



# October Newsletter

## Principal's Message

Happy Fall!

September always brings a flurry of activity as we transition from summer into the school year, and I'm grateful for the smooth start we've had. It's a big shift for students, families, and staff alike—but our incredible students have settled in beautifully and are making the most of their days here at school.

A heartfelt thank you to all the families who attended our Open House! Our wonderful Grandparent volunteers served 100 hot dogs and 275 burgers—what a turnout! Next year, we'll be sure to have even more hot dogs and carve out more time for gathering outside before the event.

Looking ahead to October, there's so much to be excited about. With the continued beautiful weather, many classrooms are taking advantage of the outdoors for learning—whether that's right here on our school field or out in the wider community. This month, we'll be participating in "Take Me Outside Day," an initiative that encourages all students to engage in outdoor learning. We're also thrilled to be partnering with the East Kootenay Teacher Education Program to host a "Story Walk" on October 20th—an experience similar to the one along the Rotary Trail near Kinsman Park. If you haven't seen that one yet, it's worth checking out!

A big thank you to our PAC for organizing the recent Bingo Night! It was wonderful to see so many families and community members come together for this fun, family-friendly fundraiser in support of our Playground Project. Looking ahead, PAC is also gearing up for our ever-popular Halloween Carnival on the evening of October 30th. We truly appreciate the volunteers who are helping with setup, takedown, and the prize table—it's going to be a night to remember!

Finally, thank you to all our families for helping make the start of this school year such a success. Parent-teacher conferences will take place on October 20th and 21st. In the meantime, if you have any questions or concerns, please don't hesitate to reach out.

Wishing you a wonderful start to the fall season!

Warm regards,

*Carissa Hart*  
Principal



kupaquṭaqpiṭk  
October

### Month at a Glance

#### October 8

Hot Lunch  
Subway

#### October 9

Non-Instructional Day  
School Closed

#### October 13

Thanksgiving  
School Closed

#### October 17

Hot Lunch  
Cookies & Milk

#### October 21 & 22

Parent Conferences  
Early Dismissal at 12:05

#### October 24

Pro-D Day  
School Closed

#### October 30

PAC Halloween Carnival

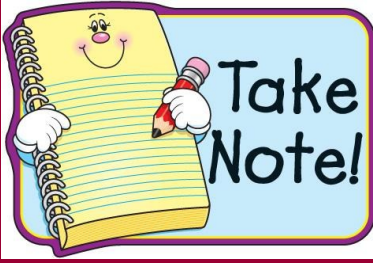
#### October 31

Hot Lunch  
Pizza Hut

#### October 31

Spirit Day  
Black & Orange or  
Halloween Costume





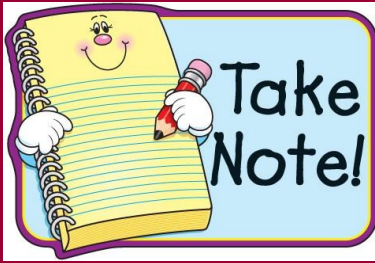
## Parent-Teacher Conference

All students will have early dismissal on Tuesday, October 21st & Wednesday, October 22nd for Parent-Teacher conferences. **On these days, students will be dismissed at 12:05pm.** Teachers will be sending home more information with students.

For families that have bus students, it is highly encouraged that alternate arrangements are made for both these days.

For families that cannot make alternate arrangements, please kindly contact our office (250) 426-8551.





## Grade 5-6 Volleyball

### Practices

**Girls:** Mondays at lunch & Wednesdays right after school.

**Boys:** Tuesday mornings & Thursdays right after school.

### Games

Games will take place Tuesdays after school from October 7th to November 4th.

### Tournament

A tournament will take place at the College of the Rockies on Friday, November 7th.

**Thank you to Mr. Flegel & Mrs. Reinarz for coaching the boys team & Mrs. Jensen for coaching the girls team. We look forward to a fantastic season!!**



## Terry Fox Run

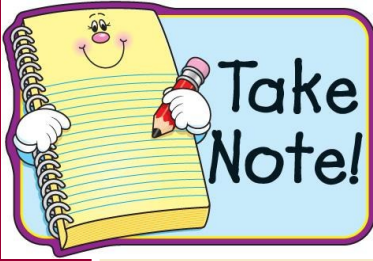
**On Friday, September 26th, the whole school participated in the Terry Fox Run.**

**Thank you to all the KO Families that donated a "Toonie for Terry".**

**In total, \$479.05 was raised!!**

**We would also like to thank PAC for providing a popsicle treat for all students and staff after the run.**





# FRESH TO YOU FUNDRAISER

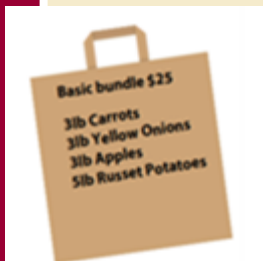


We are excited to have partnered with the **BC Fruit & Veggie Program** to bring the **Fresh To You Fundraiser** to Kootenay Orchards Families. Our students currently access the BC Fruit & Veggie program twice monthly where they receive fresh BC fruits and veggies to try.

The **Fresh To You Fundraiser** allows families to purchase a bundle of fresh, top quality fruits and veggies. **For each bundle sold, our school will receive 40% profit!!**

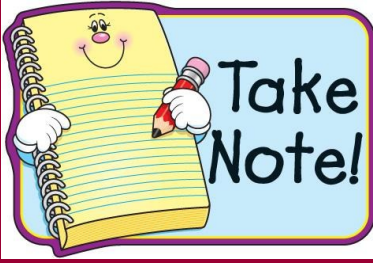
**All profits raised from this fundraiser will go directly towards our food programs at Kootenay Orchards.** This includes but is not limited to our Breakfast Program, the daily lunches that are provided for our students in need, the snacks that students can access if they are feeling extra hungry that day, etc.

- This fundraiser will run from October 2nd until October 23rd.
- The **Basic Bundle** of fresh food includes 3 lbs Carrots, 3 lbs Yellow Onions, 3 lbs Apples & 5 lbs Russet Potatoes.
- The **Seasonal Bundle** of fresh food includes a 3 pack of Loveable Little Squash, 3 lbs of Carrots, 1 lb of Parsnips, 5 lbs of Russet Potatoes & 283g Pack of Shallots.
- A **Donations Bundle** is available to purchase if you would like to support a Kootenay Orchards' Family.
- The cost per bundle is \$26.50 for the Basic Bundle & \$32.00 for the Seasonal Bundle and can be purchased on [School Cash Online](#).
- The bundles will arrive between November 17-25<sup>th</sup>. We will notify families once they arrive.



Thank you in advance for your support!!!





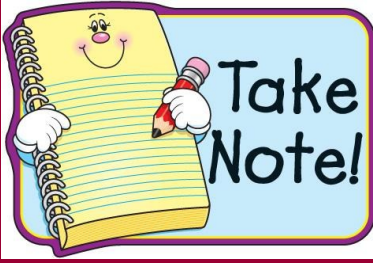
## **Before & After School Student Supervision**

### **Before School:**

- Friendly reminder that student supervision is provided before the start of school starting at 8:20 am. Supervision is not provided before this time.

### **After School:**

- At the end of the school day, supervision is not provided and it is the responsibility of parents/guardians to ensure that their child/ren are being picked up and/or supervised if they are going to be running late.
- Bus Students are monitored by Mrs. Hart.
- If your child/ren is part of an after school program, we ask families to confirm the pick-up time with the program coordinator to ensure they are picked up promptly after the school bell.
- If your child/ren is part of an after school program and is absent from school, we ask families to communicate this to their after school program.
- **Student safety is very important so we ask that students are picked up in a timely manner. If you know that you will be running late, please contact the school office so that they can let the student as well as the teacher know (250) 426-8551.**



## **Reporting Student Absences**

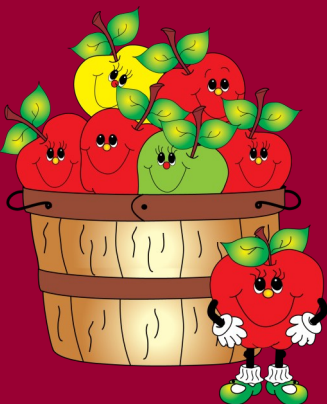
When reporting a student's absence, parents can either contact the school office or log in an absence using the [School Messenger Safe Arrival](#) system.

To register for School Messenger, please refer to the [Safe Arrival FAQ](#). All parents are asked to please report student absences before 8:15 am on the day of the absence (you can also report absences in advance, if they are known).

If you are also informing the classroom teacher of an absence or a tardiness, please include our school secretary Cathy Gaudord, [cathy.gaudord@sd5.bc.ca](mailto:cathy.gaudord@sd5.bc.ca) or (250) 426-8551.

In the event that your child is late, please have them check in with the school office so that we know they have arrived and can mark them present.

We appreciate your cooperation with this!





# Youth Care Worker

## Youth Care Worker

Mrs. Holbrook

Hello KO Families!

As the youth care worker at KO my job includes many things. I work with students in class, 1-1 or in small groups. I can support with things such as - but not limited to - friendships and social skills and conflict resolution. I offer a calm corner and a quiet workspace for students who need a break from class. I take care of the school food programs (other than the hot lunch program that our wonderful PAC offers) including daily food needs for students.

If you'd like more information about the services I offer, please see attached brochure, or feel free to reach out to me ([shelsee.holbrook@sd5.bc.ca](mailto:shelsee.holbrook@sd5.bc.ca)) or to Mrs. G in the office.



Every Tuesday, our school will be receiving a donation of Cobs bread that was baked fresh and frozen the previous day. Our goal is to send something home with each student at least once. Names of students will be drawn at random and evenly from each class. The bread will be handled with food safe measures; however, we cannot guarantee any bread/buns (etc.) are free from food allergens such as nuts.

If you are uninterested in being a part of this program, please kindly contact our Youth Care Worker Mrs. Holbrook to let her know.  
[shelsee.holbrook@sd5.bc.ca](mailto:shelsee.holbrook@sd5.bc.ca)





# Youth Care Worker

## Food Supports

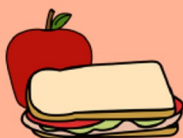
**Breakfast Bowls**  
Available daily in class

**Lunch Program**  
Available daily by request

**Weekend Food Program**  
Available weekly by request

All of these programs are free of cost, and are available to each student and family.

Reach out to me  
(shelsee.holbrook@sd5.bc.ca)  
or Mrs. G in the office to sign up for the lunch or weekend programs



## Let's Chat

Don't hesitate to reach out in regards to your child's needs, with questions regarding services available, or just to meet me!

You can reach me at:  
250-426-8551  
shelsee.holbrook@sd5.bc.ca  
Room to left of school office

*"There can be no keener revelation of a society's soul than the way in which it treats its children."*  
—Nelson Mandela

## YOUTH CARE WORKER SUPPORTS

Kootenay Orchards  
Elementary  
Mrs. Holbrook

## 1-1 Student Connections

The Youth Care Room has a "calm corner" and is available for students to use for a quiet workspace. It is also a place to take a regulation or connection break from class. Some students' learning is enhanced by unstructured time with an adult and that is offered, and encouraged at Kootenay Orchards.

These regulation and connection breaks can be scheduled or impromptu, depending on student need and classroom activities.

## SMALL GROUP WORK

Small groups will run through the year for students. These groups are to foster peer connections and strengthen social or other interpersonal skills. They are an opportunity for fun and growth.

Some groups will target specific student needs such as conflict resolution, self-esteem growth, self-advocacy and leadership.

The youth care room is available on designated days to students at lunch to spend time with friends or for adult connection.

Students are invited to these small groups as an opportunity for growth and connection. Parental permission is required for small group work. These groups are available by teacher or parent request.

## In Class Activities

In class activities include but are not limited to story time, academic support, field trip supervision, helping with class projects and arranging outside presentations







# INDIGENOUS EDUCATION

## Let's Celebrate Ktunaxa Literacy Day Together!

**October 23rd & 24th 2023**  
**St. Eugene Mission Pavillion**

### **October 23rd**

5:00pm ~ Dinner and Keynote Speaker

### **October 24th ~ Literacy Day**

8:00am ~ Breakfast

9:00am - 5:00pm ~ Interactive Sessions

### **Who is encouraged to attend?**

Ktunaxaniḥtik interested in Ktunaxa  
language in any shape or form!  
From fluent speakers to those curious to  
start learning!

To Register, please contact **Brett Capilo, TKL Executive Assistant**  
by **October 12th 2023**

[brett.capilo@ktunaxa.org](mailto:brett.capilo@ktunaxa.org)

\*Meals, travel and accommodation provided\*



**KTUNAXA  
NATION**

*Traditional Knowledge  
And Language*



# INDIGENOUS EDUCATIONS

**ROCKY MOUNTAIN  
MÉTIS ASSOCIATION**

## MocRock Painting With Christine Stanvick.

This group is available to  
anyone 12 years or older.  
All rocks and paint will be supplied.  
**Nov 1<sup>st</sup> from 1 to 4 pm**

Registration required seats limited to  
15 participants  
Please scan the QR Code  
to sign up.

SCAN ME

This will be held at our  
community center  
**110, 108 Van Horne  
Street South.**

## Back to the Basics of Skating

4 WEEKS ON THE ICE

**THURSDAYS 3:20-4:40PM**  
KINSMEN ARENA - 1432 2 ST N, CRANBROOK

**OCTOBER 9<sup>TH</sup>, 16<sup>TH</sup>, 23<sup>RD</sup>** ON ICE SUPPORT FROM MENTORS TO  
HELP THE LITTLES BUILD ON ICE SKILLS

**OCTOBER 30<sup>TH</sup>** CELEBRATION AND OPEN ICE TIME  
TO USE THE SKILLS YOU LEARNED!

**OPEN TO CHILDREN & YOUTH AGES 5+ WHO WOULD  
LIKE TO LEARN SOME FOUNDATIONAL SKATING SKILLS**

**PLEASE BRING HELMETS AND GLOVES**  
Skates can be provided if needed

Questions? Contact Lakisha  
kkcfssprevention@ktunaxa.org  
250-464-9217

REGISTER NOW,  
LIMITED SPACES!  
Use the QR code  
to sign up!

Ktunaxa Kinbasket  
Child & Family  
Service Society

Indigenous Family Enhancement Program  
Ktunaxa Kinbasket Child & Family Service Society

## INDIGENOUS ARQ CLIMB AND PARENT CONNECTION

**WEDNESDAYS | 4:00 - 5:30 PM**  
**October 1<sup>st</sup> - December 10<sup>th</sup>**

**Arq Mountain Center**  
1924 Industrial Road 2  
Cranbrook, BC

**For Ages 5+**  
Parents, Guardians &  
Caretakers Welcome!

**SNACKS PROVIDED**

**Questions or registration?**  
Email: [kkcfssprevention@ktunaxa.org](mailto:kkcfssprevention@ktunaxa.org)  
Phone or Text: 250-464-9176

Ktunaxa Kinbasket  
Child & Family  
Service Society

## LIFE BOOK SCRAPBOOKING

**Unleash Your Creativity  
All Materials Included!**

**EVERY  
WEDNESDAY  
SEPTEMBER 10 -  
NOVEMBER 26  
4:00PM-6:00PM**

- All children in care are encouraged to create a LifeBook which documents their stories, important milestones and significant relationships for a sense of personal history and continuity

**Lower Kootenay KKCFS**  
**In the gym**

Contact:  
[erica.sylte-hambler@ktunaxa.org](mailto:erica.sylte-hambler@ktunaxa.org)



# Halloween Carnival Monday, October 30th

PAC is excited to announce the return of their **Halloween Carnival** on **Thursday, October 30<sup>th</sup>!!** This is a fun-filled evening for families where children can play Halloween Carnival Games to collect stamps and redeem for prizes or snacks from the concession stand.

To attend the Halloween Carnival, families will need to purchase a Carnival Passport. This Passport will be used to collect the stamps that can be redeemed for prizes. To accommodate the large number of families expected to attend, the Halloween Carnival will be divided into two sessions and each session will have a set number of Carnival Passports available for purchase.

**Session #1: 5:30-7:00 pm (125 Passports Available)**

**Session #2: 7:30-9:00 pm (150 Passports Available)**

The cost of each **Carnival Passport is \$17.50** and can be purchased on [School Cash Online](#). Adults and preschool siblings who are accompanying a Kootenay Orchard's student (with a Carnival Passport) do not require a Carnival Passport to enter. Carnival Passports will be sent home with the eldest student on Tuesday, October 28<sup>th</sup>.

*Passports will be available exclusively to Kootenay Orchards Families until Wednesday, October 8<sup>th</sup>. After that time, the sale of Passport Books will be opened up to the public.*

If you have any questions, please contact the Halloween Carnival Committee:  
[kohalloweencarnival@gmail.com](mailto:kohalloweencarnival@gmail.com).





**PAC is very excited to be offering hot lunches again this year!!**

Below are the hot lunch dates for October to January. If you would like to place an order, please visit [Muncha Lunch](#).

*Please Note: Lunch orders will need to be placed and paid for by the Wednesday prior to the hot lunch date. Any orders received after this time will not be processed.*

**Wednesday, October 8th: Subway**

**Friday, October 17th: Cookies & Milk**

**Friday, October 31st: Pizza Hut**

**Wednesday, November 5th: Mr. Mikes**

**Friday, November 14th: Cookies & Milk**

**Wednesday, November 26th: Hot Dog Day**


**Friday, December 5th: Boston Pizza**

**Wednesday, December 17th: Subway**

**Wednesday, January 14th: Taco Time**

**Friday, January 23rd: Pizza Hut**

**Wednesday, January 28th: Hot Dog Day**

**Stay up-to-date on all our PAC Fundraisers & Activities  
by joining our Facebook Page **



# Mrs. Halldorson's Grade 5/6 Class

## What should Mrs. Halldorson be for Halloween?

Costume Design by: Madex



Mrs. Halldorson

Should be:

Sponge Bob

I chose this because...

1. You will be  
voted number  
one for costume
2. You're funny  
like sponge bob
3. It will be  
funny

## What should Mrs. Halldorson be for Halloween?

Costume Design by: Emery



Mrs. Halldorson

Should be:

Mario

I chose this because...

1. She looks so  
good with red
2. her personality  
is like mario's
3. She has almost  
the exact color  
of his hair

## What should Mrs. Halldorson be for Halloween?

Costume Design by: Jax/James chael



Mrs. Halldorson

Should be:

Albert Einstein

I chose this because...

1. She is smart
2. because it is  
a fun outfit
3. and it is cool

# Celebrate the Ktunaxa Language!!

Scan the QR codes below with a phone camera to hear the word in Ktuanxa.



**?a·kʔamʔnam**

Pumpkin



**?a·kinmiyitis**

**kusukitʔuknam**

Thanksgiving



**kaqʔitʔ kquqxi**

Candy



**?a·kʔumʔ**

Bat



We would like to acknowledge that we learn, play and work on the Homelands of the Ktunaxa people.