



# December Newsletter

## Month at a Glance

December 3  
Grade 5 & 6 Mass Choir

December 5  
PAC Hot Lunch  
Boston Pizza

December 8  
Jingle Bell Walk Flyer Drop-off

December 11  
\*KO Hot Lunch—Pizza Pizza  
\*Jingle Bell Walk Food Pick-up  
\*Gingerbread House Decorating  
\*School Spirit Day  
Ugly Sweater or Red/Green

December 12  
School Not in Session

December 17  
PAC Hot Lunch  
Subway

December 18  
Christmas Concert

December 19  
School Spirit Day  
PJ Day

December 20—January 4  
Christmas Break

January 5  
School Back in Session



## Principal's Message

Dear KO Families,

November offered special events for our students, from our Remembrance Day ceremony, our PAC Bingo night, the Volleyball season and of course the first snow fall as almost 240 students gleefully slid down the KO slopes.

Students are looking forward to the events and activities of December. Between the Mass Choir, Gingerbread house building, Christmas concert, the Jingle Bell walk and PJ Day on the last day - there is a lot of excitement brewing in the school. Here's hoping for some restful nights of sleep to keep the kids coping well with the action!

In the new year we are hosting a parent book club with the book "Play: How It Shapes the Brain, Opens the Imagination, and Invigorates the Soul." If you would like to attend, or if you would like the school to lend you a copy of the book please fill out the following [FORM](#).

As we prepare for the new year ahead, I want to thank our families for your involvement in the school. From volunteering for school events, cheering on your students, and getting them rested and ready for learning each and every day - your involvement makes our school a vibrant and welcoming place.

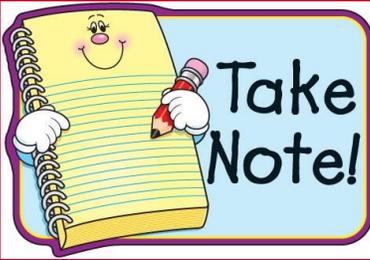
Wishing you and your loved ones a joyful and restful holiday season!

Warm Regards,

*Carissa Hart*



nistamu  
December



## Pizza Pizza Hot Lunch

KO is excited to offer a Pizza Pizza Hot Lunch on

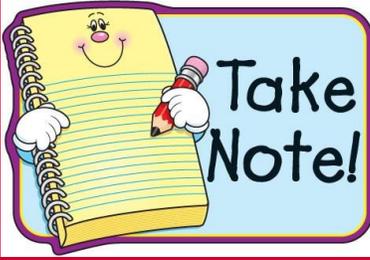
**Thursday, December 11th**

For \$5.00, students can order a large slice of pizza and a juice box. An additional slice of pizza may be ordered for \$3.50.

Please submit orders by Wednesday, December 3rd using School Cash Online.

Thank you in advance for supporting our Hot Lunch and helping us raise money for our school!!





## Intermediate Skiing & Snowboarding



We are excited to have students participate in the Skiing & Snowboarding program at Kimberley Alpine Report again this year. Information was sent home with students last week. **Please ensure that forms are returned to your child's teacher as soon as possible.** Fees will need to be paid using [School Cash Online](#) and the first payment date is due by Wednesday, December 17th.

### **Ski Days:**

**Wednesday, January 21st**

**Tuesday, February 3rd**

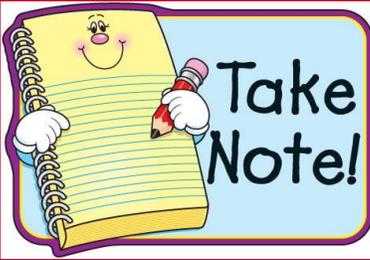
**Tuesday, March 10th**

### **KO Sledding Hill**

As we enter the winters months, our sledding hill will be open to students. Our school has a limited amount of sleds available to classes on a rotating basis.

Students are welcome to bring sleds from home but they must be the soft, foam type. No hard plastic sleds will be permitted. Please ensure student's names are clearly written on the sleds.





## Christmas Concert

Our annual Christmas Concert is quickly approaching and we are excited about this year's Christmas production of "Back to the Future". The concert is taking place at the Key City Theatre on Thursday, December 18th.

Tickets requests will be reviewed this week and sent home with the eldest child the week of December 16th. To purchase a DVD copy or USB Stick of the production, please visit [School Cash Online](#) and place an order by Wednesday, December 17th

### **Costumes:**

#### **Cross/Linardic**

**Minions:** Jeans, Yellow Shirt & Suspenders. Minion goggle head piece (handmade or purchased).

#### **Malmberg/Adams**

**Little Kids:** Onesies and a stuffed animal. Students in Mrs. Adam's class will also need a soother.

#### **Boss/Flegel**

**Rock & Roll Band Attire**

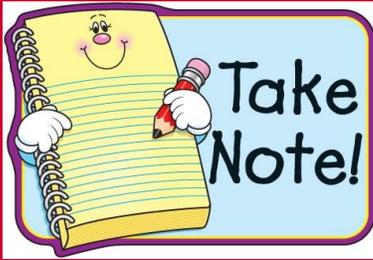
#### **Intermediate Students**

**90's Fashion Attire**

#### **Grade 6 Students with Specific Character Rolls**

Costumes based on their character in the show.





## Jingle Bell Walk

We are happy to announce that students will once again be participating in our Annual Jingle Bell Walk to help collect food for our local food bank.

Students will be handing out **Flyers** on **Monday, December 8th** and the **Food Pick-up** will take place on **Thursday, December 11th.**

We will be asking for parent volunteers to help. Information will be sent home with students in the coming weeks. If you have any questions, please contact your child's teacher.



Our volleyball season has now come to an end. Thank you to Mr. Flegel, Mrs. Reinarz & Mrs. Jensen for coaching our teams!!

Congratulations to our Grade 6 Boys' Team who went undefeated at the year-end Tournament!!





# SEASON S U C C E S S E D U C A T I O N



## Christmas Food Hampers

Scan the QR Code to register or call the RMMA Office (250) 489-8960.



## The Great Christmas Gathering December 13th from 12-3 pm



## Metis Kids Christmas Party

December 6th from 2-4 pm



## Free Family Skating

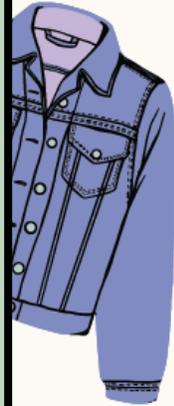
Free Family Skating every Thursday from November 13-December 11th at the Kinsmen arena from 3:30-4:45 pm.

Need to contact our Indigenous Support Worker?

Email Miss Terrace at [terrace.leduc@sd5.bc.ca](mailto:terrace.leduc@sd5.bc.ca)



# Youth Care Worker



## Kootenay Orchards' Closet



Kootenay Orchards is fortunate to have a small amount of back up clothing for when life happens to our students, slips in mud, lunches dropped in laps, long lines for the bathroom and so on.

In order to keep these items available to students we need them returned to the school, preferably the next school day. Washing isn't necessary as we always wash upon return to ensure cleanliness for the next student in need.

We have seen a very large need for this clothing this year and would like to let families know we can always use donations for these clothing items. Pants are our most needed item but we also give out shirts, socks and underwear. \*For hygiene reasons we only give out brand new, never worn socks and underwear. If your child receives these items they are yours forever.



Need to contact our Youth Care Worker?

Email Mrs. Holbrook at [shelsee.holbrook@sd5.bc.ca](mailto:shelsee.holbrook@sd5.bc.ca)



# School COUNSELOR

Happy December KO families!

This time of year always reminds us how busy family life can be. Throughout the year we rush around to school, work, and different afterschool or weekend activities, all while taking care of household responsibilities. Now, add on top of that a busy holiday season and we can be left feeling frazzled, stressed, and wishing for more time to slow down and enjoy! I hope you are all able to take time together this month and enjoy the small moments of connection with your children and family: watching holiday shows, baking, decorating, crafting, or going outside to walk and play in the snow. Adding some mindfulness to your holiday activities is a wonderful way to ground yourself and your children, and is as simple as using your five senses to be present in your activity. Next time you are out for a winter walk or enjoying a festive treat, try using the 5-4-3-2-1 grounding technique:

Notice and share 5 things that you see, 4 things you hear, 3 things you feel (touch), 2 things you smell, 1 thing you taste. This tool can be used anywhere and is particularly fun during the holidays when there are so many sights, sounds, smells, and flavours to take in.

I know many of you will have heard of or even use the 5-4-3-2-1 tool, but I hope this reminder is useful for you and your children as we move into one of school's busiest times of the year.

Wishing you and your family a safe and cozy holiday; and, as always, if you have any questions about how school counselling could be a support for your child or family, please feel free to email

[karley.doll@sd5.bc.ca](mailto:karley.doll@sd5.bc.ca)



Need to contact our School Counsellor?

Email Mrs. Doll at [karley.doll@sd5.bc.ca](mailto:karley.doll@sd5.bc.ca)



If you would like to place an order, please visit [Muncha Lunch](#).  
*Please Note: Orders must be placed no later than one week before the scheduled hot lunch date.*

**Friday, December 5th: Boston Pizza**

**Wednesday, December 17th: Subway**

**Wednesday, January 14th: Taco Time**

**Friday, January 23rd: Pizza Hut**

**Wednesday, January 28th: Hot Dog Day**



Stay up-to-date on all our PAC Fundraisers & Activities

by joining our Facebook Page 

# Snow Days at KO!



# Celebrate the Ktunaxa Language!!

Scan the QR codes below with your phone's camera to hear the word in Ktuanxa.



**kusmukusał Ɂamałit**

Christmas



**naʔwit**

Reindeer



**ʔa·kʔu**

Snow



**ʔa·kaʔqay**

Snowshoes



We would like to acknowledge that we learn, play and work on the Homelands of the Ktunaxa people.