conversation, learning, and celebration are all parts of learning how to set and achieve goals. Remember, slow and steady wins the race.

Tracking helps ensure that goals are not neglected. Kids need assistance in ensuring realistic steps to achievement. **SMART** goals can help with this: **S**pecific, **M**easureable, **A**ttainable, **R**elevant, and **T**imely.

Parents, now is the time to start having these conversations with your kids.

A Framework for Student-Goal-Setting

- Maurice Elias



Upcoming Important Dates at ESS

DECEMBER		
	3	Door Decorating Contest, 3 rd block of the day, homerooms
	4	Elk Valley Elementary Volleyball Tournament, ESS Dr Hugh Twa Gymnasium
	4	Bball-Bantam & Jr Boys - Boys - host Fernie
	4	Bball-Bantam & Jr Boys - Girls - go to Fernie
	6	NI Day - Green
	6 & 7	Bball - Sr Girls - SAIT
	6 & 7	Bball - Bantam Boys - Jaffray
	10	Bball-Bantam & Jr Boys - Boys - go to Jaffray
	10	Bball-Bantam & Jr Boys - Girls - host Jaffray
	11	Christmas Band Concert, 7pm, ESS Dr Hugh Twa Gymnasium
	13	Block Rotation - Mon #1
	13 & 14	Bball - Sr Girls - Fernie
	20	Block Rotation - Tue #1
	23-31	Winter Break
JANUARY		
	1-3	Winter Break
	9	Bball - Bantam Boys & Jr - Boys - go to Sparwood
	10	Block Rotation - Thur #2
	10 & 11	Bball - Bantam Girls - Fernie
	10 & 11	Bball - Bantam Boys - Jaffray
	10 & 11	Bball - Sr Girls - Kimberley
	13 - 15	Grad Photos, ESS Conference Room
	15	Bball - Bantam Boys & Jr - Boys - host Sparwood
	16	FAR Ski Trip
	17	Block Rotation - Thur #1
	17 & 18	Bball - Jr Boys - Sparwood
	20	Numeracy 10 Assessment
	22	Literacy 10 Assessment
	23	Bball - Bantam Boys & Jr - Boys - go to Fernie
	23	Bball - Bantam Girls - host Fernie
	24	Block Rotation - Tue #2
	24	Semester 1/Quarter 2 Ends
	24 & 25	Bball - Jr Boys - Fernie
	27	Semester 2/Quarter 3 Begins
	27	Bball - Bantam & Jr - Boys - host Jaffray
	27	Bball - Bantam - Girls - go to Jaffray
	31	NI Day - Green

Elkford Secondary PAC

Every parent and guardian that has a student at ESS is automatically a member of our Parent Advisory Committee (PAC). Each year the ESS PAC distributes funds for extracurricular materials and activities for our students. This ranges from presentations at our school and help with field trips to maintaining equipment that has previously been purchased by PAC. We also provide new equipment to our sports teams and support for any other club in the school as well as any extracurricular supplies needed. Without volunteers this support would not be possible.

Please consider attending monthly PAC meetings which are always held at the ESS Library at 6pm. The next meeting is Wed, Dec 11.



Music/Band

Christmas Concert on Wednesday, December 11 @ 7 PM in the Dr. Hugh Twa Memorial Gym. Please come out and support our students and Mr Ashbridge

Remembrance Day Ceremony

On November 7th, the cadets led a wonderful Remembrance day assembly for the ESS and RMES school communities.

Thank you to those who were involved in the planning of this event.



Chemistry 12

Chemistry 12 students were studying equilibrium systems shifting between reactants and products based on their thermodynamic properties. They monitored an iron/thiocyanate complex using a spectrophotometer to determine the concentration under various conditions.



Shop Classes

A big thank you to Rayco Steel in Sparwood for the generous donation of metal to ESS metalwork program. Each year Rayco donates valuable resources to our school and it is greatly appreciated.

The metalwork students at Elkford have been practicing sand casting this term. The students have been designing their own objects and pouring molten aluminum into sand casted forms.



Senior Foods

Look at these awesome Sushi rolls! Senior Foods class did a great job learning about and making Sushi. They also were very tasty! Now sewing has begun☺



Home Economics 7

This super creative class made some very tasty scary treats from fruits and vegetables. Fun to make and fun to eat!



French 8

Students are exploring the world as they are touring a French city, finding an interesting tourist attraction and giving directions in French from the airport to their specific location. Using the VR Headset and with the help of Mrs. Froehler, students were able to explore the tourist attraction they chose. They also used the Green Screen to film and promote their tourist attraction. What a cool experience!



Science 9

The Science 9 class has been busy coding with microbits. Students have built fans, coded messages and are working toward making a lie detector. It has been a great learning opportunity!



Art at ESS

Here are a few snapshots from Mrs. Wenda's Art Classes. Students in Art 8/9 have been working on acrylic paintings on canvas depicting animal patterns. Studio Art 12 students are polishing their perspective still life drawings and also experimenting with Painting in Virtual Reality using Google Tilt Brush.



Aboriginal Education

The Eagle Bear Spirit Drummers came to Elkford to help us celebrate the Grand re-opening of Dr. Hugh Twa Gymnasium in October. Sd5 staff, students, district employees and community members all celebrated together to the beating of the drums. Everyone was up dancing around the gym, while taking turns drumming with the Eagle Bear Spirit Drummers. The Drummers were able to share their love of music and dancing, everyone participated and filled the gymnasium with smiling faces. Our drum circle included people of all ages and the main objective was to share rhythm and get in tune with each other and ourselves. The act of drumming can be more about channeling personal expression and feeling rather than creating music. It was a wonderful opportunity for our school and community to come together and celebrate.



November was another busy month celebrating Metis week. The celebrations started Nov 4th with a Metis Kitchen Party in Sparwood. JJ Guy and Gordon Strobbe, Metis fiddlers, provided us with hours



of fiddling music and dance. It was wonderful to see so many Elkford students and families there. Some grade 11/12 Metis students also had the opportunity to go to Cranbrook for another Metis Kitchen Party and to take their First Aid course at the College of the Rockies. It was a wonderful opportunity for the students. We are very thankful to the Metis Association for all the support and planning that went into giving the students this amazing opportunity.

Student Council News

The least week of October was filled with fun filled activities and dress-up days. From cozy pjs to tacky tourist outfits, the students did an amazing job of showing their school spirit!



Events are being planned to raise money for the Elkford Food Bank. Stay tuned for information on 'soup and a bun' lunch, a money drive and the sale of candy cane grams. All proceeds will go to this worthwhile cause, so please support Student Council in their efforts to show our little community how much we care!

Fernie Ski Trips

Fernie Resort Ski Trip signup is on now! Open to any students in PE this school year. Great deal for students at \$30+tax for Lift/Lesson/Rental or \$17.50+tax for Lift/Lesson. Dates: Jan 16 & Feb 25. Helmets and Lessons mandatory. Students: sign up just inside the gym. See you on the slopes.



Pep Rally

On November 27th the ESS PAC along with staff hosted an all school pep rally. At this pep rally we celebrated the volleyball teams and the basketball teams. The staff played a volleyball and a basketball game against the senior teams. Following the pep rally lunch was provided to all the students by PAC. A big thank you to Stacey Chislett and all the parent volunteers who assisting with this.



Date: September 20, 2019

Title: Graduation Assessment Requirements Table

If I'm currently in Grade 9...	
• In 2019/20 (Grade 9)	No provincial assessment
• In 2020/21 (Grade 10)	✓ Grade 10 Graduation Numeracy Assessment ✓ Grade 10 Graduation Literacy Assessment
• In 2021/22 (Grade 11)	No provincial assessment
• In 2022/23 (Grade 12)	✓ Grade 12 Graduation Literacy Assessment
If I'm currently in Grade 10...	
• In 2019/20 (Grade 10)	✓ Grade 10 Graduation Numeracy Assessment ✓ Grade 10 Graduation Literacy Assessment
• In 2020/21 (Grade 11)	No provincial assessment
• In 2021/22 (Grade 12)	✓ Grade 12 Graduation Literacy Assessment
If I'm currently in Grade 11...	
• In 2019/20 (Grade 11)	No requirement to complete the Grade 10 Graduation Literacy Assessment ✓ Grade 10 Graduation Numeracy Assessment is required (if not already written). ¹
• In 2020/21 (Grade 12)	✓ Grade 12 Graduation Literacy Assessment
If I'm currently in Grade 12...	
• In 2019/20 (Grade 12)	No requirement to complete the Grade 10 Graduation Literacy Assessment No Grade 12 Language Arts provincial exam ² No Grade 12 Graduation Literacy Assessment ✓ Grade 10 Graduation Numeracy Assessment is required (if not already written). ¹

¹ When a student does not complete a provincial assessment in the expected grade (e.g., the Grade 10 Graduation Numeracy Assessment is not completed in Grade 10), that student is still required to complete the assessment for graduation.

² Language Arts 12 exams listed on the [2019/20 assessment schedule](#) are *only* for students re-writing an exam or completing exam requirements attached to the old curriculum. See *Important Notes* on the first page of the [schedule](#).

You can find the table above on page 10 of the [B.C. Graduation Program Implementation Guide](#).

If you have questions about graduation assessment requirements, please contact Geoffrey.Wiggins@gov.bc.ca.

Assessment Dates at Elkford
Numeracy 10 Assessment – January 20
Literacy 10 Assessment – January 22

**THE MIDDLE YEARS DEVELOPMENT INSTRUMENT (MDI) IS COMING TO YOUR SCHOOL IN
JANUARY/FEBRUARY!**

School District #5 has partnered with the Human Early Learning Partnership (HELP) at the University of British Columbia to measure and promote children's social and emotional development, health, well-being, and assets through the Middle Year Development Instrument (MDI). The Middle Years Development Instrument (MDI) is a self-report questionnaire that asks children in middle childhood about their thoughts, feelings and experiences. The MDI is the first survey of its kind to gather information about the lives of children both in school, in the home and in the community, from their own perspective. The survey questions align with the BC Ministry of Education's K-12 curriculum, which includes a focus on promoting children's personal and social competencies.

Grade 7 students are invited to complete the MDI during class time between:
January 15th and February 21st, 2020.

For more information and to view the questionnaires:
<http://earlylearning.ubc.ca/mdi/>

Parent FAQs:
<http://earlylearning.ubc.ca/mdi/parent-guardian-resources/>

If you don't want your child to participate please contact your child's teacher, fill out the withdrawal form at the end of the parent/guardian informed passive consent letter, or contact the MDI project staff at mdi@help.ubc.ca.

Elk Valley Residents Put your hand up... if you're looking to earn some extra money during the week

We are looking for casual employees to cover Educational Assistant, Custodian, Clerical and Bus Driver positions in Elkford, Sparwood and Fernie



Benefits:

- ✓ Flexible work schedules
- ✓ Fun work environments
- ✓ Scheduled school breaks throughout the year
- ✓ Rewarding career
- ✓ Opportunities for permanent work with regular schedules throughout the year



Rocky Mountain Elementary School



Elkford Secondary School

Come meet our recruiters on
Dec. 5 ■ 10:00am-2:00pm
at the Elkford Public Library

School District #5 Southeast Kootenay



www.sd5.bc.ca

3D PRINTING CLUB – THURSDAYS AT LUNCH – RM 115



December 21 – January 5
1st day back in 2020 is
January 6

Childcare BC invites parents to complete an anonymous survey about child care programs and services offered throughout the province.

Complete the survey: <https://feedback.engage.gov.bc.ca/678234?lang=en>

Learn more about Childcare BC: <https://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children>