

**MARK YOUR CALENDAR**

|            |                                      |
|------------|--------------------------------------|
| JANUARY 6  | CLASSES RESUME                       |
| JANUARY 15 | HOT LUNCH                            |
| JANUARY 15 | PAC MEETING, 6:30 PM IN THE LIBRARY  |
| JANUARY 22 | HOT LUNCH                            |
| JANUARY 24 | NON INSTRUCTIONAL DAY, SCHOOL CLOSED |
| JANUARY 27 | START SEMESTER 2                     |
| JANUARY 29 | HOT LUNCH                            |
| FEBRUARY 5 | WINTER ACTIVITY DAY                  |
| FEBRUARY 5 | HOT LUNCH                            |

**Friday Rotations**

|        |                  |
|--------|------------------|
| JAN 10 | Week 1 Tuesday   |
| JAN 17 | Week 2 Wednesday |
| JAN 31 | Week 1 Monday    |
| FEB 7  | Week 1 Thursday  |



**REGISTRATION FOR THE 2025-2026 SCHOOL YEAR**

Please note we will start accepting any NEW registrations or family requests for out of catchment placement on Monday, February 3rd. See the links below for more information.

[FAMILY REQUEST FOR STUDENT PLACEMENT FORM](#)

[STUDENT REGISTRATION ENROLMENT AND PLACEMENT](#)

**WINTER ACTIVITY DAYS**

We have 2 activity days planned in February – the 5<sup>th</sup> and 26<sup>th</sup>.

Information and sign-up for students will happen on the 14<sup>th</sup> and permission forms will be due back shortly after.

We have confirmed skiing for both days and Fairmont for the 5<sup>th</sup>. There are lots of no/low cost options too – ice fishing, Idlewild, battle bots, snowshoe/hike, board games, painting pottery, art, cooking, and school climbing wall.



**PARKLAND PAC IS ON FACEBOOK**

Please visit our PMS website and click the link for the PARKLAND PAC and request to join the group.



Parkland Middle School

1115 – 2<sup>nd</sup> Avenue South, Cranbrook, BC, V1C 2B4

Phone: 250-426-3327

Ms. Brenda Tyson – Principal, ext. 21203

Mrs. Pam Drydale – Vice Principal, ext. 21204

Mr. Dan van der Walt—Counsellor, ext. 21209



# IMPORTANT SCHOOL REMINDERS

## STUDENT ABSENCE

If your child is going to be absent please advise the office via School Messenger Safe Arrival or by calling the office and leaving a message on our answering machine.

Please call 250-426-3327, choose option 1.

## STUDENT PICK-UP AND DROP

1. Slow down when entering the parking lot.
2. Ensure wheel chair zone is open for our bus.
3. Remind your student to watch for vehicles and to not cross in the middle of the driveway.
4. Watch for staff and student walking via the parking lot.

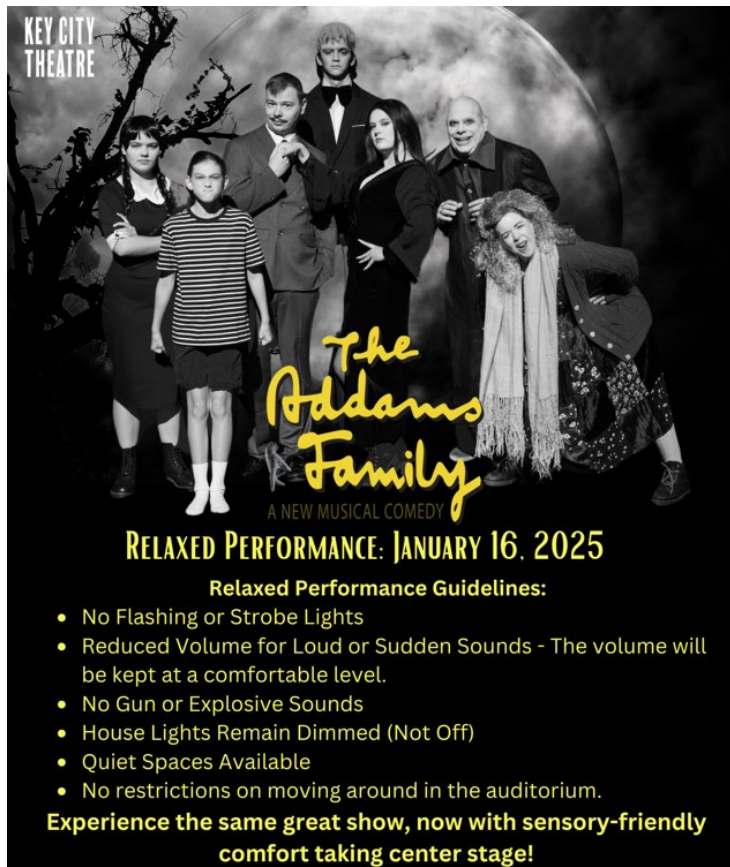


We're thrilled to share that *The Addams Family* The Musical will feature a special **Relaxed Performance** on **Thursday, January 16th, at 7:30 PM**. This performance has been designed to create a comfortable and inclusive experience for everyone, while still delivering all the fun and charm of this spooky, kooky family!

**Relaxed Performance Highlights:**

- No flashing or strobe lights
- Reduced volume for loud or sudden sounds
- No gun or explosive effects
- House lights remain dimmed (not fully off)
- Quiet spaces available
- Freedom to move around the auditorium

This performance is perfect for families with young children, individuals with sensory sensitivities, or anyone who prefers a more laid-back theatre experience.



KEY CITY  
THEATRE

*The Addams Family*  
A NEW MUSICAL COMEDY

**RELAXED PERFORMANCE: JANUARY 16, 2025**

**Relaxed Performance Guidelines:**

- No Flashing or Strobe Lights
- Reduced Volume for Loud or Sudden Sounds - The volume will be kept at a comfortable level.
- No Gun or Explosive Sounds
- House Lights Remain Dimmed (Not Off)
- Quiet Spaces Available
- No restrictions on moving around in the auditorium.

**Experience the same great show, now with sensory-friendly comfort taking center stage!**

A LIMITED NUMBER OF PARKLAND CALENDAR MAGNETS ARE AVAILABLE AT THE OFFICE. HAVE YOUR CHILD PICK ONE UP IF YOU'D LIKE ONE FOR YOUR FRIDGE.



## **HOT LUNCH PROGRAM**

Hot Lunch is back up and running with a new on-line ordering system and pay what you can for families.

1. Click on the link. <https://sd5.food-for-thought.ca/orders/menu>
2. Choose Register
3. Create an account
4. Add your child and click on the green *Add Child* button
5. It's that easy..... and works well on mobiles too!

## **JANUARY MENUS**

### **JAN 15**

Chicken Teriyaki with Rice and Vegetables, Mixed Green Salad

Chicken, garlic, soy sauce, rice, onion, carrots, broccoli, ginger

Meal Value: \$7.00

### **JAN 22**

Pulled Pork on a Bun with Coleslaw

Pork shoulder, paprika, tomato, garlic, onions, cabbage, apple, carrot

Meal Value: \$7.00

### **JAN 29**

Mini Meatloaf with Mixed vegetables and Rice, Mixed Green Salad

beef, garlic, rice, onion, carrot, celery, mixed salad greens, parmesan, egg, mustard, tomato gravy

Meal Value: \$7.00

### **FEB 5**

Chicken Mac and Cheese, Greek salad

Chicken, macaroni, milk, onions, carrot, celery, cheese, peppers, cucumbers, balsamic vinegar

Meal Value: \$7.00

White or chocolate milk is available for \$1.00